

# 7 VOCABULARY EXTRA

## Emotions and feelings

### 1 Write the words under the correct pictures.

astonished guilty lonely proud  
relieved scared tense unsure



1 proud



2



3



4



5



6



7



8

### 2 Complete the sentences with the adjectives in Exercise 1.

- Zehra never watches horror films because they make her scared.
- I'd feel very \_\_\_\_\_ if I didn't have any friends.
- They had to make an important decision, but they were \_\_\_\_\_ what to do.
- A Did you feel \_\_\_\_\_ when you won the school tennis tournament?  
B Yes, I think it was a great achievement!
- The police were \_\_\_\_\_ to find that the criminal was an 82-year-old woman. They couldn't believe it at first.
- I felt really \_\_\_\_\_ when I told Bethany your secret. I thought she already knew!
- If you feel \_\_\_\_\_, breathe deeply and you'll feel more relaxed.
- Rachel was so \_\_\_\_\_ when she got the last two tickets for the concert. She thought she was too late!

### 3 Complete the email with adjectives in Exercise 1.

TO: Azra@mailpoint.com FROM: chloe@netbox.co.uk

Hi Azra,

How are things? I feel a bit <sup>1</sup> guilty that it's taken me so long to reply to your email. I don't feel very <sup>2</sup> \_\_\_\_\_ of myself! Sorry!

For me, things aren't easy at the moment. I have to decide soon if I want to apply to university, and I feel really <sup>3</sup> \_\_\_\_\_ about what to do. I know my parents will be <sup>4</sup> \_\_\_\_\_ if I decide to apply in the end, because they're convinced it's the right thing to do. Things are rather <sup>5</sup> \_\_\_\_\_ at home because they can't understand why I haven't decided yet. The problem is, I'm <sup>6</sup> \_\_\_\_\_ that I'll make the wrong decision.

What do you think I should do?

All the best,  
Chloe