

e future

# My Best Reading

110-140  
Words

3

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Part  
**I**

# Real Life



Unit  
**1**

## Canapé? Yes, We Can!

Making canapés is fun  
and exciting!

Fiction



Unit  
**2**

## A Flight Back in Time

The Garcia family saw the  
first plane at the Smithsonian  
Institution.

Fiction



Unit  
**3**

## Cleaner, Greener Cities

Here are two great  
environmentally-friendly  
cities.

Non-fiction



Unit  
**4**

## The Amazing Multiplying Bottle

Save water at home simply  
by using a water bottle.

Non-fiction



## CANAPÉ?

Yes, We Can!

Can you cook anything  
on your own?  
How do you make it?



## Key Words

A Look and listen. Then repeat the word. 



hard-boiled



canapé



slice



crust



quarter



groceries

B Fill in the blank to complete the sentence.

- 1 You can eat the pizza. But don't leave the \_\_\_\_\_.
- 2 A \_\_\_\_\_ is one of four equal parts of something.
- 3 A \_\_\_\_\_ is a small piece of bread with cheese, meat, etc. on top.
- 4 People buy \_\_\_\_\_ like eggs, flour, and milk at a supermarket.
- 5 How do you want your egg, fried or \_\_\_\_\_?
- 6 Could you \_\_\_\_\_ this bread by cutting it into thin pieces?



# Canapé?

## Yes, We Can!

03-04

Georgia and Nick were studying. Suddenly, Georgia's stomach growled.

"Ha-ha, I'm hungry too!" Nick laughed.

They opened the refrigerator. It was almost empty.

"Sorry, there's not much," Nick said.

"No worries!" Georgia said.

She found cherry tomatoes and a cucumber. Nick found slices of ham and cheese. There were also some **hard-boiled** eggs and mayonnaise.



### More Words & Phrases

□ **growl** to make a low, rough noise

"Let's make sandwiches," Georgia suggested.

Nick looked in the bread box.

"There are only two slices."

Georgia paused.

"Aha! Let's make **canapés!**"

"A can of what?"

Georgia laughed. "Just **slice** the cucumber, cherry tomatoes, and eggs."

She cut off the bread **crusts** and cut each piece into **quarters**. Then she added mayonnaise, ham, and cheese.

"Now I get it," Nick said. He added slices of egg, cucumber, and cherry tomato.

Just then, Mom came in with **groceries**.

"Sorry, there's no food!" she said.

The kids proudly showed her their canapés. (145 words)

### Think about it

What would you like to put on your own canapés?

□ **pause** to stop for a short period and then continue  
□ **proudly** in a proud manner



# Comprehension

**A** What is the passage mainly about?

- a) how to make canapés
- b) why canapés are so good
- c) the ingredients of canapés

**B** Choose the right one according to the passage.

- 1 Both Georgia and Nick were ( worried / hungry ).
- 2 The refrigerator at Nick's had ( little / lots of ) food.
- 3 At first, Georgia suggested making ( sandwiches / fried eggs ).

**C** Choose the best answer to each question.

- 1 What did Nick do with the cucumber and cherry tomatoes?  
a) sliced                      b) chopped                      c) boiled
- 2 How many canapés did they make?  
a) two                          b) four                          c) eight
- 3 What is included in the canapés? (Pick two.)  
a) crusts                      b) cherry tomato                      c) ham

**D** Read the passage again. Then complete the chart below.

## How to Make Canapés

1. Slice the cucumber, \_\_\_\_\_, and hard-boiled eggs.
2. \_\_\_\_\_ the bread crusts and cut each piece into \_\_\_\_\_.
3. Add \_\_\_\_\_, ham, and cheese on the bread.
4. Add slices of egg, cucumber, and cherry tomato.

## Link to Write

Do you want to make your own canapés?  
Complete the recipe on your own.

### Canapé Time

• **What you need:**  
slices of bread

• **How to make:**

1. Cut each slice of bread into quarters.

2. Slice

3. Add

# A Flight Back in Time



Who invented the first plane?  
How did they invent it?

## Key Words

**A** Look and listen. Then repeat the word. 

1



museum

2



dinosaur

3



hug

4



mechanic

5



whisper

6



guide

**B** Fill in the blank to complete the sentence.

- 1 When you \_\_\_\_\_, you speak very quietly to someone.
- 2 My uncle repairs machines and engines. He is a \_\_\_\_\_.
- 3 A \_\_\_\_\_ keeps lots of valuable historical things.
- 4 People \_\_\_\_\_ when they are happy to see each other.
- 5 During the tour, the \_\_\_\_\_ explained many interesting things to us.
- 6 The Tyrannosaurus is the most well-known \_\_\_\_\_.



## A Flight Back in Time

The Garcias arrived at the Smithsonian Institution.  
“There are too many museums,” Dad explained.  
“Choose one.”  
“The Air and Space Museum!” Juan said. He loved airplanes.

The Smithsonian Institution is a group of national museums and research centers in Washington, D.C. in the US. Its museums cover a wide range of fields.

“Natural History!” Martina shouted. She liked dinosaurs.

“We always do what Martina wants,” Juan complained.

Martina knew he was upset.  
“I like airplanes too,” she said.  
Juan hugged Martina.

They found the Wright Brothers' Flyer.  
“The Wrights were bicycle mechanics,” Juan explained.  
“And also inventors. They did lots of research.”  
“And finally, we made the first airplane,” a stranger said.

Juan saw two men in very old clothes.  
“Who's that?” Juan whispered.  
“We're Orville and Wilbur Wright!” said the other man.  
“They're really museum guides,” Dad whispered.  
The guides explained more about the Flyer. Juan learned it had an aluminum engine. That made it light.  
“Next time, we'll see dinosaurs.” Juan said later.  
Martina smiled. (141 words)



### Think about it

Which would you like to see in the museum, airplanes or dinosaurs?

### More Words & Phrases

- arrive at to come to a place
- complain to say that you are annoyed or unhappy about something

- research serious study of a subject
- stranger someone you have never met before

# Comprehension

**A** Complete the topic sentence of the passage.

Juan and Martina wanted to see different m \_\_\_\_\_ in the Smithsonian, but finally they went to see a \_\_\_\_\_.

**B** Choose the right one according to the passage.

- 1 The Smithsonian Institution has more than one ( name / museum ).
- 2 Martina hoped to see ( dinosaurs / airplanes ) at first.
- 3 Juan learned something new about the Flyer's ( engine / inventors ).

**C** Choose the best answer to each question.

- 1 Which jobs did the Wright Brothers have? (Pick two.)  
a mechanics      b drivers      c inventors
- 2 Who were the two men in the old clothes?  
a teachers      b guides      c parents
- 3 What did Juan learn about the aluminum engine?  
a It made the plane light.  
b It made the plane strong.  
c It made the plane heavy.

**D** Read the passage again. Then complete the chart below.

## The Wright Brothers

- Their names were Orville and Wilbur Wright.
- They were bicycle \_\_\_\_\_.
- They were also \_\_\_\_\_. They did lots of research.
- They invented the first \_\_\_\_\_, the Flyer.
- The Flyer had an aluminum \_\_\_\_\_. That made it light.

## Link to Write

Have you visited a museum recently?  
Complete the paragraph on your own.

Example

### My Visit to a Museum

I went to the Air and Space

Museum at the Smithsonian

I saw lots of airplanes

The most interesting part was

the Wright brothers' Flyer

I learned it had

an aluminum engine

### My Visit to a Museum

I went to \_\_\_\_\_

I saw lots of \_\_\_\_\_

The most interesting part was \_\_\_\_\_

I learned \_\_\_\_\_

# Cleaner, Greener Cities

What does your city do to be  
cleaner and greener?

## Key Words

**A** Look and listen. Then repeat the word. 🗣️



public transit



tram



pollution



garbage



recyclables



landfill

**B** Fill in the blank to complete the sentence.

- 1 The \_\_\_\_\_ uses electricity to travel along the rail on the road.
- 2 Thanks to the \_\_\_\_\_ system, we can take buses and trains cheaply.
- 3 We should bury that trash in the \_\_\_\_\_.
- 4 Never leave your \_\_\_\_\_ on the ground; throw it away.
- 5 Cars and factories make smog, which causes air \_\_\_\_\_.
- 6 Those cans and bottles are \_\_\_\_\_. You have to separate them.



## Cleaner, Greener Cities 99-10

Most cities face environmental problems. But some have creative solutions.

One example is Freiburg, Germany. Freiburgers like to save energy. **Public transit** helps. City planners made streets for **trams**, not cars. Trams are like electric buses. They save energy and reduce **pollution**. Transit cards are cheap, and they work on all public transit. Plus, entertainment tickets include free rides!

Besides public transit, things are close together in Freiburg. So people usually walk or ride bikes. Most don't even own cars!

Curitiba is Brazil's greenest and cleanest city. Most cities have **garbage** problems. But Curitibaanos have a solution. People exchange food garbage and **recyclables** for tokens. The tokens can buy food and bus tickets.

This saves money on trash pickup. And it helps many people make a living. It also keeps streets clean and reduces trash in **landfills**. That's good for the environment.

(142 words)

### While you read

Why do people in Freiburg usually walk or ride bikes?



### More Words & Phrases

- **creative** coming from new ideas or things
- **electric** powered by electricity

- **besides** in addition to
- **exchange** to give something and receive something in turn
- **make a living** to make enough money to support oneself or one's family

# Comprehension

**A** What is the passage mainly about?

- a the environment
- b public transit
- c two green cities

**B** Choose the right one according to the passage.

- 1 Streets in Freiburg were designed for ( trams / cars ).
- 2 Freiburg's transit cards are ( free / cheap ).
- 3 Curitiba has a unique ( recycling / busing ) system.

**C** Choose the best answer to each question.

- 1 What helps Freiburgers save energy?  
a cars                      b public transit                      c garbage
- 2 What can Curitibaños pay for with recycling tokens? (Pick two.)  
a entertainment                      b bus tickets                      c food
- 3 How does the Curitiba system help the environment?  
a It reduces trash.                      b It saves money.                      c It makes livings.

**D** Read the passage again. Then complete the chart below.



## Link to Write

What can you do to have a clean and green neighborhood? Complete the list on your own.

### For Our Clean and Green Neighborhood

*There are many things we can do to make our neighborhood clean and green. Why don't we all take part?*

1. Let's NOT \_\_\_\_\_ litter on the streets \_\_\_\_\_.
2. Let's \_\_\_\_\_ use more public transit like buses or trains \_\_\_\_\_.
3. Let's NOT \_\_\_\_\_.
4. Let's \_\_\_\_\_.



# The Amazing Multiplying Bottle



What can we do to save water at home?

## Key Words

A Look and listen. Then repeat the word. 

1



bottle

2



toilet tank

3



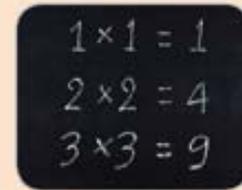
flush

4



drain

5



multiply

6



count

B Fill in the blank to complete the sentence.

- The water in the sink will \_\_\_\_\_ out slowly.
- \_\_\_\_\_ the books and find out how many there are in total.
- If you \_\_\_\_\_ ten by ten, it becomes a hundred.
- You can \_\_\_\_\_ the toilet by pressing the handle or button.
- The \_\_\_\_\_ is always filled with water for flushing.
- A \_\_\_\_\_ is a glass or plastic container where you keep liquids.

# The Amazing Multiplying Bottle

12-13

You know it's important to save water. Here's a simple way to do it.

All you need is a 1.5-liter **bottle**, filled with water. Then ask a parent to open the **toilet tank**. That holds the extra water. **Flush** the toilet. See all the water **drain** out?

Now put the bottle in the tank. That bottle takes up 1.5 liters of space. The tank will fill again. But now it needs 1.5 liters less water. You're ready to start saving water!



How much do you save? Start with one day. Most families flush the toilet seven times a day. **Multiply** that by 1.5. That's how many liters you save daily. How about ten days? 100 days? 1,000 days? Just **count** the zeros. Ten has one zero. Finally, put that number of zeros at the end of the daily number. (139 words)

### While you read

Where should you put the 1.5-liter water bottle to save water?

### More Words & Phrases

- **save** to use less money, energy, etc. so that you do not waste any
- **take up** to occupy or fill space or time

- **time** how often something happens
- **daily** happening every day

# Comprehension

**A** Complete the topic sentence of the passage.

You can save a lot of **w** \_\_\_\_\_ by putting a 1.5-liter water  
**b** \_\_\_\_\_ in your toilet tank.

**B** Choose the right one according to the passage.

- 1 The toilet ( tank / flusher ) holds extra water.
- 2 A bottle takes up ( space / water ) in a tank.
- 3 A 1.5-liter bottle saves ( 10.5 L / 15 L ) of water every day.

**C** Choose the best answer to each question.

- 1 What do you do to find out how much water is saved a day?  
a add                      b divide                      c multiply
- 2 How often do most families flush the toilet in a week?  
a 49                      b 73.5                      c 105
- 3 How much water will a 1.5-liter bottle save in 100 days?  
a 150 L                      b 1,050 L                      c 10,500 L

**D** Read the passage again. Then complete the chart below.

## How to Save Water at Home

1. Prepare a 1.5-liter bottle, and fill it with \_\_\_\_\_.
  2. Ask a parent to open the \_\_\_\_\_ that holds the extra water.
  3. \_\_\_\_\_ the toilet and let all the water \_\_\_\_\_ out.
  4. Put the water \_\_\_\_\_ in the tank.
- Now you're ready to start saving water!

## Link to Write

Do you save water or other resources at home? Complete the paragraph on your own.

Example

I Save Electricity !

Saving electricity is very important. So I try to do these things.

First, I turn off the lights when I leave my room

Also, I try to unplug the computer after I use it

It's not hard at all. Why don't you try too?

I Save \_\_\_\_\_ !

Saving \_\_\_\_\_ is very important. So I try to do these things.

First, I \_\_\_\_\_

Also, I try to \_\_\_\_\_

It's not hard at all. Why don't you try too?

# Part II

# Social Studies



Unit  
5

## Little Boy, Big Heart

Iqbal Masih was a truly brave boy with a big heart.

Non-fiction



Unit  
6

## The Darkest Hour

It takes place every year, but if you don't know about it, you might get scared.

Fiction



Unit  
7

## The Two Histories of Printing

Learn about how one kind of printing was invented twice.

Non-fiction



Unit  
8

## Korean Vacation

Soobin's German friend Klara learns about Korean culture.

Fiction



# Little Boy, Big Heart

*What is child  
slavery?  
Why is it such a  
big problem?*

## Key Words

**A** Look and listen. Then repeat the word. 🗣️

1



debt

2



escape

3



ignore

4



law

5



slavery

6



crime

**B** Fill in the blank to complete the sentence.

- The prisoner wanted to \_\_\_\_\_ and become free.
- The money that you borrowed and didn't pay back is a(n) \_\_\_\_\_.
- My brothers don't pay attention to me. They just \_\_\_\_\_ me.
- \_\_\_\_\_ is a set of rules made by the government of a country.
- Under the system of \_\_\_\_\_, people can own other people as slaves.
- If you commit a(n) \_\_\_\_\_, you will be punished by law.



## Little Boy, Big Heart

16-18

Iqbal Masih was born in Pakistan in 1983. His family was very poor. When he was four, they could not repay a **debt**. So they sold him instead. Iqbal had to work in a carpet shop. That's all he did—14 hours a day, six days a week.

One day, Iqbal learned this was illegal. He decided to **escape**. But the local police caught him and brought him back. It was illegal! But the shop owner paid the police, and they **ignored** the law.

### While you read

Why did the police bring Iqbal back to the shop owner?

### More Words & Phrases

- **repay** to pay back the money you owe
- **illegal** not allowed by law

Iqbal tried again and again. Finally, he succeeded, and then helped other children do the same. He saved over 3,000 children this way.

He began traveling around the world. He taught adults about the problem of child **slavery**.

Tragically, Iqbal was shot and killed in 1995. The **crime** remains a mystery. But Iqbal's fight still goes on. (141 words)



- **tragically** in a way that makes you feel extremely sad
- **remain** to continue to be in the same state
- **mystery** something secret or unknown

# Comprehension

**A** Complete the topic sentence of the passage.

Iqbal Masih **e** \_\_\_\_\_ from child slavery and **h** \_\_\_\_\_  
other children do the same.

**B** Choose the right one according to the passage.

- 1 The ( police / shop owner ) caught Iqbal the first time he escaped.
- 2 Iqbal traveled around ( the world / Pakistan ) to teach people.
- 3 Iqbal Masih lost his life in ( 1983 / 1995 ).

**C** Choose the best answer to each question.

- 1 What did Iqbal's family sell him for?  
a their shop      b a debt      c a carpet
- 2 What did Iqbal teach adults about?  
a traveling      b saving money      c child slavery
- 3 What is true about child slavery?  
a It is illegal.      b It is fair.      c It is a mystery.

**D** Read the passage again. Then complete the chart below.

## Iqbal Masih's Life

- born in 1983 in \_\_\_\_\_
- sold by his family instead of a(n) \_\_\_\_\_
- worked in a(n) \_\_\_\_\_ shop—14 hours a day, six days a week
- escaped and helped other \_\_\_\_\_ do the same
- traveled around the \_\_\_\_\_ and taught adults about \_\_\_\_\_
- killed in 1995

## Link to Write

Do you want to help other children in the world?  
Complete the paragraph on your own.

Example

### Help Whom and How?

I want to help children who suffer  
from **child slavery**.  
They **work under very bad**  
**conditions**. It is unfair.  
I can help them by **joining the**  
**campaign to stop child slavery**.

### Help Whom and How?

I want to help children who suffer  
from \_\_\_\_\_.  
They \_\_\_\_\_.  
\_\_\_\_\_. It is unfair.  
I can help them by \_\_\_\_\_.

# The Darkest Hour

Have you  
participated in  
an environmental  
event?

## Key Words

**A** Look and listen. Then repeat the word. 



spooky



scare



power



grab



sleeve



turn off

**B** Fill in the blank to complete the sentence.

- 1 The part of a shirt that covers your arm is the \_\_\_\_\_.
- 2 \_\_\_\_\_ can mean energy for lighting or heating.
- 3 Andy doesn't like snakes. They really \_\_\_\_\_ him.
- 4 There must be ghosts around here. It's really \_\_\_\_\_.
- 5 My parents always \_\_\_\_\_ the TV at 9 pm.
- 6 Mike suddenly \_\_\_\_\_ my arm and pulled me.

# The Darkest Hour 18-19

It was dark. Colin and Ian were walking home.

“Oooh — **spooky!**” Colin said.

“Stop!” Ian said.

Colin liked **scaring** Ian. He thought it was funny.

“I’m serious,” Colin continued. “Maybe someone is watching us. Maybe ... *aliens!*”

“I’m not listening.” Ian covered his ears.

“I heard something!” Colin whispered, smiling.

Then the lights in every window went out — all at once.

## Think about it

How do you feel when the lights go out at once?

Colin stopped suddenly. His smile disappeared.

“What happened?” he whispered.

“It’s the aliens,” Ian laughed. “They cut the **power!**”

“That’s not funny!” Colin said, **grabbing** Ian’s sleeve.

“It’s **Earth Hour**, silly!” Ian explained. “People **turn off** lights for an hour to save energy. It’s an organized event — like a reminder. We do it every year!”

“I knew that,” Colin said weakly. “I was just ... joking.”

“OK,” Ian said, “But can you let go of my sleeve now?”

(141 words)

**Earth Hour** is organized by the World Wide Fund for Nature (WWF). It started in 2007. On the chosen day, people turn off lights for one hour.



## More Words & Phrases

□ **at once** at the same time

- **disappear** to go out of sight
- **organized** happening according to a plan
- **reminder** a thing that helps one to remember something

# Comprehension

**A** What is the passage mainly about?

- a an alien invasion
- b an electrical problem
- c an environmental event

**B** Choose the right one according to the passage.

- 1 Colin thought that scaring Ian was ( funny / spooky ).
- 2 Ian covered his ( eyes / ears ) because he was scared.
- 3 Earth Hour is an organized event to save ( water / energy ).

**C** Choose the best answer to each question.

- 1 Why did Colin stop suddenly?  
a Ian stopped.      b Lights went out.      c Ian whispered.
- 2 What did Colin grab when it got dark?  
a Ian's shoulder      b Ian's hand      c Ian's sleeve
- 3 What do people do for Earth Hour?  
a turn off lights      b gather for an event      c make a joke

**D** Read the passage again. Then complete the chart below.

## Earth Hour Q & A

1. Q: What is it?  
A: It's a(n) \_\_\_\_\_ event, like a reminder.
2. Q: How often does it happen?  
A: It happens \_\_\_\_\_.
3. Q: What happens?  
A: People turn off \_\_\_\_\_ for an hour.
4. Q: Why do they do it?  
A: To save \_\_\_\_\_.

## Link to Write

What environmental event happens around you?  
Write an invitation for it.

Example

Join Earth Hour !

- When: 8:30 pm, this Saturday
- Where: your home

We turn off the lights for an  
hour . We do this to save  
energy . Why don't you join us?

Join \_\_\_\_\_ !

- When: \_\_\_\_\_
- Where: \_\_\_\_\_

We \_\_\_\_\_  
\_\_\_\_\_ . We do this to \_\_\_\_\_  
\_\_\_\_\_ . Why don't you join us?

# The Two Histories of Printing

What is the oldest book you know?

How was it printed?

## Key Words

A Look and listen. Then repeat the word. 



printing



metal



letter



clay



Buddhist



Bible

B Fill in the blank to complete the sentence.

- 1 When \_\_\_\_\_ is soft and wet, you can make things with it.
- 2 This \_\_\_\_\_ looks like "A." Can you read it?
- 3 Both the Jewish and Christian religions are based on the \_\_\_\_\_.
- 4 \_\_\_\_\_ books contain the teachings of the Buddha.
- 5 Iron, steel, gold, and aluminum are all examples of \_\_\_\_\_.
- 6 Books and newspapers are all produced by \_\_\_\_\_.

# The Two Histories of Printing



Printing developed over many years. Movable metal letters were an important step. But they appeared in two different times and places. They were invented twice!

Movable metal letters first appeared in the Korean Goryeo Dynasty. There were earlier movable clay and wood letters. But Goryeo made the first known metal letters. They were invented in around 1230. The *Jikji* was made this way in 1377. It was an important Buddhist book. It is the oldest surviving book of its kind.

## While you read

Why is the *Jikji* important?

Johannes Gutenberg was the first European who used metal letters. He lived in Germany in the 1400s. There were older printing machines that used wooden letters. But the metal letters lasted longer and made better prints. Gutenberg printed his famous Bible in 1455. It was the first major European printed book. It started a printing revolution in Western culture. (139 words)



## More Words & Phrases

- **movable** able to be moved and not fixed in one place
- **surviving** continuing to be alive

- **last** to continue to exist for a particular length of time
- **revolution** a sudden, important change in a situation

# Comprehension

**A** Complete the topic sentence of the passage.

Movable metal l \_\_\_\_\_ were an important step in  
p \_\_\_\_\_ history, and they were invented twice.

**B** Choose the right one according to the passage.

- 1 The *Jikji* was an important ( Buddhist / European ) book.
- 2 Gutenberg used Europe's first ( wooden / metal ) letters for printing.
- 3 Gutenberg's Bible started a revolution in ( printing / painting ).

**C** Choose the best answer to each question.

- 1 When were the first metal letters invented?  
 (a) in 1230                      (b) in 1377                      (c) in 1455
- 2 What kind of letters were used before metal? (Pick two.)  
 (a) clay                              (b) stone                              (c) wood
- 3 What is NOT the good point of metal letters?  
 (a) long-lasting letters      (b) better prints                      (c) one unique book

**D** Read the passage again. Then complete the chart below.

Two Oldest Books with Metal Letters	
<p style="text-align: center; color: #0070c0;"><i>The Jikji</i></p> <ul style="list-style-type: none"> <li>made in _____ in the Korean Goryeo Dynasty</li> <li>an important _____ book</li> <li>made with the first known _____ letters</li> </ul>	<p style="text-align: center; color: #e69d00;"><i>Gutenberg's Bible</i></p> <ul style="list-style-type: none"> <li>printed in _____ in Germany</li> <li>the first major _____ printed book</li> <li>started a(n) _____ revolution in Western culture</li> </ul>

## Link to Write

Do you know about an old book in your country? Introduce it.

Example

### An Old Book of My Country

- Book Title: The Jikji
- First printed/written about 700 years ago
- Why is it so special?  
 1. It is the oldest book of its kind.  
 2. It was printed by metal letters.

### An Old Book of My Country

- Book Title:
- First printed/written about   years ago
- Why is it so special?  
 1.    
 2.

# Korean Vacation

What is the best place to visit in Korea?

## Key Words

**A** Look and listen. Then repeat the word. 🗣️



text message



online



disappointed



folk village



suggest



temple

**B** Fill in the blank to complete the sentence.

- 1 A(n) \_\_\_\_\_ service is available on the Internet.
- 2 Doctors \_\_\_\_\_ exercise and diet for a healthy life.
- 3 You can see lots of traditional old houses in the \_\_\_\_\_.
- 4 There is a statue of the Buddha in the \_\_\_\_\_.
- 5 If things don't happen the way you hoped, you get \_\_\_\_\_.
- 6 You send a(n) \_\_\_\_\_ using a mobile phone.

# Korean Vacation

Last Monday, Soobin got a surprise **text message** from Klara. She is Soobin's German **online** friend. She was visiting Seoul with her family!

Soobin replied. Soobin waited for Klara's reply and thought of things to do.

Welcome! I'm excited to introduce you to Korean culture!



Sounds great! But we're visiting a folk village today and watching *pansori* tomorrow.



Soobin was a little **disappointed**. She was also thinking of **folk villages** and *pansori*.

## Think about it

What would you like to introduce to your foreign friends?



Klara texted again.



How about Wednesday? There's a *hanji* class in Insadong. Wanna come?

Soobin smiled. She was about to **suggest** Insadong. The class was fun. At lunch, Soobin suggested a *bulgogi* restaurant.

"I'll introduce you to Korean food!"

"Thanks, but we already have plans to eat **Buddhist temple food**," Klara said. "And we have *bulgogi* restaurants at home."

Soobin laughed. 'I guess they're introducing themselves to Korean culture,' she thought. (144 words)

**Buddhist temple food** is the traditional food that Buddhist monks eat in temples. Usually it's vegetarian and doesn't contain strong spices.

## More Words & Phrases

- surprise** unexpected, without notice
- reply** to say or write an answer

- text** to send a text message
- be about to** be going to do something immediately

# Comprehension

## A What is the passage mainly about?

- Ⓐ a difference between two cultures
- Ⓑ introducing Korean culture to a foreign friend
- Ⓒ a family moving to a new culture

## B Choose the right one according to the passage.

- 1 Klara was visiting ( Seoul / Germany ) with her family.
- 2 Klara and Soobin became friends ( in class / online ).
- 3 Klara and Soobin went to a ( folk village / hanji class ) together.

## C Choose the best answer to each question.

- 1 What was the first place Klara visited with Soobin?
  - Ⓐ Insadong
  - Ⓑ a folk village
  - Ⓒ a restaurant
- 2 What did Klara experience in Korea?
  - Ⓐ a kimchi class
  - Ⓑ a traditional dance
  - Ⓒ pansori
- 3 What would Klara's family like to have for lunch?
  - Ⓐ bulgogi
  - Ⓑ bibimbap
  - Ⓒ temple food

## D Read the passage again. Then complete the chart below.

**Klara's Plans for Korean Vacation**

<b>Monday</b>	<ul style="list-style-type: none"> <li>• visiting a(n) _____</li> </ul>
<b>Tuesday</b>	<ul style="list-style-type: none"> <li>• watching _____</li> </ul>
<b>Wednesday</b>	<ul style="list-style-type: none"> <li>• meeting with Soobin</li> <li>• going to a(n) _____ class in Insadong</li> <li>• eating _____ food</li> </ul>

## Link to Write

Plan a one-day trip for your foreign friend.

Example

### A One-Day Trip

- Place to go:
- Date/Time:
- Things to do:
  1. You can
  2. You can



### A One-Day Trip

- Place to go:
- Date/Time:
- Things to do:
  1. You can
  2. You can

Part  
**III**

# Science



Unit  
**9**

## The Flag Bet

Greta can tell which way the flag points without looking at the photos.

Fiction



Unit  
**10**

## Peace on the Earth

Thunder and Lightning are in a race. Guess who will win.

Fiction



Unit  
**11**

## The Cabbage pH Test

You can test acids or alkalis by using red cabbage juice at home.

Non-fiction



Unit  
**12**

## Heart Smart

Your heart is a very important part that pumps blood around your body.

Non-fiction



# The Flag Bet

Why do many people go to the beach on hot days?

## Key Words

A Look and listen. Then repeat the word.  23



seashore



flag



point



euro



breeze



cycle

B Fill in the blank to complete the sentence.

- 1 One \_\_\_\_\_ is worth about one US dollar.
- 2 A sea \_\_\_\_\_ is a light wind blowing from the sea towards the land.
- 3 Why does a compass always \_\_\_\_\_ north?
- 4 A(n) \_\_\_\_\_ is usually used for showing a symbol or signal.
- 5 The part that the land meets the sea is called the \_\_\_\_\_.
- 6 A(n) \_\_\_\_\_ repeats again and again, always in the same order.

# The Flag Bet 27-28

Daniel showed Greta pictures of lunch and dinner at the **seashore**.

She looked quickly and said, "Nice."

"You didn't even look!"

"Sure I did. The **flag** is in every picture. I can say which way it's **pointing**, without looking."

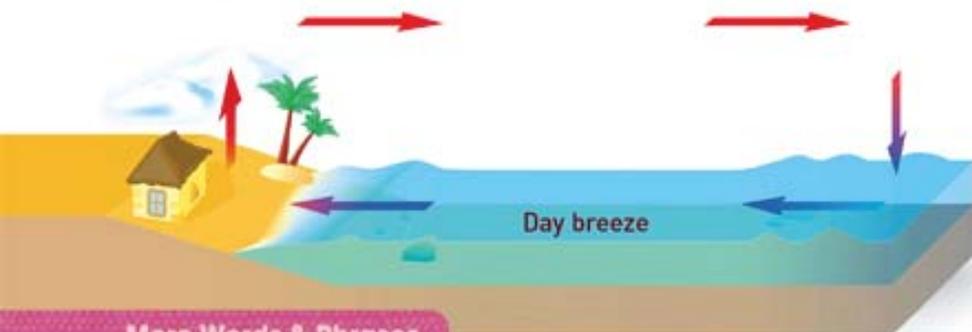
"Nonsense!"

"Let's bet a **euro**! Just say 'day' or 'night.'"

When Daniel said "day," she said "towards land."

## Think about it

At night, where does the wind blow from?



When he said "night," she said "sea." Greta was right every time and took Daniel's euro.

"What did you do?"

"I remembered day and night **breezes**. In the daytime, land heats up faster than water. And the warm air above land rises, leaving empty space. There's cooler air above the water. It rushes into the empty space. But at night, land cools faster, so the **cycle** goes backwards."

"Clever," Daniel said. "But I want my euro back."

"Nope," Greta smiled. "That's my lesson fee." (141 words)

## More Words & Phrases

□ **nonsense** silly or foolish words

- **rush** to move suddenly or quickly
- **backwards** in the reverse direction
- **fee** an amount of money that you pay to do something

# Comprehension

**A** What is the passage mainly about?

- a) how to win a bet
- b) how a seashore breeze changes
- c) how flags differ between countries

**B** Choose the right one according to the passage.

- 1 ( Greta / Daniel ) took the pictures at the seashore.
- 2 There was a ( cycle / flag ) in every picture.
- 3 ( Land / Water ) heats up faster during the day.

**C** Choose the best answer to each question.

- 1 What helped Greta guess where the flag was pointing?
  - a) the pictures
  - b) the lesson
  - c) the time of the day
- 2 What does cool air go towards?
  - a) the water
  - b) empty space
  - c) land
- 3 What cools faster at night?
  - a) land
  - b) space
  - c) water

**D** Read the passage again. Then complete the chart below.

## Seashore Breezes

In the daytime	<ul style="list-style-type: none"> <li>• Land heats up faster than water.</li> <li>→ The warm air above land _____.</li> <li>→ That leaves _____ space.</li> <li>→ There is _____ air above the water.</li> <li>→ It _____ into the empty space.</li> </ul>
At night	<ul style="list-style-type: none"> <li>• The cycle goes _____.</li> </ul>

## Link to Write

Do you know any good place to go on hot summer days? Complete the paragraph on your own.

Example

### On Hot Summer Days

I know a good place to go on hot summer days. It's **the beach**. When I'm there, **the sea breeze** **cools me down**. So I feel **cool and fresh**.

### On Hot Summer Days

I know a good place to go on hot summer days. It's \_\_\_\_\_ . When I'm there, \_\_\_\_\_ . So I feel \_\_\_\_\_ .

# Peace on the Earth



**What do you do when there's lightning and thunder?**

## Key Words

**A** Look and listen. Then repeat the word. 🎧



quiet



bang



lightning



thunder



race



reach

**B** Fill in the blank to complete the sentence.

- 1 You can hear a loud noise after lightning. It's \_\_\_\_\_.
- 2 Who is faster, you or I? Let's \_\_\_\_\_!
- 3 When you \_\_\_\_\_ a place, you arrive there.
- 4 They \_\_\_\_\_ the drum, and the king walks out.
- 5 \_\_\_\_\_ is the bright flash of light caused by natural electricity.
- 6 There was no noise in the room at all. It was \_\_\_\_\_.

# Peace on the Earth

30-31

Cloud liked peace and **quiet**. One day, he heard people on the Earth singing and **banging** drums. Cloud got angry.

So he made electricity. It made a bright light: **Lightning**. The electricity also heated the gas nearby. The hot gas moved so fast, and it crashed against other gases. That made a loud noise: **Thunder**.

"Go scare those people!" Cloud told them.

"Let's **race!**" Lightning said.

## Think about it

Which is more frightening, lightning or thunder?

They started towards the Earth. Lightning ran at almost 300 million m/s. Thunder ran at only 340 m/s. Lightning was already back again, but Thunder moved only a little.

"I won!" Lightning said.

Thunder, still far behind Lightning, smiled. "Look."

The people were yelling. "Wow!"

"They're even noisier!" Cloud complained.

Just then, Thunder finally **reached** the Earth.

"**CRACK-KABOOM!**"

The people ran inside. It was quiet again.

"I may be slower," Thunder smiled. "But I'm louder." (141 words)

## More Words & Phrases

- **peace** a calm situation in which you are not annoyed
- **crash** to move and hit violently, making a loud noise

- **m/s** meters per second
- **yell** to shout loudly

# Comprehension

**A** What is the passage mainly about?

- Ⓐ the best way to scare people
- Ⓑ the speed of light and sound
- Ⓒ why Cloud likes peace and quiet

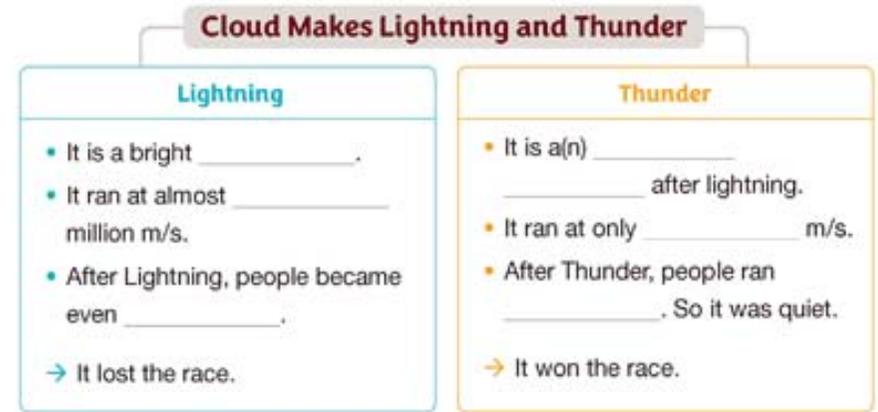
**B** Choose the right one according to the passage.

- 1 ( Gases / Lights ) crashed into each other and made a loud noise.
- 2 Thunder moves at ( 340 / 300 million ) m/s.
- 3 ( Lightning / Thunder ) made the people quiet.

**C** Choose the best answer to each question.

- 1 What made Cloud angry?
  - Ⓐ People made noise.
  - Ⓑ Thunder and Light fought.
  - Ⓒ Lightning was faster.
- 2 What did Cloud's electricity make? (Pick two.)
  - Ⓐ light
  - Ⓑ gas
  - Ⓒ heat
- 3 How did the people feel at the end?
  - Ⓐ calm
  - Ⓑ scared
  - Ⓒ excited

**D** Read the passage again. Then complete the chart below.



## Link to Write

Have you experienced bad weather?  
Complete the paragraph on your own.

Example

### What Terrible Weather!

I experienced my worst weather

last month

It was dark and raining

I was at home alone

I was so scared

### What Terrible Weather!

I experienced my worst weather

It was

I was at

I was so

# The Cabbage pH Test

## Key Words

A Look and listen. Then repeat the word. 🗣️

1



scientist

2



measure

3



in between

4



litmus paper

5



blend

6



cabbage

B Fill in the blank to complete the sentence.

- 1 If you are in the middle of two things, you're \_\_\_\_\_ them.
- 2 Jake is an expert in physics. He is a(n) \_\_\_\_\_.
- 3 \_\_\_\_\_ turns blue if something is alkali.
- 4 \_\_\_\_\_ the fruits together. They'll get all combined.
- 5 You can \_\_\_\_\_ the length of the table with a ruler.
- 6 A(n) \_\_\_\_\_ is a round vegetable that has many layers of leaves.

Do you like eating  
red cabbage?

# The Cabbage pH Test

Scientists measure acids and alkalis with the pH scale. It goes from strong acids to strong alkalis. And it measures everything in between. The middle is neutral. The scale uses special blue and red litmus paper. Acids make blue litmus red. Alkalis make red litmus blue. Neutral chemicals do nothing.

The pH scale measures values from 0 to 14. Acids are found between 0 and 7, and alkalis are found between 7 and 14.



Now you can make your own pH test.

First, blend some red cabbage in a blender. Add a little hot water. Let the mixture sit for two hours. Then pour it into a coffee filter. The cabbage juice will come through. Pour the juice into three clear glasses. Now you can test anything. Acids turn the purple juice red. Alkalis turn it blue. And neutral compounds do nothing.

Let's test it! Add vinegar to one. Add baking soda to another. Lastly, add water. Can you guess the colors?

(135 words)

### While you read

What is in the middle of the pH scale?

Acidic pH



Red

Alkaline pH



Blue

Neutral pH



Purple

### More Words & Phrases

- **scale** a set of levels or numbers that are used to measure things
- **neutral** neither acidic nor alkaline

- **mixture** a combination of different things
- **sit** to remain unused or inactive
- **compound** a substance containing two or more elements

# Comprehension

**A** Complete the topic sentence of this passage.

You can make your own pH t \_\_\_\_\_ that tells you if something is acidic, alkaline, or n \_\_\_\_\_.

**B** Choose the right one according to the passage.

- 1 Alkalis make red litmus ( blue / yellow ).
- 2 You can make a pH test with ( coffee / red cabbage ).
- 3 You have to let the mixture sit for ( twenty minutes / two hours ).

**C** Choose the best answer to each question.

- 1 What do you need for the experiment? (Pick two.)  
a litmus paper      b a blender      c clear glasses
- 2 What do you have to add the blended cabbage?  
a hot water      b sugar      c ice and salt
- 3 What color will the juice be if you add water?  
a red      b blue      c purple

**D** Read the passage again. Then complete the chart below.

## Do Your Own pH Test!

1. Blend \_\_\_\_\_ in a blender.
2. Add a little hot water.
3. Let the \_\_\_\_\_ sit for two hours.
4. Pour it into a coffee \_\_\_\_\_.
5. Pour the juice into three clear glasses.
6. Add vinegar, baking soda, or \_\_\_\_\_ to each glass.

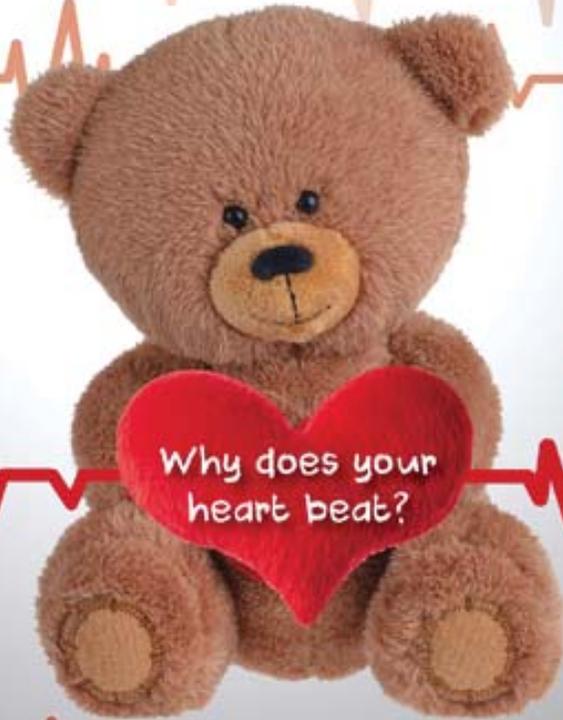
## Link to Write

Look at the pH scale, and complete the paragraph on your own.

**My Own pH Test**

I did my own pH test today. I made red cabbage juice and tested a few things in it. First, I tested lemon . The juice turned red . I also tested \_\_\_\_\_ . The juice \_\_\_\_\_ . After that, I \_\_\_\_\_ , and the juice \_\_\_\_\_ .

# Heart Smart



Why does your heart beat?

## Key Words

A Look and listen. Then repeat the word. 🗣️



heart



pump



blood



rib cage



lungs



tube

B Fill in the blank to complete the sentence.

- 1 If you cut yourself, \_\_\_\_\_ will come out.
- 2 The \_\_\_\_\_ controls the flow of blood in your body.
- 3 In deserts, people dig in the ground and \_\_\_\_\_ water out.
- 4 When you breathe in, your \_\_\_\_\_ get filled with air.
- 5 The liquid flows into the machine through the long \_\_\_\_\_.
- 6 The \_\_\_\_\_ protects your heart and lungs.

# Heart Smart 36-37

Hello! I'm your **heart**. You know what I do. I **pump blood** around the body. But how? Look inside.

Here I am — inside the **rib cage**. I'm right between your **lungs**. That's important because the blood has two main jobs. One is taking oxygen to the rest of the body. The other is bringing carbon dioxide back. The lungs breathe in oxygen. And they breathe out carbon dioxide.



## While you read

What does your heart do?

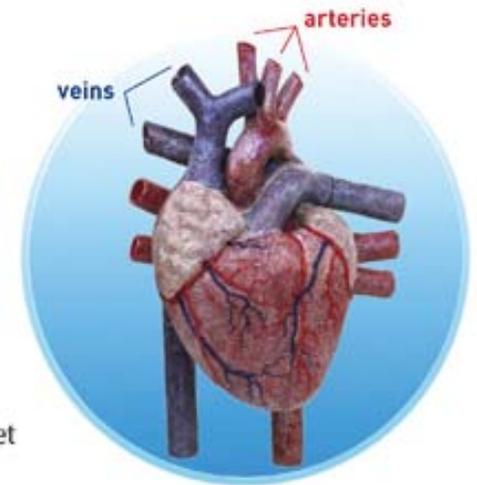
## More Words & Phrases

- **breathe in** to take air into your lungs through your nose or mouth
- **breathe out** to send air out of your lungs through your nose or mouth

Some blood comes from the lungs to me. That blood has oxygen in it. Some blood goes from me to the lungs. That has carbon dioxide, and the lungs get rid of it.

Can you see the **arteries and veins**? Both are **tubes** that blood travels through. Arteries carry blood away from the heart. Veins carry blood back to the heart.

I keep it all moving smoothly! (135 words)



**Arteries** usually look red, carrying oxygen-rich blood. **Veins** usually look blue, carrying oxygen-poor blood.

- **get rid of** to remove
- **carry** to hold something and move it

# Comprehension

**A** Complete the topic sentence of this passage.

The heart **p** \_\_\_\_\_ blood around the body and has two different types of **t** \_\_\_\_\_ that blood travels through.

**B** Choose the right one according to the passage.

- 1 The lungs breathe out ( oxygen / carbon dioxide ).
- 2 Both arteries and veins are ( gases / tubes ).
- 3 ( Veins / Arteries ) look blue and send blood back to the heart.

**C** Choose the best answer to each question.

- 1 Where is the heart? (Pick two.)  
 a inside the veins      b in the rib cage      c between the lungs
- 2 Which is a job of blood?  
 a protecting the heart      b breathing in and out      c carrying carbon dioxide
- 3 What is in blood that comes from the lungs?  
 a oxygen      b tubes      c carbon dioxide

**D** Read the passage again. Then complete the chart below.

## In Your Body

Heart	<ul style="list-style-type: none"> <li>• pumps _____ around the body</li> </ul>
Blood	<ul style="list-style-type: none"> <li>• takes _____ to the rest of the body</li> <li>• brings carbon dioxide back</li> </ul>
Arteries	<ul style="list-style-type: none"> <li>• carry blood away from the _____                → This blood has oxygen.</li> </ul>
Veins	<ul style="list-style-type: none"> <li>• carry blood back to the heart                → This blood has _____.</li> </ul>

## Link to Write

Do you know about other parts of your body? Complete the paragraph on your own.

Example

Our Heart

---

We have a heart in our bodies. It is between the lungs.

And it has arteries and veins.

It is very important because it pumps blood around the body.

»

Our \_\_\_\_\_

---

We have \_\_\_\_\_ in our bodies. It is \_\_\_\_\_.

And it has \_\_\_\_\_.

It is very important because \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

# Part IV

## Art & PE



Unit  
**13**

### The Dark Side of Junk

Junk can become great art. Find out how.

Non-fiction



Unit  
**14**

### Ideas Are Property

Justin and Alan disagreed on something about Justin's website.

Fiction



Unit  
**15**

### The Come-Back Stick

Throwing boomerangs is fun. They can also be hunting tools.

Fiction

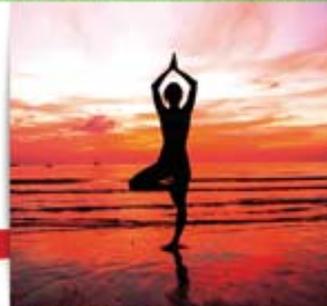


Unit  
**16**

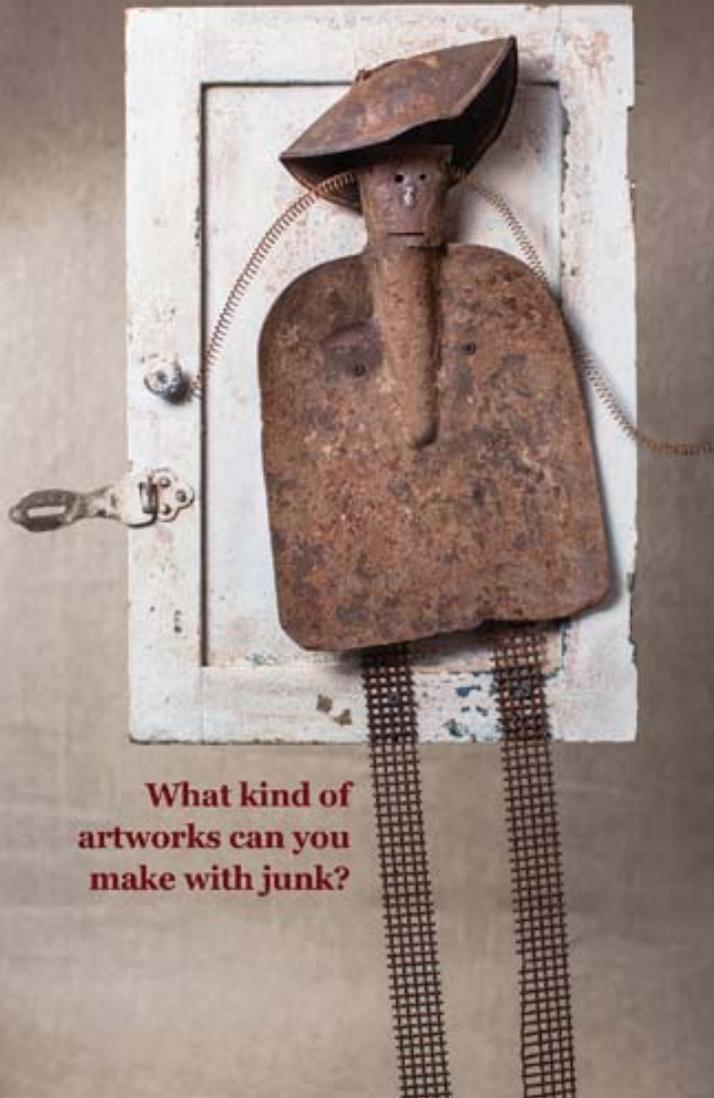
### You Can Yoga!

Improve your flexibility, concentration, and balance with yoga.

Non-fiction



# The Dark Side of Junk



What kind of artworks can you make with junk?

## Key Words

A Look and listen. Then repeat the word. 🗣️

1



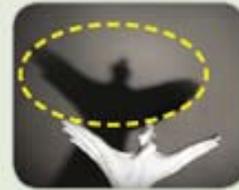
junk

2



statue

3



shadow

4



cylinder

5



stack

6



hole

B Fill in the blank to complete the sentence.

- 1 When you \_\_\_\_\_ things, you put them in a large pile.
- 2 A \_\_\_\_\_ is a figure of a person made of stone or metal.
- 3 \_\_\_\_\_ is things that you throw away.
- 4 A strange man was looking at me through the \_\_\_\_\_.
- 5 Toilet paper rolls have the shape of a \_\_\_\_\_.
- 6 If there's light, you can see the \_\_\_\_\_ of a thing behind it.

# The Dark Side of Junk

39-40

You can make art with anything. **Junk art** uses recyclables. Most junk artworks are **statues**. They are made of the junk itself. But you can also make junk art with **shadows**. Here's how.

Gather clean recyclables. You want rectangles and **cylinders**. Cereal and cookie boxes work well. Paper towel rolls and juice boxes are great too. Try to get many different sizes.

Now place a table in front of a wall. Tape a box to the table. Point a lamp or flashlight at the wall above the table. See the shadow? That's your first building.

**Junk art** came from the idea that art can be made out of anything ordinary. It's also called "trash art."

Keep adding more. **Stack** smaller boxes on larger ones. Leave the straws in juice boxes. They'll be nice antennas. Do you want windows? Cut **holes** in both sides of a box. Take a picture when you're done.

What will your city look like? It's up to you! (142 words)

## While you read

What are the straws in juice boxes for?



## More Words & Phrases

- **gather** to collect things together
- **flashlight** a small electric light that you can carry in your hand

- **antenna** a long, thin piece of metal used to receive radio or television signals

# Comprehension

**A** Complete the topic sentence of the passage.

You can make junk art using the **s** \_\_\_\_\_ made by  
**r** \_\_\_\_\_.

**B** Choose the right one according to the passage.

- 1 You need recyclables that are ( light / cylinders ).
- 2 You make the shadows ( on the table / on the wall ).
- 3 Cut holes if you want to make ( windows / antennas ).

**C** Choose the best answer to each question.

- 1 What are most junk artworks?  
a boxes                      b rectangles                      c statues
- 2 What can you use to make the shadows? (Pick two.)  
a tape                      b a lamp                      c a flashlight
- 3 What do you do to finish the art?  
a take a picture                      b make a sketch                      c color the boxes

**D** Read the passage again. Then complete the chart below.

## A Different Kind of Junk Art

1. Gather clean \_\_\_\_\_: rectangles and cylinders.
2. Place a(n) \_\_\_\_\_ in front of a wall.
3. Tape a box to the table.
4. Point a lamp or flashlight at the wall.
5. \_\_\_\_\_ smaller boxes on larger ones.
6. Take a(n) \_\_\_\_\_ when you're done.

## Link to Write

Introduce your own junk art project.

Example

### My Junk Art Project

I will make **a statue of**

**an elephant**

To make it, I need **lots of**

**empty plastic bottles**

• Here's how:

1. **Gather empty plastic bottles.**
2. **Glue them together in an elephant shape.**

### My Junk Art Project

I will make \_\_\_\_\_

To make it, I need \_\_\_\_\_

• Here's how:

1. \_\_\_\_\_
2. \_\_\_\_\_

# Ideas Are Property



What is "stealing ideas"?  
Is it a crime or not?

## Key Words

A Look and listen. Then repeat the word. 🗣️



website



confused



steal



permission



mad



copy

B Fill in the blank to complete the sentence.

- 1 You must not \_\_\_\_\_ other people's money or property.
- 2 You can get data and information from the \_\_\_\_\_.
- 3 Your painting looks just like Van Gogh's. It's a good \_\_\_\_\_!
- 4 The teacher gets \_\_\_\_\_ when students don't pay attention.
- 5 If you allow someone to do something, you give them \_\_\_\_\_.
- 6 I don't know what is happening now. I'm \_\_\_\_\_.



# Ideas Are Property



Justin made a **website**. He uploaded his favorite MP3s and funny videos. Later he showed it to his brother, Alan.

Alan was surprised.

"It's a nice site," he said. "But you can't put MP3s there. People are downloading them."

Justin looked **confused**.

"So?"

"Well, you're not paying for them. And they aren't either.

That's **stealing**. It's the same with these videos. These aren't yours. Did you get **permission** from the creators?"

Justin got **mad**.

"I don't need permission! It's the Internet. Plus, everyone does it!"

"Not everyone. It's illegal."

Justin slammed the door.

The next week, Alan showed Justin his website.

Justin frowned. It was a **copy** of his website, but with Alan's name. Everything else was the same.

"Hey! That was my idea!"

"So it's different when it's *yours*?" Alan asked.

Justin thought for a moment.

"Now I understand." (141 words)



### Think about it

Why did Alan make a copy of Justin's website?



### More Words & Phrases

- **property** something that belongs to somebody
- **upload** to send information from your computer to a computer network

- **slam** to shut a door or window very hard and loudly
- **moment** a very short period of time

# Comprehension

**A** What is the passage mainly about?

- a) how to make a website
- b) MP3s and videos on the Internet
- c) copying without permission

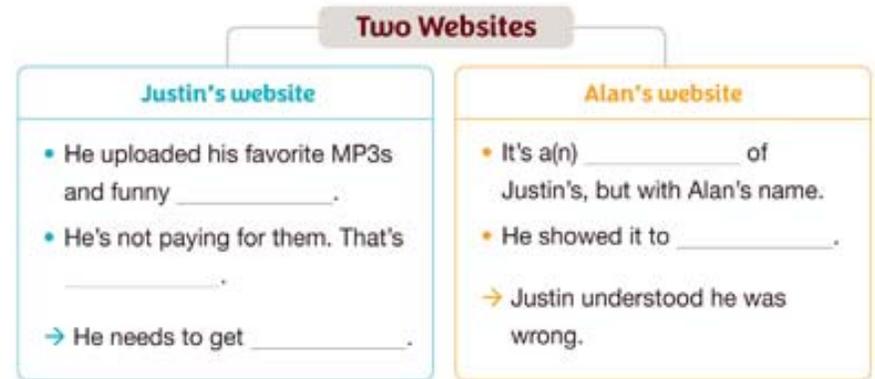
**B** Choose the right one according to the passage.

- 1 Justin did not ( pay for / upload ) the MP3s.
- 2 What Justin was doing was ( illegal / funny ).
- 3 ( Justin / Alan ) made the second website.

**C** Choose the best answer to each question.

- 1 What did Justin upload on his website? (Pick two.)  
a) some videos      b) funny stories      c) favorite MP3s
- 2 How did Justin feel about Alan's questions?  
a) sad      b) angry      c) surprised
- 3 What part of Alan's website was different from Justin's?  
a) the payment      b) the permission      c) the name

**D** Read the passage again. Then complete the chart below.



## Link to Write

Complete the poster on your own.

### Stop Stealing Ideas!

We simply download music files or videos without paying for them. Also, we upload pictures or stories without permission. That's stealing ideas!



To stop doing so,

1. We \_\_\_\_\_ should pay money for any music files
2. We \_\_\_\_\_
3. We \_\_\_\_\_

# The Come-Back Stick



Have you ever thrown  
a boomerang?  
What shape was it?

## Key Words

**A** Look and listen. Then repeat the word. 

1



jeep

2



boomerang

3



spin

4



curve

5



snore

6



horn

**B** Fill in the blank to complete the sentence.

- I \_\_\_\_\_ a lot, and it wakes up my brother at night.
- The \_\_\_\_\_ in a car makes a loud sound as a signal or warning.
- To \_\_\_\_\_ is to bend or turn from the given direction.
- The figure skaters can \_\_\_\_\_ very quickly on the ice.
- If you drive a \_\_\_\_\_, you can travel over rough ground.
- A \_\_\_\_\_ will come back to you after you throw it.



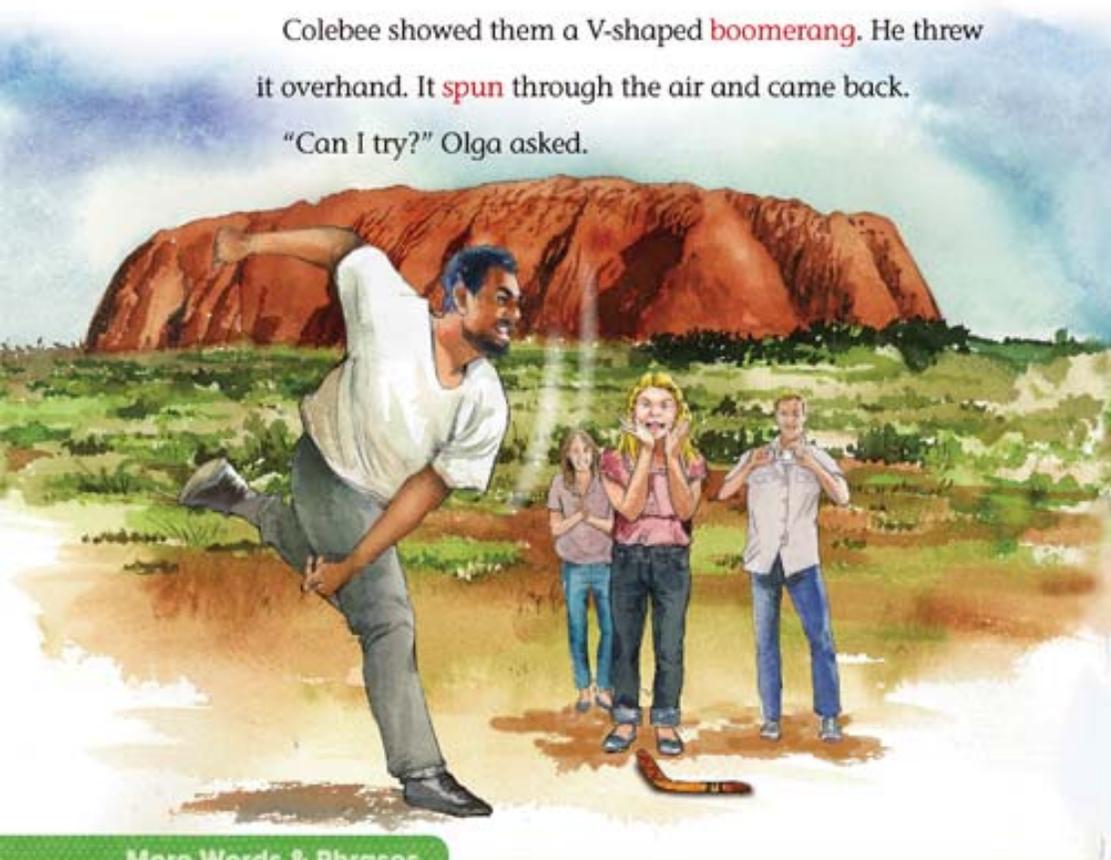
# The Come-Back Stick

45-46

Olga's family was traveling in Australia. Colebee was their guide, and Jabo drove the jeep. They led Olga's family to a field.

Colebee showed them a V-shaped boomerang. He threw it overhand. It spun through the air and came back.

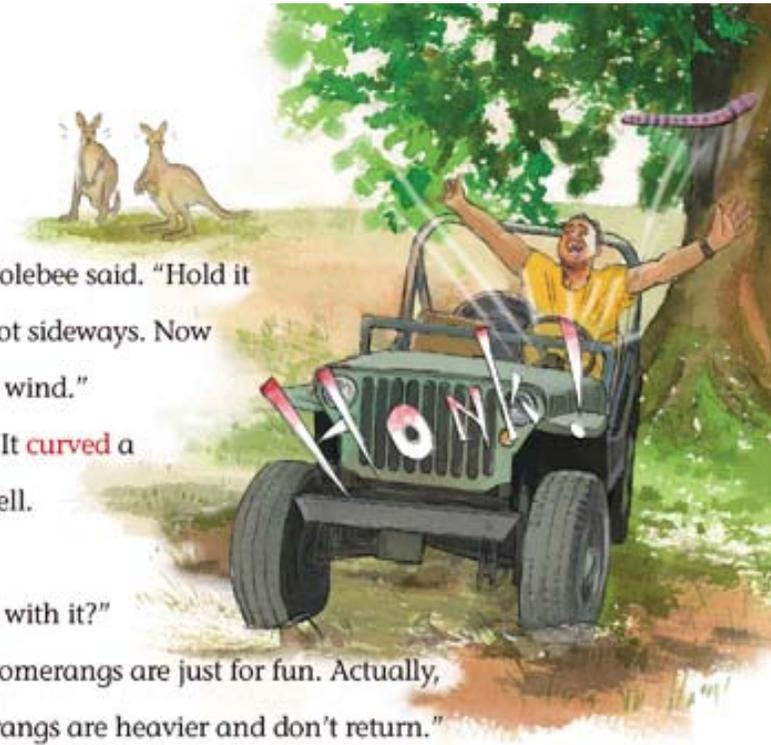
"Can I try?" Olga asked.



## More Words & Phrases

□ **overhand** with the hand above the shoulder

- **sideways** to one side
- **returning** going back to a place where something was before
- **slightly** a little



"Of course," Colebee said. "Hold it up-and-down, not sideways. Now throw it into the wind."

Olga threw it. It curved a little, and then fell.

"Great try!"

"Can we hunt with it?"

"Returning boomerangs are just for fun. Actually, hunting boomerangs are heavier and don't return."

Colebee showed them a slightly curved boomerang.

"Let's hunt with *that*!"

"Sorry, no hunting here."

"Then what's it for?"

Colebee smiled and pointed at the jeep. Jabo was snoring loudly in it. Colebee threw the boomerang and hit the horn. Jabo jumped up.

"Wake up, Jabo!" Colebee waved. (140 words)

### Think about it

How does a boomerang come back?

# Comprehension

**A** Complete the topic sentence of the passage.

Olga's family learned about two different kinds of **b** \_\_\_\_\_  
while they were **t** \_\_\_\_\_ in Australia.

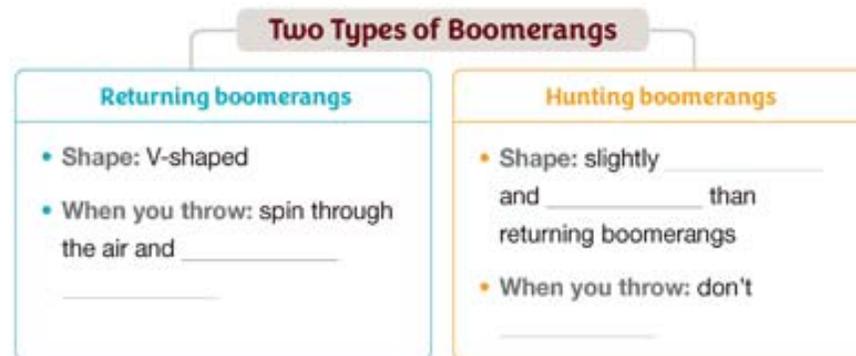
**B** Choose the right one according to the passage.

- 1 ( Colebee / Jabo ) was the driver for Olga's family.
- 2 The returning boomerang was for ( fun / hunting ).
- 3 Colebee used the second boomerang to ( warn / wake up ) Jabo.

**C** Choose the best answer to each question.

- 1 How should you hold a boomerang?  
a sideways                      b up-and-down                      c towards yourself
- 2 What's the characteristic of a hunting boomerang? (Pick two.)  
a heavier                      b not returning                      c straight
- 3 What was Jabo doing in the jeep?  
a jumping                      b talking                      c snoring

**D** Read the passage again. Then complete the chart below.



## Link to Write

What's your favorite outdoor game?  
Complete the invitation on your own.

**Come and Play** \_\_\_\_\_ !

• Date & Place: \_\_\_\_\_

• Things to prepare: \_\_\_\_\_

• How to play:

(1) \_\_\_\_\_

(2) \_\_\_\_\_

If you want to come, email or send a text message to \_\_\_\_\_



# You Can Yoga!

Why is yoga good  
for your body?



## Key Words

**A** Look and listen. Then repeat the word. 



stretch



relax



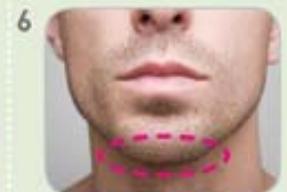
palm



chest



arch



chin

**B** Fill in the blank to complete the sentence.

- 1 If you \_\_\_\_\_ your back, you bend it to make a curved shape.
- 2 The part of your body between the mouth and the neck is the \_\_\_\_\_.
- 3 Your lungs and heart are inside your \_\_\_\_\_.
- 4 You look so nervous. Please sit down and \_\_\_\_\_.
- 5 Before exercising, you should \_\_\_\_\_ your arms and legs.
- 6 The \_\_\_\_\_ is the inside part of your hand.

# You Can Yoga!

Yoga isn't just for adults. It's a good exercise for kids too. It improves balance, flexibility, and concentration. It also helps reduce stress. Let's give it a try!

First, pay attention to your breathing. Take deep, long breaths. Breathe in when you **stretch**. And breathe out when you **relax**. Now lie on your stomach. This is the starting position.



### While you read

What does yoga help you improve?

### More Words & Phrases

- balance** the ability to remain steady in an upright position
- flexibility** the ability to stretch and bend
- concentration** giving all your attention to something

### The Cobra Pose

Put your **palms** on the floor beside your **chest**. Breathe in, push with just your arms, and **arch** your back. Point your **chin** upwards. Don't move your legs. This pose relieves your back pain.



### The Bow Pose

Breathe out as you return to your starting position. Now reach back and grab your ankles. Breathe in and pull yourself up. Let only your stomach touch the floor. This strengthens your stomach. (132 words)



- relieve** to reduce pain or unpleasant feelings
- strengthen** to make something stronger

# Comprehension

## A What is the passage mainly about?

- a) how to do some yoga
- b) why breathing is important
- c) different body parts

## B Choose the right one according to the passage.

- 1 Yoga helps you reduce ( sleep / stress ).
- 2 Put your ( palms / back ) on the floor to make the cobra pose.
- 3 Grab your ( arms / ankles ) to make the bow pose.

## C Choose the best answer to each question.

- 1 How should you take breaths in yoga? (Pick two.)
  - a) deep
  - b) short
  - c) long
- 2 What should you NOT move for the cobra pose?
  - a) your chin
  - b) your back
  - c) your legs
- 3 Which part is the bow pose good for?
  - a) legs
  - b) stomach
  - c) face

## D Read the passage again. Then complete the chart below.

Let's Do Yoga!

The cobra pose	The bow pose
<ol style="list-style-type: none"> <li>1. Lie on your stomach.</li> <li>2. Put your _____ on the floor besides your _____.</li> <li>3. Push with just your arms, and _____ your back.</li> <li>4. Point your _____ upwards.</li> </ol>	<ol style="list-style-type: none"> <li>1. Lie on your stomach.</li> <li>2. Reach back and grab your _____.</li> <li>3. Pull yourself up.</li> <li>4. Let only your _____ touch the floor.</li> </ol>

## Link to Write

Do you know other yoga poses?  
Complete the paragraph on your own.

Example

### The Cow Pose



1. Kneel on the floor.
2. Put your both palms on the floor.
3. Arch .
4. Point .



### The Cat Pose



1. Kneel on the floor.
2. Put your both palms on the floor.
3. Arch .
4. Point .