

Circle a score (1–5) for each competence covered in your Student's Book. Use the key to help you. Are there any areas where you might need more practice?

KEY

- 1 = I can do this with a lot of help from my teacher.
 2 = I can do this with a little help.
 3 = I can do this fairly well.
 4 = I can do this really well.
 5 = I can do this almost perfectly.

Competence	page	your score
Listening		
I can generally follow the main points of extended discussion around me, provided speech is clearly articulated in standard dialect.	23	1 2 3 4 5
I can understand the main points of radio news bulletins and simpler recorded material on topics of personal interest delivered relatively slowly and clearly.	24	1 2 3 4 5
I can catch the main points in videos on familiar topics when the delivery is relatively slow and clear.	23	1 2 3 4 5
Reading		
I can read columns or interviews in newspapers and magazines in which someone takes a stand on a current topic or event and understand the overall meaning of the text.	30	1 2 3 4 5
I can skim short texts (for example news summaries) and find relevant facts and information (for example who has done what and where).	19, 30	1 2 3 4 5
In emails, letters and blog posts I can understand those parts dealing with events, feelings and wishes well enough to correspond regularly with a pen friend.	27	1 2 3 4 5
Speaking: Spoken Interaction		
I can start, maintain and close simple face-to-face conversation on topics that are familiar or of personal interest.	24	1 2 3 4 5
I can give or seek personal views and opinions in an informal discussion with friends.	19, 22, 23	1 2 3 4 5
I can agree and disagree politely.	22	1 2 3 4 5
Speaking: Spoken Production		
I can paraphrase short written passages orally in a simple fashion, using the original text wording and ordering.	19	1 2 3 4 5
Speaking: Strategies		
I can generally correct slips and errors if I become aware of them or if they have led to misunderstandings.	20	1 2 3 4 5
Vocabulary: Language Quality		
I can convey simple information of immediate relevance, getting across which point I feel is most important.	23	1 2 3 4 5
I have a sufficient vocabulary to express myself with some circumlocutions on most topics pertinent to my everyday life such as family, hobbies and interests, work, travel, and current events.	22	1 2 3 4 5
I can express myself reasonably accurately in familiar, predictable situations.	23	1 2 3 4 5
Writing		
I can write simple connected texts on a range of topics within my field of interest and can express personal views and opinions.	31	1 2 3 4 5
I can write personal letters to friends or acquaintances asking for or giving them news and narrating events.	27	1 2 3 4 5
I can convey – via fax, e-mail or a circular – short simple factual information to friends or colleagues or ask for information in such a way.	31	1 2 3 4 5