

VOCABULARY: Phrasal verbs

Choose the correct option (A, B, C or D) to complete the sentences.

1 The idea for this thriller came _____ from a visit to an old spooky house in the country as a small child.

- A over B back C across D about

2 Most people need to refer _____ their notes when giving a long technical presentation.

- A on B to C with D over

3 The council has done _____ with bins in public places, which is a serious issue for the environment.

- A away B out C off D back

4 A lack of self-confidence can often stem _____ an overly critical environment when growing up.

- A with B about C from D to

5 Many people do some home repairs, but don't mess _____ with the electrics or gas, as mistakes can be dangerous.

- A over B about C back D across

6 I can't bear going to the dentist, but I've got a check-up tomorrow. I wish someone could get me _____ of it!

- A off B on C around D out

7 The builders had to redo the work on the roof because of the damage caused by the storm. It's set them _____ weeks.

- A off B back C up D to

8 A lot of time and energy has gone _____ this project so we are not going to give up on it now.

- A to B from C up D into

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VOCABULARY: Collocations

Choose the correct options to complete the sentences.

9 Many of the most famous **unanswered / unsolved** mysteries are about the disappearances of people in remote places.

10 While the candidate interviewed well, he didn't **meet / reach** all the criteria in terms of his experience, so we need to see more people.

11 Many famous people may **exude / leak** confidence, but this doesn't mean they feel that way inwardly. Famous people may have as much self-doubt as the rest of us.

12 This painting is in **deep / stark** contrast to his earlier work, which was more focussed on nature.

13 It isn't always easy to **light / strike** up new friendships, and this is often shown in how people feel lonely when they first move to a new town.

14 One of the most **distinctive / plausible** features of this property is the central courtyard, which is stunning and also cool in summers.

15 Using a **unique / ultimate** combination of essential oils and vitamins, our products will rejuvenate even the most lifeless hair.

16 Once children reach adolescence, they don't often **heed / mark** the advice of their parents, as they are searching for their own independence.

17 The police need to **demonstrate / determine** the facts of what happened before they start accusing anyone of a crime.

18 The **authentic / heartfelt** emotion in the president's resignation speech was clear for all.

19 The more he read about the environment, the more he **deepened / heightened** his understanding of how to reduce his own carbon footprint.

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VOCABULARY FILE

Complete the text with the words from the box.

armed	compatible	cry	exception
	straightforward	walks	

I always thought that I was ²⁰ _____ with a lot of confidence and I've wanted to travel the world and see different ²¹ _____ of life ever since I can remember. So, I decided to join the army when I was 18. It was a ²² _____ process; I applied and within two months, I was in the army at a base. It didn't take me long to realise my mistake. It was a far ²³ _____ from what I'd imagined. I took ²⁴ _____ to having to follow orders and I didn't last long. Perhaps I'm just not ²⁵ _____ with a job where I don't feel I can do my own thing. I still want to travel, but now I'm looking to start my own business.

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GRAMMAR: Conjunctions

Choose the correct option (A, B or C) to complete the sentences.

1 Many people want to use social media less, _____ it requires such a lot of willpower.

- A whereas B yet C nor

2 You can borrow my digital camera _____ you promise to treat it with care.

- A as long as B unless C although

3 Andrea wasn't interested in playing sport, _____ did she particularly enjoy watching it on TV.

- A nor B and C yet

4 Some people like working in an office for the human connection _____ others prefer to work at home.

- A whereas B provided that C because

5 _____ her knee had fully recovered did she start marathon training again.

- A While B Since C Only when

6 I'm going to serve prawns at the party, _____ you're certain that someone has a seafood allergy.

- A if only B unless C as

7 John thought he'd better go to bed _____ he had an early start the following morning.

- A if B not until C since

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GRAMMAR: Linking adverbials

Replace the underlined linking adverbials, which are incorrect, with the correct word or phrase from the box.

Additionally	Alternatively	As well as
For this reason	In view of	On the other hand

The problems with health advice

There's so much advice on health and fitness these days. Thousands of websites have varying ideas about healthy eating. ⁸ Even so, there are countless diet magazines and books, and their advice is often conflicting. ⁹ Furthermore, many people are confused about how to eat well. The traditional view is to eat less food by limiting daily calorie intake. ¹⁰ What's more, some diets recommend not counting calories as it is often not successful. ¹¹ In contrast focusing on

diet, exercise is a key factor to maintaining a strong and healthy body. ¹² Consequently the range of opinions, it's important for people to decide what works for them rather than following the next diet or fitness trend. ¹³ As a result, it might be beneficial to engage the help of a dietician or fitness instructor to help you work out a personal approach.

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GRAMMAR: Conjunctions and Linking adverbials

Rewrite the sentences below. Choose the correct word given in brackets and then decide if you need to write one or two sentences.

14 The book sounded interesting from the description. It was very poorly written. (since / while)

15 Hannah is really knowledgeable about finance. People often ask her for investment advice. (yet / so)

16 I chose the least expensive pair of shoes. They coordinate better with my clothes than the others. (besides / consequently)

17 Tim has rehearsed a lot for the concert on Friday. He is still worried that he'll make some mistakes. (given / even so)

18 The weather forecast was for rain. We set off on our mountain hike. (despite this / provided that)

19 Maria was excellent at German. She couldn't understand the finer details of the newspaper article. (yet / alternatively)

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