

Name \_\_\_\_\_ Class \_\_\_\_\_ Date \_\_\_\_\_

## FOOD IN JAPAN

## Before you watch

## 1 Complete the sentences with the words in the box.

courses   grilled   splash   thankful

- Our school lunch has three courses.
- I was thankful that the exam wasn't as difficult as I expected.
- Grilled meat is healthier than fried meat.
- Dan dropped his cup and left a splash of coffee on the floor.

## 2 Are the sentences T (true) or F (false)?



- Most Japanese food is raw. F
- Japanese food changes according to the seasons of the year. T
- Rice is not the main component of Japanese meals nowadays. F
- The dishes in which Japanese restaurants serve food are very important. T
- The Japanese diet is slowly changing in favour of fast food. T

## While you watch

## 3 Watch the video and find out if your answers to Exercise 2 were right. Correct the false sentences.

1 There is so much more to Japanese food than raw fish.

3 Rice still forms the main part of most Japanese meals.

## 4 Watch the video up to 01:49. Match the beginnings (1–5) with the endings (a–e) to make sentences.

- Many of Japan's food habits
  - The ingredients the Japanese prepare
  - Japan is famous for the way
  - Some Japanese sweets
  - Japanese people often eat meat or vegetables
- with a small amount of sauce.
  - its food is presented.
  - represent the many seasons of the year.
  - are hundreds of years old.
  - look like little animals.

d

c

b

e

a

## 5 Watch the video from 01:49 to the end. Complete the sentences with the correct words.

- The dishes for Japanese food have many different patterns, shapes and colours.
- Sometimes in a restaurant people ask the waiter about the bowls or plates.
- Another Japanese tradition is to be thankful for your food before you eat.
- The Japanese have always been famous for their healthy lifestyle.
- These days the Japanese eat more fried food and sugar.

## After you watch

## 6 Discuss the questions below with a partner. Do you agree?

- Have you ever eaten Japanese food? If you have, did you like it? If not, would you like to try it?
- What do you think is the best thing about Japanese food?
- Do you think one day the Japanese will eat the same food as countries in the western world? Is that a good or a bad thing in your opinion? Why?

Students' own answers