

Name _____ Class _____ Date _____

1 Match the sentences (1–6) with the sentences (a–f).

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|---|----------|
| 1 I haven't got enough money to join a gym. | b |
| 2 There are too many calories in this cereal. | f |
| 3 There is too much equipment in this gym. | a |
| 4 There are a few people jogging today. | d |
| 5 It isn't hot enough to go to the beach. | c |
| 6 I only want a little ice cream, please. | e |
- a We need more space to work out.
b It's too expensive for me.
c It's too cold.
d I can see some in the park.
e Give me a small amount.
f It is not a healthy food.

2 Put the words in the correct order to make sentences.

- 1 a little / to lose / weight / I need / .
I need to lose a little weight.
- 2 hasn't got / equipment / This gym / enough / .
This gym hasn't got enough equipment.
- 3 A few / train / of my classmates / every day / .
A few of my classmates train every day.
- 4 much / They've got / homework / too / .
They've got too much homework.
- 5 a pizza/ hungry / to eat / I'm not / enough / .
I'm not hungry enough to eat a pizza.
- 6 We've / too / sweets / many / eaten / .
We've eaten too many sweets.

3 Complete the sentences with *too*, *enough*, *a few* or *a little*.

- 1 If you eat too much fat, you may put on weight.
2 I've got a little time so we can go jogging.
3 I've eaten enough. Please don't give me any more.
4 A few people in my class have got a cough and are absent from school.
5 I'm bored with salads: I've eaten them too many times this week!
6 I can't go jogging with you: you're not fast enough.

4 Circle the correct options.

- 1 If you have a fever, you ... rest and drink water.
a shouldn't **b** should c ought
- 2 ... we work out before or after eating a big meal?
a Ought b Shouldn't **c** Should
- 3 If you cough, you ... to cover your mouth with your forearm.
a ought b should c shouldn't
- 4 You definitely ... work out if you have a fever.
a ought b should **c** shouldn't
- 5 What do you think we ... to eat after training?
a shouldn't b should **c** ought

5 Complete the sentences with *should*, *shouldn't* or *ought* and the correct verb.



- 1 It's not a good idea to train without eating anything at all.
You shouldn't train without eating anything at all.
- 2 The best thing to do is to work out with someone who has experience.
You should work out with someone who has experience.
- 3 Is it a good idea for me to use the gym equipment alone?
Should I use the gym equipment alone?
- 4 Everyone needs to have some fat in their diet.
Everyone ought to have some fat in their diet.
- 5 I don't recommend going on a diet when you are studying for exams.
You shouldn't go on a diet when you are studying for exams.