

Name _____ Class _____ Date _____

LANGUAGE IN ACTION

1 Circle the correct option.

- Chloe's got a / *some* fruit for you.
- They live in the *oldest* / *most old* house in our street.
- There isn't *many* / *much* chocolate in the shop.
- Marcus *doesn't wear* / *isn't wearing* a jacket today.
- Have you got *a* / *an* minute? We need to talk.

☐ 5

2 Circle the correct option.

- ... any juice in the fridge?
a Is there b There is
- They like basketball ... than rugby.
a much b more
- Is this film ... than the last one?
a better b good
- The final test is ... than this one.
a more difficult b most difficult
- They usually ... football with me.
a is playing b play

☐ 5

3 Put the words in order to make sentences.

- yours / interesting / more / My book / than / is
_____.
- for / dinner / are / having / you / What
_____?
- day / is / Which / best / the / of / week / the
_____?
- you / every day / vegetables / do / many / How / eat
_____?
- waiting / are / you / Who / for
_____?

☐ 5

4 Correct the underlined mistakes in the sentences.

- We need any bread for sandwiches.

- That is the more dangerous sport.

- We is not studying French now.

- When is you doing your homework?

- This song is badder than the others.

☐ 5

5 Circle the correct option.

GAIL Come on, it is ¹*get* / *getting* late we need to have something to eat.

SAM Sorry, I ²*am doing* / *do* my homework at the moment.

GAIL Can't you help for a few minutes?

SAM Right, OK then. Is there ³*any* / *some* pasta in the cupboard?

GAIL Pasta? Let me see. Why pasta?

SAM It's the ⁴*quicker* / *quickest* thing to make. I want to watch my favourite programme after I finish my homework. I don't have ⁵*much* / *many* time!

☐ 5

6 Complete the text with the correct option.

¹____ friends of my mum and dad's ²____ us now.
³____ two children – Sandy and Beth. They ⁴____ us all about their holiday in Corsica. You can swim in the sea there. They say it is the ⁵____ place ever! We want to go there for a holiday in the future too!

- a Any b Some
- a visit b are visiting
- a There are b They are
- a tell b are telling
- a best b better

☐ 5

VOCABULARY

7 Complete the words.

- 1 I don't **m__t** because I'm a vegetarian.
- 2 She's really good at **a____s**. She can run very fast and jump very high.
- 3 In **r____y**, you pass the ball with your hands.
- 4 When I go running I always wear my **t____s**.
- 5 Gabi's wearing his favourite **h____e**.

5

8 Complete the sentences with words from the box. There are two extra words that you don't need.

belt delicious disgusting gymnastics
necklace sailing swimming

- 1 He's wearing a _____ because his trousers are too big!
- 2 This meat is _____ – it tastes so good!
- 3 This fish smells _____. I don't want to eat it.
- 4 Kirsten does _____. She can jump very high.
- 5 We go _____ with our friends. They've got a small boat.

5

9 Circle the correct option.

- 1 You've got to ... the ball to other players in your team.
a pass b score c jump
- 2 Is this meat ...? It smells disgusting!
a delicious b fresh c hot
- 3 When I throw the ball to you, try to ... it.
a bounce b catch c lift
- 4 I don't have any money in my ...
a wallet b watch c ring
- 5 In the summer the children all wear T-shirts and ...
a a scarf b a jacket c shorts

5

LISTENING

10 Listen to part of a cooking competition. Complete the sentences with one word.

- 1 There are _____ finalists in the competition.
- 2 Angela's strawberry cheesecake hasn't got much fat and _____.
- 3 Angela puts her cheesecake in the fridge for a few _____.
- 4 For the main course, she is making a fish and vegetable curry with _____.
- 5 The fish doesn't take much _____ to cook.

5

11 Listen again. Circle the correct option.

- 1 There is natural ... in the strawberries.
a sugar b fat c healthy
- 2 Angela says that cheesecake is ... when it's really cold.
a healthier b sweeter c better
- 3 Angela has got some ... vegetables for her curry.
a fish b fresh c fridge
- 4 At the moment, the ... is in the fridge.
a rice b garlic c fish
- 5 Now she needs to ... some garlic and onions.
a chop b boil c cook

10


READING

12 Read the text.

Faster, stronger!


In today's blog two young athletes tell us their secrets for how to be more successful.

LEO, SWIMMER



There are a lot of ways to get better at swimming. It is very important to practise a lot. I swim six kilometres every morning. You need to do weightlifting, too. I usually go to the gym twice a week. Your diet is also really important. I eat a lot of healthy food. Most people usually need 2,500 calories a day, but I eat 5,000 calories a day when I'm training. I eat a lot of chicken, eggs, vegetables and fruit

GIULIA, ROCK CLIMBER



I train for three or four hours a day on the climbing wall. Sometimes, I train for longer. When I'm climbing, I need to wear comfortable clothes. And I only wear rock-climbing shoes for climbing. Many people wear gloves, but I don't because it's easier to feel the rocks with your fingers. When it's hot, I wear leggings and T-shirts. At the moment, I'm designing my own climbing clothes.

Circle the correct answer.

- Leo says that there are ... ways to improve in his sport.
A many B not many C too many
- To get fitter Leo uses ...
A the pool B the gym
C the gym and the pool
- Leo eats ... calories than most people.
A less B more C 5,000
- Giulia ... trains for more than four hours a day.
A always B never C sometimes
- Giulia thinks it's ... to climb with gloves.
A easier B more difficult C impossible

10

13 Read the text again. Complete each sentence with two words from the text.

- Leo eats a lot of _____.
- When he's training, Leo eats _____ a day.
- Giulia trains on the _____.
- She wears _____ and _____ in hot weather.
- She's designing her own _____.

10

14 Match the words (1-5) with their definitions (a-e).

- diet _____
 - gym _____
 - leggings _____
 - rock _____
 - weights _____
- a hard natural substance
 - trousers you can wear to do sport
 - heavy objects to lift for exercise
 - what a person eats
 - a place where you can do exercise

5

WRITING

15 Complete the sentences with a word in the box. There are two extra words.

also and but in on or too

- Jamie Oliver is a TV chef _____ restaurant owner.
- He _____ writes lots of books about food.
- _____ his books he usually writes about healthy eating.
- He has a big family, _____.
- He is good at making food which tastes great _____ doesn't cost too much money.

5

16 Write about someone you know who is good at cooking.

10

TOTAL SCORE

100