

Name _____ Class _____ Date _____

WHAT WE WEAR AND WHY

Before you watch

1 Match the photos with the words in the box.

baggy checked vast wear out



1 checked



2 wear out



3 baggy



4 vast

2 What are the best clothes to wear if you have an outdoor lifestyle? How would it be different if you ...

- 1 rode a horse all day in cold weather?
- 2 lived in a hot, dry and windy place?

Students' own answers

While you watch

3 Watch the video. What do the Mongolians and Masai wear? Find out if your answers to Exercise 2 were right.

Mongolians: A (long baggy) coat (called a deel) and a belt.

Masai: A (cotton) blanket (called a shuka).

4 Watch the video up to 01:53 and answer the questions.

- 1 What three reasons does the video give about why people wear clothes?

To protect our bodies from the weather; to show we have money or power; to show which country, class or group we belong to.

- 2 What can we learn a lot about from people's clothes? **Their culture.**

- 3 Why is the deel so suitable for the Mongolian lifestyle?

It's loose and baggy, with long sleeves, so easy to wear on a horse.

- 4 What does the belt Mongolians wear help to do?

Protect the body.

- 5 What do Mongolians wear to special occasions?

Colourful deels which show which group or tribe they are from.

5 Watch the video from 01:53 to the end and complete the table about the Masai.

Countries	Kenya, Tanzania
Clothing type and name	blanket, shuka
Material	cotton
Patterns	striped, checked
Colour	mainly red
Significance of jewellery	shows age and social position

After you watch

6 Discuss the questions below with a partner. Do you agree?

- 1 If clothes tell us a lot about people and culture, what do your clothes say about you?
- 2 Do different colours have different meanings in our culture? What are they?
- 3 What fashion styles do young people you know wear? What does their style say about their musical taste or lifestyle?

Students' own answers