**LANGUAGE IN ACTION**

**1 Circle the correct option.**

1 Chloe’s got *a / some* fruit for you.

2 They live in the *oldest / most old* house in our street.

3 There isn’t *many / much* chocolate in the shop.

4 Marcus *doesn’t* *wear / isn’t wearing* a jacket today.

5 Have you got *a / an* minute? We need to talk.

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**2 Circle the correct option.**

1 … any juice in the fridge?

a  Is there b  There is

2 They like basketball … than rugby.

a  much b  more

3 Is this film … than the last one?

a  better b  good

4 The final test is … than this one.

a  more difficult b  most difficult

5 They usually … football with me.

a  is playing b  play

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**3 Put the words in order to make sentences.**

1 yours / interesting / more / My book / than / is

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.

2 for / dinner / are / having / you / What

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_?

3 day / is / Which / best / the / of / week / the

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_?

4 you / every day / vegetables / do / many / How / eat

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_?

5 waiting / are / you / Who / for

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_?

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**4 Correct the underlined mistakes in the sentences.**

1 We need any bread for sandwiches.

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

2 That is the more dangerous sport.

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

3 We is not studying French now.

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

4 When is you doing your homework?

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

5 This song is badder than the others.

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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**5 Circle the correct option.**

**GAIL** Come on, it is 1*get / getting* late we need to have something to eat.

**SAM** Sorry, I 2*am doing / do* my homework at the moment.

**GAIL** Can’t you help for a few minutes?

**SAM** Right, OK then. Is there 3*any / some* pasta in the cupboard?

**GAIL** Pasta? Let me see. Why pasta?

**SAM** It’s the 4*quicker / quickest* thing to make. I want to watch my favourite programme after I finish my homework. I don’t have 5*much/ many* time!

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**6 Complete the text with the correct option.**

1 \_\_\_\_ friends of my mum and dad’s 2 \_\_\_\_ us now. 3 \_\_\_\_ two children – Sandy and Beth. They 4 \_\_\_\_ us all about their holiday in Corsica. You can swim in the sea there. They say it is the 5 \_\_\_\_ place ever! We want to go there for a holiday in the future too!

1 a  Any b  Some

2 a  visit b  are visiting

3 a  There are b  They are

4 a  tell b  are telling

5 a  best b  better

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**VOCABULARY**

**7 Complete the words.**

1 I don’t eat **m**\_\_\_\_\_**t** because I’m a vegetarian.

2 She’s really good at **a**\_\_\_\_\_**s**. She can run very fast and jump very high.

3 In **r**\_\_\_\_\_**y**, you pass the ball with your hands.

4 When I go running I always wear my **t**\_\_\_\_\_**s**.

5 Gabi’s wearing his favourite **h**\_\_\_\_\_**e**.

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**8 Complete the sentences with words from the box. There are two extra words that you don’t need.**

belt delicious disgusting gymnastics

necklace sailing swimming

1 He’s wearing a \_\_\_\_\_\_\_\_\_\_ because his trousers are too big!

2 This meat is \_\_\_\_\_\_\_\_\_\_ – it tastes so good!

3 This fish smells \_\_\_\_\_\_\_\_\_\_. I don’t want to eat it.

4 Kirsten does \_\_\_\_\_\_\_\_\_\_. She can jump very high.

5 We go \_\_\_\_\_\_\_\_\_\_ with our friends. They’ve got a small boat.

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**9 Circle the correct option.**

1 You’ve got to … the ball to other players in your team.

a  pass b  score c  jump

2 Is this meat …? It smells disgusting!

a  delicious b  fresh c  hot

3 When I throw the ball to you, try to … it.

a  bounce b  catch c  lift

4 I don’t have any money in my … .

a  wallet b  watch c  ring

5 In the summer the children all wear T-shirts and … .

a  a scarf b  a jacket c  shorts

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**LISTENING**

**10 Listen to part of a cooking competition. Complete the sentences with one word.**

1 There are \_\_\_\_\_\_\_\_ finalists in the competition.

2 Angela’s strawberry cheesecake hasn’t got much fat and \_\_\_\_\_\_\_\_.

3 Angela puts her cheesecake in the fridge for a few \_\_\_\_\_\_\_\_.

4 For the main course, she is making a fish and vegetable curry with \_\_\_\_\_\_\_\_.

5 The fish doesn’t take much \_\_\_\_\_\_\_\_ to cook.

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**11 Listen again. Circle the correct option.**

1 There is natural … in the strawberries.

a  sugar b  fat c  healthy

2 Angela says that cheesecake is … when it’s really cold.

a  healthier b  sweeter c  better

3 Angela has got some … vegetables for her curry.

a  fish b  fresh c  fridge

4 At the moment, the … is in the fridge.

a  rice b  garlic c  fish

5 Now she needs to … some garlic and onions.

a  chop b  boil c  cook

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**READING**

**12 Read the text.**

**Faster, stronger!**

**In today’s blog two young athletes  
tell us their secrets for how to be  
more successful.**

Leo, swimmer

There are a lot of ways to get  
better at swimming. It is very  
important to practise a lot. I swim six kilometres every morning. You need to do weightlifting, too. I usually go to the gym twice a week. Your diet is also really important. I eat a lot of healthy food. Most people usually need 2,500 calories a day, but I eat 5,000 calories a day when I’m training. I eat a lot of chicken, eggs, vegetables and fruit

Giulia, rock climber

I train for three or four hours  
 a day on the climbing wall. Sometimes, I train for longer. When I’m climbing, I need to wear comfortable clothes. And I only wear rock-climbing shoes for climbing. Many people wear gloves, but I don’t because it’s easier to feel the rocks with your fingers. When it’s hot, I wear leggings and T-shirts. At the moment, I’m designing my own climbing clothes.

**Circle the correct answer.**

1 Leo says that there are … ways to improve in his sport.

A many B not many C too many

2 To get fitter Leo uses … .

A the pool B the gym

C the gym and the pool

3 Leo eats … calories than most people.

A less B more C 5,000

4 Giulia … trains for more than four hours a day.

A always B never C sometimes

5 Giulia thinks it’s … to climb with gloves.

A easier B more difficult C impossible

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**13 Read the text again. Complete each sentence with two words from the text.**

1 Leo eats a lot of \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.

2 When he’s training, Leo eats \_\_\_\_\_\_\_\_\_\_\_\_\_\_ a day.

3 Giulia trains on the \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.

4 She wears \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ and in hot weather.

5 She’s designing her own \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.

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**14 Match the words (1–5) with their definitions  
(a–e).**

1 diet \_\_\_\_\_\_\_

2 gym \_\_\_\_\_\_\_

3 leggings \_\_\_\_\_\_\_

4 rock \_\_\_\_\_\_\_

5 weights \_\_\_\_\_\_\_

a a hard natural substance

b trousers you can wear to do sport

c heavy objects to lift for exercise

d what a person eats

e a place where you can do exercise

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**WRITING**

**15 Complete the sentences with a word in the box. There are two extra words.**

also and but in on or too

1 Jamie Oliver is a TV chef \_\_\_\_\_\_\_ restaurant owner.

2 He \_\_\_\_\_\_\_\_\_ writes lots of books about food.

3 \_\_\_\_\_\_\_\_\_ his books he usually writes about healthy eating.

4 He has a big family, \_\_\_\_\_\_\_\_\_.

5 He is good at making food which tastes great \_\_\_\_\_\_\_\_\_ doesn’t cost too much money.

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**16 Write about someone you know who is good at cooking.**

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| **TOTAL SCORE** |  | 100 |