

Name _____ Class _____ Date _____

1 Complete the verbs in the quiz.

Name the sport

In which sport do you ...

- 1 h_t the ball with your hands? **hit**
- 2 thr_w a javelin or discus? **throw**
- 3 d_v_ into a pool? **dive**
- 4 move to music, jump over things and l_ft other people in the air? **lift**
- 5 b__nc_ the ball with your hands? **bounce**
- 6 k_ck the ball and also pass it with your hands? **kick**

2 Answer the questions in Exercise 1 with the sports in the box. There are two extra sports that you don't need to use.

athletics basketball gymnastics rugby
swimming volleyball windsurfing yoga

- 1 **volleyball**
- 2 **athletics**
- 3 **swimming**
- 4 **gymnastics**
- 5 **basketball**
- 6 **rugby**

3 Complete the conversation with *do*, *go* or *play* and the correct sport.

- JEN How often do you ¹ **do** **yoga**?
- KIM Every day. It's very relaxing.
- JEN And do you do any other sports?
- KIM I try to run 20 km a week.
- JEN That's amazing! I sometimes ² **go** **running** in the park, but I don't run very far.
- KIM I'm learning to climb, too. It's difficult, but it's fun. I'd like to ³ **go** **mountain climbing** one day. Do you do any sports?
- JEN I ⁴ **play** **hockey** in PE lessons, but I'm not very good at it. I never score any goals.
- KIM And what about outside of school?
- JEN I ⁵ **play** **table tennis** at home. We've got a table in the garage. And I sometimes ⁶ **go** **sailing** in the summer. My uncle's got a boat.
- KIM Wow! Lucky you!

LEARN TO LEARN

4 What do people do in these sports? Think of three verbs for each sport. You can use the same verb for more than one sport.

athletics: **run, jump, throw**gymnastics: **lift, jump, run, throw**basketball: **pass, score, bounce, jump**rugby: **kick, throw, pass, score, run**

5 Complete the text with suitable sports and sports verbs.

I'm Jaime and I'm from Alicante in Spain. Alicante is on the coast, so beach sports are really popular here. For example, you can play ¹**volleyball** on the beach. People also go sailing and ²**windsurfing** and do ³**yoga** early in the morning. But my favourite beach sport is Ultimate Frisbee, or 'Ultimate'.

There are usually five to seven players in an Ultimate team. To ⁴**score** a goal, you need to pass the disc to the player in the 'end zone'. You can't run with the disc in your hands, but you can ⁵**throw** it to other players in your team. To catch the disc, you need to run fast and ⁶**jump** high in the air. It isn't easy but I love playing Ultimate. It's a lot of fun to watch, too.

6 Describe a sport that you play or watch. How many people are there on a team? How do players score? What can (and can't) the players do? Why do you enjoy playing or watching it?

I love watching basketball. In basketball, there are usually five players on a team. To score, players need to throw the ball into the basket. Players can bounce the ball but they can't run with the ball in their hands. I enjoy watching it because it's fast and exciting.