

Name \_\_\_\_\_ Class \_\_\_\_\_ Date \_\_\_\_\_

### 1 Correct the underlined mistakes in the sentences.

- I haven't got too much money to join a gym, so I will go jogging. \_\_\_\_\_
- I can see there are a little people in the gym today, it's quite quiet. \_\_\_\_\_
- I'm looking for a new gym because there isn't too equipment in this one. \_\_\_\_\_
- It isn't enough hot to go to the beach and I don't like cold water. \_\_\_\_\_
- This cereal is unhealthy as there are too much calories in it. \_\_\_\_\_
- I only want a few ice cream, please – I'm on a diet. \_\_\_\_\_

### 2 Look at Eva's fitness diary. Write sentences about her using *too many*, *too much*, or *(not) enough*.

	Recommended	Eva
1 calories	2,000	2,800
2 fibre	30 g	30 g
3 fat	70 g	100 g
4 running	1 hour	2 hours
5 water	2 litres	1 litre
6 sleep	7–9 hours	7 hours

- She eats \_\_\_\_\_
- She eats \_\_\_\_\_
- She eats \_\_\_\_\_
- She does \_\_\_\_\_
- She doesn't \_\_\_\_\_
- She sleeps \_\_\_\_\_

### 3 Look at the fitness diary in Exercise 2 and write six sentences about your own routine.

- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

### 4 Rewrite the sentences using the words in brackets.

- The best thing to do is to work out with someone who has experience and can advise you. (ought to)  
\_\_\_\_\_
- Everyone needs to have some fat in their diet, it's an essential food group. (ought to)  
\_\_\_\_\_
- It's better to see the doctor and stay off school if you have a bad fever. (should)  
\_\_\_\_\_
- I don't recommend going on a diet when you are studying for exams as your brain needs enough calories. (shouldn't)  
\_\_\_\_\_

### 5 Complete the text with the words in the box.



a few   a little   enough   many   much  
should   shouldn't   too

Every July, there is a very popular marathon race in my town. People of all ages and fitness levels enter it! At the beginning of the race, there are too <sup>1</sup>\_\_\_\_\_ people running together and there isn't <sup>2</sup>\_\_\_\_\_ space in the streets, but every kilometre <sup>3</sup>\_\_\_\_\_ runners leave the race. Some say it's <sup>4</sup>\_\_\_\_\_ hot and others say there is too <sup>5</sup>\_\_\_\_\_ competition to win! But it's just for fun so they <sup>6</sup>\_\_\_\_\_ think of it in that way. My family always say I <sup>7</sup>\_\_\_\_\_ enter it, but I'm too lazy and I've only got <sup>8</sup>\_\_\_\_\_ energy, so I prefer to use it watching and cheering the winners!