**LANGUAGE IN ACTION**

**1 Complete the sentences with the correct word in brackets.**

1 Have you got any cousins? (any / some)

2 How \_\_\_\_\_ people are here? (many / much)

3 This is the \_\_\_\_\_ day of the year! (hotter / hottest)

4 I’m \_\_\_\_\_ at swimming than athletics. (bad / worse)

5 What is Marie \_\_\_\_\_? (wear / wearing)

6 The film is starting \_\_\_\_\_. (always / now)

|  |  |
| --- | --- |
|  | 5 |

**2 Circle the correct option.**

1 Anna’s got *any / some* fruit for lunch.

2 They live in the *biggest / most big* city in the world.

3 There aren’t *many / much* chocolates.

4 He *aren’t / isn’t* wearing his school uniform.

5 We are *study / studying* 80s fashion at the moment.

6 It’s the *easiest / most easy* game to play.

|  |  |
| --- | --- |
|  | 5 |

**3 Circle the correct option.**

1 … there any milk in the fridge?

a  Is b  Are

2 They like football more … tennis.

a  that b  than

3 Is the book … than the film?

a  better b  good

4 I’ve got … uncle in Croatia.

a  a b  an

5 Astrid usually … at the front.

a  is sitting b  sits

6 Is … any food?

a  it b  there

|  |  |
| --- | --- |
|  | 5 |

**4 Complete the sentences with a word or phrase in the box. You can use the same word or phrase more than once.**

a lot of many much

1 How many people do you know?

2 I’ve got \_\_\_\_\_\_\_ subjects to study today.

3 There aren’t \_\_\_\_\_\_\_ apples in the shop.

4 We haven’t got \_\_\_\_\_\_\_ time before school.

5 How \_\_\_\_\_\_\_ money have you got?

6 There are \_\_\_\_\_\_\_ eggs in the box.

|  |  |
| --- | --- |
|  | 5 |

**5 Put the words in order to make sentences.**

1 football. / more exciting / is / Basketball / than

Basketball is more exciting than football.

2 are / eating? / you / What /

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

3 shopping? / Ellie / Is

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

4 Diving / is / more dangerous / swimming. / than

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

5 much / you / meat / do / How / eat?

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

6 having / breakfast / at the moment? / you / Are

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

|  |  |
| --- | --- |
|  | 5 |

**6 Correct the underlined mistakes with the words in the box.**

a ~~are~~ is most some What

1 There is some good films at the cinema.

are

2 We need any milk. \_\_\_\_\_\_\_\_\_\_

3 That is the more interesting book in the library. \_\_\_\_\_\_\_\_\_\_.

4 He are wearing a nice shirt. \_\_\_\_\_\_\_\_\_\_

5 Where are you doing? \_\_\_\_\_\_\_\_\_\_

6 Have you got an mobile phone? \_\_\_\_\_\_\_\_\_\_

|  |  |
| --- | --- |
|  | 5 |

**VOCABULARY**

**7 Circle the correct option.**

1 Fizzy drinks have a lot of sugar. They’re *healthy* */ unhealthy*.

2 I don’t eat *rice / meat* because I’m a vegetarian.

3 She’s really good at *athletics / swimming*. She can run very fast and jump very high.

4 In *rugby / hockey*, you pass the ball with your hands.

5 When I go running I always wear my *flip flops / trainers*.

6 It’s very sunny! Wear a *cap / jacket* to protect your head.

|  |  |
| --- | --- |
|  | 5 |

**8 Complete the sentences with the words in the box.**

~~belt~~ bracelet delicious disgusting

rugby sailing

1 You need to wear a belt – your trousers are too big!

2 That pasta is \_\_\_\_\_\_\_ – it tastes so good!

3 This food smells \_\_\_\_\_\_\_. I don’t want to eat it.

4 Ethan loves \_\_\_\_\_\_\_. It’s his favourite ball sport.

5 We sometimes go \_\_\_\_\_\_\_ with friends. They’ve got a boat.

6 Do you like this \_\_\_\_\_\_\_? It’s made of gold.

|  |  |
| --- | --- |
|  | 5 |

**9 Circle the correct option.**

1 Try to *pass / score* the ball to other players in your team.

2 There’s too much fat in this food. That’s *healthy / unhealthy*.

3 Is this meat *fresh / hot*? It smells disgusting!

4 When I throw the ball to you, try to *catch / lift* it.

5 I don’t have any money in my *wallet / watch*.

6 In the summer the children all wear T-shirts and a *scarf / shorts*.

|  |  |
| --- | --- |
|  | 5 |

**LISTENING**

**10 Listen to part of a cooking competition. Answer *True* or *False*.**

1 There are four finalists. False

2 Angela is making a strawberry  
cheesecake. \_\_\_\_\_\_\_\_\_\_

3 The cheesecake hasn’t got much  
fat and sugar. \_\_\_\_\_\_\_\_\_\_

4 Angela puts her cheesecake in  
the fridge for a few minutes. \_\_\_\_\_\_\_\_\_\_

5 Angela is making a fish and  
vegetable curry with rice. \_\_\_\_\_\_\_\_\_\_

6 It takes a long time to cook  
the fish. \_\_\_\_\_\_\_\_\_\_

|  |  |
| --- | --- |
|  | 5 |

**11 Listen again. Circle the correct option.**

1 Angela is 13 / 14 years old.

2 There is natural *sugar / fat* in the strawberries.

3 Angela says that cheesecake tastes *worse / better* when it’s really cold.

4 Angela has got some *fresh / fish* vegetables for her curry.

5 At the moment, the fish is on the *table / in the fridge*.

6 Now she needs to chop some *garlic / carrots* and onions.

|  |  |
| --- | --- |
|  | 10 |

**READING**

**12 Read the text.**

**Faster, stronger!**

**In today’s blog two young athletes  
tell us their secrets for how to be  
more successful.**

Leo, swimmer

There are a lot of ways to get  
better at swimming. It is very  
important to practise a lot. I swim six kilometres every morning. You need to do weightlifting, too. I usually go to the gym twice a week. Your diet is also really important. I eat a lot of healthy food. Most people usually need 2,500 calories a day, but I eat 5,000 calories a day when I’m training. I eat a lot of chicken, eggs, vegetables and fruit

Giulia, rock climber

I train for three or four hours  
 a day on the climbing wall. Sometimes, I train for longer. When I’m climbing, I need to wear comfortable clothes. And I only wear rock-climbing shoes for climbing. Many people wear gloves, but I don’t because it’s easier to feel the rocks with your fingers. When it’s hot, I wear leggings and T-shirts. At the moment, I’m designing my own climbing clothes.

**Answer *True* or *False*.**

1 There are different ways to get better at swimming. True

2 Leo does weightlifting in the gym. \_\_\_\_\_

3 Most people eat more calories than Leo. \_\_\_\_\_

4 Giulia practises every day. \_\_\_\_\_

5 Clothes aren’t important for climbing. \_\_\_\_\_

6 Giulia always wears gloves for climbing. \_\_\_\_\_

|  |  |
| --- | --- |
|  | 10 |

**13 Read the text again. Circle the correct option.**

1 Leo swims *six / five* kilometres every day.

2 Leo eats 5,000 calories a day *when he’s training / all the time*.

3 Leo *eats / doesn’t eat* healthy food.

4 Giulia wears *normal / special* shoes for climbing.

5 When it’s hot, she wears *jeans / leggings*.

6 Giulia *is / isn’t* designing climbing clothes.

|  |  |
| --- | --- |
|  | 10 |

**14 Match the words with the photos.**

~~chicken~~ fingers gym rock leggings

weights

 

**1** chicken **2** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

 

**3** \_\_\_\_\_\_\_\_\_\_ **4** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

 

**5** \_\_\_\_\_\_\_\_\_\_\_\_\_ **6** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

|  |  |
| --- | --- |
|  | 5 |

**WRITING**

**15 Circle the correct option.**

1 Jamie Oliver is a TV chef *and / or* restaurant owner.

2 He *also / too* writes lots of books about food.

3 *In / On* his books he usually writes about healthy eating.

4 He says that food can be delicious *and / too* healthy.

5 He has a big family, *also / too*.

6 He is good at making food which tastes great *but / or* it doesn’t cost too much money.

|  |  |
| --- | --- |
|  | 5 |

**16 Write about someone who is good at cooking.**

|  |  |
| --- | --- |
|  | 10 |

|  |  |  |
| --- | --- | --- |
| **TOTAL SCORE** |  | 100 |