

Circle a score (1–5) for each competence covered in your Student's Book. Use the key to help you. Are there any areas where you might need more practice?

KEY

- 1 = I can do this with a lot of help from my teacher.
 2 = I can do this with a little help.
 3 = I can do this fairly well.
 4 = I can do this really well.
 5 = I can do this almost perfectly.

Competence	page	your score
Listening		
I can generally follow the main points of extended discussion around me, provided speech is clearly articulated in standard dialect.	14	1 2 3 4 5
I can understand the main points of radio news bulletins and simpler recorded material on topics of personal interest delivered relatively slowly and clearly.	12	1 2 3 4 5
I can catch the main points in videos on familiar topics when the delivery is relatively slow and clear.	11	1 2 3 4 5
Reading		
I can guess the meaning of single unknown words from the context thus deducing the meaning of expressions if the topic is familiar.	7	1 2 3 4 5
I can skim short texts (for example news summaries) and find relevant facts and information (for example who has done what and where).	7	1 2 3 4 5
In emails, letters and blog posts I can understand those parts dealing with events, feelings and wishes well enough to correspond regularly with a pen friend.	15	1 2 3 4 5
Speaking: Spoken Interaction		
I can start, maintain and close simple face-to-face conversation on topics that are familiar or of personal interest.	12	1 2 3 4 5
I can give or seek personal views and opinions in an informal discussion with friends.	12	1 2 3 4 5
Speaking: Spoken Production		
I can give detailed accounts of experiences, describing feelings and reactions.	7	1 2 3 4 5
I can give describe my relationship with the members of my family in detail.	7	1 2 3 4 5
Speaking: Strategies		
I can use question words like <i>Who? What? When? Where? How? Why?</i> to help me think of more questions to keep the conversation going.	14	1 2 3 4 5
Vocabulary: Language Quality		
I can keep a conversation going comprehensibly, but have to pause to plan and correct what I am saying – especially when I talk freely for longer periods.	14	1 2 3 4 5
I have a sufficient vocabulary to express myself with some circumlocutions on most topics pertinent to my everyday life such as family, hobbies and interests, work, travel, and current events.	15	1 2 3 4 5
Writing		
I can write personal letters to friends or acquaintances asking for or giving them news and narrating events.	15	1 2 3 4 5