**LANGUAGE IN ACTION**

**1 Use the words to write sentences and questions. Use the correct form of the verb and add any other necessary words.**

1 This video game / be / more / amazing / that one.

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

2 What / you / have / dinner tonight?

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

3 Which / best day / the week?

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

4 How / vegetables / eat / each day?

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

5 What / you / wait / for?

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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**2 Complete the dialogue with the correct word or form of the verb.**

**ROBIN** Come on, it 1 \_\_\_\_\_\_\_\_\_\_\_\_\_ (get) late, we need to have something to eat.

**STEVE** Sorry, I 2 \_\_\_\_\_\_\_\_\_\_\_\_\_ (do) my homework at the moment.

**ROBIN** Can’t you help for a few minutes?

**STEVE** Right, OK then. Is there 3 \_\_\_\_\_\_\_\_\_\_\_\_\_ pasta in the cupboard?

**ROBIN** Pasta? Let me see. Why pasta?

**STEVE** It’s the 4 \_\_\_\_\_\_\_\_\_\_\_\_\_ (quick) thing to make. I want to watch my favourite programme after I finish my homework. I don’t have  
5 \_\_\_\_\_\_\_\_\_\_\_\_\_ time!

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**3 Find and correct the mistakes.**

1 We need any money for shopping.

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

2 That is the more dangerous sport to play.

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

3 We not wear school uniforms today.

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

4 What are you do tomorrow?

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

5 This film is bad than the last one.

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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**4 Circle the correct option.**

1 \_\_\_\_\_\_\_ friends of my mum and dad’s 2 \_\_\_\_\_\_\_ us to talk about their holiday in Sardinia. 3 \_\_\_\_\_\_\_ two children – Max and Anna. They 4 \_\_\_\_\_\_\_ us all about the fun stuff you can do there. They say Sardinia is the 5 \_\_\_\_\_\_\_ place ever!

1 a  Any b  Some c  Much

2 a  are visits b  visits c  are visiting

3 a  Is there b  There are c  There’s

4 a  tell b  is telling c  are telling

5 a  best b  better c  good

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**5 Complete the text with words and verbs in the box. There are three extra words.**

any aren’t many better haven’t got many

haven’t got much ’m playing some

the best

There 1 \_\_\_\_\_\_\_\_\_\_ types of sport that I don’t like.  
2 \_\_\_\_\_\_\_\_\_\_ people I know don’t like playing ball games or going swimming, but I love both! We  
3 \_\_\_\_\_\_\_\_\_\_ space in our garden, but my brother and I play a lot there. We’ve got some football goals, and we have a basketball ring, too. I  
4 \_\_\_\_\_\_\_\_\_\_ football with a couple of friends right now. Jordi is 5 \_\_\_\_\_\_\_\_\_ player. He always scores!

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**VOCABULARY**

**6 Complete the words.**

1 Fizzy drinks have a lot of sugar. They’re **u**\_\_\_\_\_\_\_.

2 I don’t eat **m**\_\_\_\_ because I’m a vegetarian.

3 She’s really good at **a**\_\_\_\_\_\_\_. She can run very fast and jump very high.

4 In **r**\_\_\_\_\_\_, you pass the ball with your hands.

5 When I go running I always wear my **t**\_\_\_\_\_\_\_.

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**7 Complete the text with the words in the box. There are three extra words that you don’t need**

belt bracelet climbing delicious

disgusting sailing sweeter swimming

Sometimes I go 1 \_\_\_\_\_\_\_\_\_ with my mum and dad – we’ve got a small boat. I also go  
2 \_\_\_\_\_\_\_\_\_ in the sea. I like to dive off the boat. We often find a quiet beach and have a barbecue. Dad likes cooking fish. I don’t like fish. I think it smells 3 \_\_\_\_\_\_\_\_\_\_! Mum makes very good salads with lots of fresh vegetables. They’re  
4 \_\_\_\_\_\_\_\_\_\_! Dad says he’s losing weight from eating salads. He says he needs a 5 \_\_\_\_\_\_\_\_\_\_ to keep his trousers up!

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**8 Circle the correct option.**

In the summer time, my friends and I like playing futsal. It’s a great game. You’ve got to be fast and 1 \_\_\_\_\_ the ball to other players in your team. Because the ball is heavier than a normal football it doesn’t 2 \_\_\_\_\_. We run around for hours. It’s hot, but because we wear T-shirts and 3 \_\_\_\_\_ it’s OK. If I’ve got some money in my 4 \_\_\_\_\_ I buy some 5 \_\_\_\_\_ fruit juice to cool me down. It’s delicious.

1 a  pass b  score c  jump

2 a  bounce b  catch c  lift

3 a  scarves b  jackets c  shorts

4 a  wallet b  watch c  ring

5 a  disgusting b  fresh c  hot

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**LISTENING**

**9 Listen to part of a cooking competition. Complete each sentence with three words.**

1 The three \_\_\_\_\_\_\_\_\_\_\_\_ their own food for the judges.

2 Angela’s strawberry cheesecake hasn’t got much \_\_\_\_\_\_\_\_\_\_\_\_.

3 Angela puts her cheesecake in the fridge for \_\_\_\_\_\_\_\_\_\_\_\_.

4 For the main course, she is making a \_\_\_\_\_\_\_\_\_\_\_\_ curry with rice.

5 The fish doesn’t \_\_\_\_\_\_\_\_\_\_\_\_ to cook.

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**10 Listen again. Answer the questions.**

1 How many weeks does the competition last?

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

2 How does the presenter describe Angela’s strawberry cheesecake?

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

3 Why does Angela put her cheesecake in the fridge?

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

4 Where is the fish at the moment?

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

5 What does Angela need to chop?

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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**READING**

**11 Read the text.**

**Faster, stronger!**

**In today’s blog two young athletes  
tell us their secrets for how to be  
more successful.**

Leo, swimmer

There are a lot of ways to get  
better at swimming. It is very  
important to practise a lot. I swim six kilometres every morning. You need to do weightlifting, too. I usually go to the gym twice a week. Your diet is also really important. I eat a lot of healthy food. Most people usually need 2,500 calories a day, but I eat 5,000 calories a day when I’m training. I eat a lot of chicken, eggs, vegetables and fruit

Giulia, rock climber

I train for three or four hours  
 a day on the climbing wall. Sometimes, I train for longer. When I’m climbing, I need to wear comfortable clothes. And I only wear rock-climbing shoes for climbing. Many people wear gloves, but I don’t because it’s easier to feel the rocks with your fingers. When it’s hot, I wear leggings and T-shirts. At the moment, I’m designing my own climbing clothes.

**Read the sentences. Write *True*, *False* or *Doesn’t say*.**

1 Leo thinks there is only one way  
to become a better swimmer. \_\_\_\_\_\_\_\_

2 Leo eats 2,500 calories a day when  
he isn’t training. \_\_\_\_\_\_\_\_

3 Giulia doesn’t always train for  
three or four hours a day. \_\_\_\_\_\_\_\_

4 Giulia always wears special  
shoes for climbing. \_\_\_\_\_\_\_\_

5 Giulia never wears leggings in  
cold weather. \_\_\_\_\_\_\_\_

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**12 Read the text again. Answer the questions.**

1 What time of day does Leo swim?

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

2 What type of food does Leo eat?

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

3 Where does Giulia train?

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

4 Why doesn’t Giulia wear gloves for climbing?

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

5 What is Giulia doing at the moment?

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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**13 Find words in the text which match definitions 1–5.**

1 a hard natural substance \_\_\_\_\_\_\_\_\_

2 trousers you can wear to do sport \_\_\_\_\_\_\_\_\_

3 heavy objects to lift for exercise \_\_\_\_\_\_\_\_\_

4 the food that a person eats \_\_\_\_\_\_\_\_\_

5 a place with equipment to do exercise \_\_\_\_\_\_\_\_\_

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**WRITING**

**14 Complete the sentences with one word.**

1 Jamie Oliver is a TV chef \_\_\_\_\_\_\_\_ restaurant owner.

2 He \_\_\_\_\_\_\_\_ writes lots of books about food.

3 \_\_\_\_\_\_\_\_ his books he usually writes about healthy eating.

4 He has a big family with a lot of children, \_\_\_\_\_\_\_\_.

5 He is good at making food which tastes great, \_\_\_\_\_\_\_\_ doesn’t cost too much money.

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**15 Write about someone you know who is good at cooking.**

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| **TOTAL SCORE** |  | 100 |