

Circle a score (1–5) for each competence covered in your Student's Book. Use the key to help you. Are there any areas where you might need more practice?

KEY

- 1 = I can do this with a lot of help from my teacher.
 2 = I can do this with a little help.
 3 = I can do this fairly well.
 4 = I can do this really well.
 5 = I can do this almost perfectly.

Competence	page	your score
Listening		
I can generally follow the main points of extended discussion around me, provided speech is clearly articulated in standard dialect.	34	1 2 3 4 5
I can understand the main points of radio news bulletins and simpler recorded material on topics of personal interest delivered relatively slowly and clearly.	58, 63	1 2 3 4 5
I can catch the main points in videos on familiar topics when the delivery is relatively slow and clear.	63	1 2 3 4 5
Reading		
I can understand the main points in short newspaper articles about current and familiar topics.	62	1 2 3 4 5
I can guess the meaning of single unknown words from the context thus deducing the meaning of expressions if the topic is familiar.	56, 59, 62, 65	1 2 3 4 5
I can skim short texts (for example news summaries) and find relevant facts and information (for example who has done what and where).	59	1 2 3 4 5
In emails, letters and blog posts I can understand those parts dealing with events, feelings and wishes well enough to correspond regularly with a pen friend.	67	1 2 3 4 5
Speaking: Spoken Interaction		
I can start, maintain and close simple face-to-face conversation on topics that are familiar or of personal interest.	58	1 2 3 4 5
I can maintain a conversation or discussion but may sometimes be difficult to follow when trying to say exactly what I would like to.	65	1 2 3 4 5
I can express and respond to feelings such as surprise, happiness, sadness, interest and indifference.	66	1 2 3 4 5
I can give or seek personal views and opinions in an informal discussion with friends.	58, 61, 66	1 2 3 4 5
I can agree and disagree politely.	64, 66	1 2 3 4 5
Speaking: Spoken Production		
I can give detailed accounts of experiences, describing feelings and reactions.	61	1 2 3 4 5
I can explain and give reasons for my plans, intentions and actions.	59	
I can paraphrase short written passages orally in a simple fashion, using the original text wording and ordering.	62, 63	1 2 3 4 5
Speaking: Strategies		
When I can't think of the word I want, I can use a simple word meaning something similar and invite "correction".	58, 63	1 2 3 4 5
Vocabulary: Language Quality		
I have a sufficient vocabulary to express myself with some circumlocutions on most topics pertinent to my everyday life such as family, hobbies and interests, work, travel, and current events.	58, 59, 68	1 2 3 4 5
I can express myself reasonably accurately in familiar, predictable situations.	67	1 2 3 4 5
Writing		
I can write a simple review of a TV programme.	67	1 2 3 4 5
In a letter I can express feelings such as grief, happiness, interest, regret and sympathy.	67	1 2 3 4 5
I can convey – via fax, e-mail or a circular – short simple factual information to friends or colleagues or ask for information in such a way.	67	1 2 3 4 5