

Name _____ Class _____ Date _____

FOOD IN JAPAN

Before you watch

1 Complete the sentences with the words in the box.

courses grilled splash thankful

- Our school lunch has three _____.
- I was _____ that the exam wasn't as difficult as I expected.
- _____ meat is healthier than fried meat.
- Dan dropped his cup and left a _____ of coffee on the floor.

2 Are the sentences *T* (true) or *F* (false)?



- Most Japanese food is raw. ____
- Japanese food changes according to the seasons of the year. ____
- Rice is not the main component of Japanese meals nowadays. ____
- The dishes in which Japanese restaurants serve food are very important. ____
- The Japanese diet is slowly changing in favour of fast food. ____

While you watch

3 Watch the video and find out if your answers to Exercise 2 were right. Correct the false sentences.

4 Watch the video up to 01:49. Match the beginnings (1–5) with the endings (a–e) to make sentences.

- | | |
|--|--------------------------|
| 1 Many of Japan's food habits | <input type="checkbox"/> |
| 2 The ingredients the Japanese prepare | <input type="checkbox"/> |
| 3 Japan is famous for the way | <input type="checkbox"/> |
| 4 Some Japanese sweets | <input type="checkbox"/> |
| 5 Japanese people often eat meat or vegetables | <input type="checkbox"/> |
- a with a small amount of sauce.
b its food is presented.
c represent the many seasons of the year.
d are hundreds of years old.
e look like little animals.

5 Watch the video from 01:49 to the end. Complete the sentences with the correct words.

- The dishes for Japanese food have many different p_____, shapes and c_____.
- Sometimes in a restaurant people ask the w_____ about the bowls or plates.
- Another Japanese tradition is to be t_____ for your food before you eat.
- The Japanese have always been famous for their h_____ l_____.
- These days the Japanese eat more fried food and s_____.

After you watch

6 Discuss the questions below with a partner. Do you agree?

- Have you ever eaten Japanese food? If you have, did you like it? If not, would you like to try it?
- What do you think is the best thing about Japanese food?
- Do you think one day the Japanese will eat the same food as countries in the western world? Is that a good or a bad thing in your opinion? Why?