

4D

how much / how many, much / many / a lot of, a few / a little

1 Complete the dialogue with the words below.

a few a little a lot how many how much many much much

Ava I don't feel very well.

Dad I don't think you eat and drink ¹_____ healthy food.

Ava I try to eat healthy food.

Dad ²_____ cakes do you eat every day?

Ava I only eat ³_____.

Dad Well, there's ⁴_____ of sugar in cakes. ⁵_____ coffee do you drink?

Ava Only ⁶_____. I usually drink about six cups a day.

Dad Six! That's four cups too ⁷_____. It's bad for you. And you don't eat ⁸_____ fresh fruit.

Ava I prefer crisps!

Dad Well, I think it's time to change your diet.

2 How much of these things do you eat and drink every day? Tick the correct boxes for you.

	none		a little / a few		some		a lot	
	you	your partner	you	your partner	you	your partner	you	your partner
fruit								
vegetables								
meat								
fish								
cake								
chocolate								
crisps								
fizzy drinks								
coffee								
water								

3 **SPEAKING** Work in pairs. Ask and answer questions about how much or how many of the things your partner eats and drinks and tick the correct boxes. Has your partner got a healthy diet?

How much fruit do you eat?

A little.

How many vegetables do you eat?

A lot.

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Aims: To review and practise *how much / how many, much / many / a lot of, a few / a little*.

Time: 10–15 minutes

Materials: 1 handout for each student

Exercise 1

- Give each student a handout and ask them to read through the dialogue quickly on their own. Ask: *How many cups of coffee does Ava drink every day?* (six)
- Students complete the dialogue with the words in the list. Remind them to think about whether the words are countable or uncountable. Set a time limit of two minutes.
- Check answers by going round the class and asking students to read sentences from the dialogue.

KEY

- 1 much
- 2 How many
- 3 a few
- 4 a lot
- 5 How much
- 6 a little
- 7 many
- 8 much

Exercise 2

- Students look at the table and tick the correct boxes according to how much they eat and drink.
- Check they understand the meaning of *fizzy drinks*.

Exercise 3

- Students work in pairs to ask and answer questions with their partner.
- With a **weaker class**, you might want to elicit and drill the questions that they need to ask.
- Set a time limit of three to five minutes.
- Check answers with the class and try and find out which student has the healthiest diet.