

Name _____ Class _____ Date _____

LANGUAGE IN ACTION

1 Use the words to write sentences and questions. Use the correct form of the verb and add any other necessary words.

1 This video game / be / more / amazing / that one.

2 What / you / have / dinner tonight?

3 Which / best day / the week?

4 How / vegetables / eat / each day?

5 What / you / wait / for?

☐ 5

2 Complete the dialogue with the correct word or form of the verb.

ROBIN Come on, it ¹_____ (get) late, we need to have something to eat.

STEVE Sorry, I ²_____ (do) my homework at the moment.

ROBIN Can't you help for a few minutes?

STEVE Right, OK then. Is there ³_____ pasta in the cupboard?

ROBIN Pasta? Let me see. Why pasta?

STEVE It's the ⁴_____ (quick) thing to make. I want to watch my favourite programme after I finish my homework. I don't have ⁵_____ time!

☐ 5

3 Find and correct the mistakes.

1 We need any money for shopping.

2 That is the more dangerous sport to play.

3 We not wear school uniforms today.

4 What are you do tomorrow?

5 This film is bad than the last one.

☐ 5

4 Circle the correct option.

¹_____ friends of my mum and dad's ²_____ us to talk about their holiday in Sardinia. ³_____ two children – Max and Anna. They ⁴_____ us all about the fun stuff you can do there. They say Sardinia is the ⁵_____ place ever!

- | | | |
|----------------|--------------|----------------|
| 1 a Any | b Some | c Much |
| 2 a are visits | b visits | c are visiting |
| 3 a Is there | b There are | c There's |
| 4 a tell | b is telling | c are telling |
| 5 a best | b better | c good |

☐ 5

5 Complete the text with words and verbs in the box. There are three extra words.

any aren't many better haven't got many
haven't got much 'm playing some
the best

There ¹_____ types of sport that I don't like. ²_____ people I know don't like playing ball games or going swimming, but I love both! We ³_____ space in our garden, but my brother and I play a lot there. We've got some football goals, and we have a basketball ring, too. I ⁴_____ football with a couple of friends right now. Jordi is ⁵_____ player. He always scores!

☐ 10

VOCABULARY

6 Complete the words.

- 1 Fizzy drinks have a lot of sugar. They're u_____.
- 2 I don't m_____ because I'm a vegetarian.
- 3 She's really good at a_____. She can run very fast and jump very high.
- 4 In r_____, you pass the ball with your hands.
- 5 When I go running I always wear my t_____.

☐ 5

7 Complete the text with the words in the box. There are three extra words that you don't need

belt bracelet climbing delicious
disgusting sailing sweater swimming

Sometimes I go ¹_____ with my mum and dad – we've got a small boat. I also go ²_____ in the sea. I like to dive off the boat. We often find a quiet beach and have a barbecue. Dad likes cooking fish. I don't like fish. I think it smells ³_____! Mum makes very good salads with lots of fresh vegetables. They're ⁴_____! Dad says he's losing weight from eating salads. He says he needs a ⁵_____ to keep his trousers up!

☐ 5

8 Circle the correct option.

In the summer time, my friends and I like playing futsal. It's a great game. You've got to be fast and ¹_____ the ball to other players in your team. Because the ball is heavier than a normal football it doesn't ²_____. We run around for hours. It's hot, but because we wear T-shirts and ³_____ it's OK. If I've got some money in my ⁴_____ I buy some ⁵_____ fruit juice to cool me down. It's delicious.

- | | | |
|----------------|-----------|----------|
| 1 a pass | b score | c jump |
| 2 a bounce | b catch | c lift |
| 3 a scarves | b jackets | c shorts |
| 4 a wallet | b watch | c ring |
| 5 a disgusting | b fresh | c hot |

☐ 5

LISTENING

9 Listen to part of a cooking competition. Complete each sentence with three words.

- 1 The three _____ their own food for the judges.
- 2 Angela's strawberry cheesecake hasn't got much _____.
- 3 Angela puts her cheesecake in the fridge for _____.
- 4 For the main course, she is making a _____ curry with rice.
- 5 The fish doesn't _____ to cook.

☐ 5

10 Listen again. Answer the questions.

- 1 How many weeks does the competition last?

- 2 How does the presenter describe Angela's strawberry cheesecake?

- 3 Why does Angela put her cheesecake in the fridge?

- 4 Where is the fish at the moment?

- 5 What does Angela need to chop?

☐ 10

READING

11 Read the text.

Faster, stronger!

In today's blog two young athletes tell us their secrets for how to be more successful.

LEO, SWIMMER

There are a lot of ways to get better at swimming. It is very important to practise a lot. I swim six kilometres every morning. You need to do weightlifting, too. I usually go to the gym twice a week. Your diet is also really important. I eat a lot of healthy food. Most people usually need 2,500 calories a day, but I eat 5,000 calories a day when I'm training. I eat a lot of chicken, eggs, vegetables and fruit

GIULIA, ROCK CLIMBER

I train for three or four hours a day on the climbing wall. Sometimes, I train for longer. When I'm climbing, I need to wear comfortable clothes. And I only wear rock-climbing shoes for climbing. Many people wear gloves, but I don't because it's easier to feel the rocks with your fingers. When it's hot, I wear leggings and T-shirts. At the moment, I'm designing my own climbing clothes.

Read the sentences. Write *true*, *false* or *doesn't say*.

- Leo thinks there is only one way to become a better swimmer. _____
- Leo eats 2,500 calories a day when he isn't training. _____
- Giulia doesn't always train for three or four hours a day. _____
- Giulia always wears special shoes for climbing. _____
- Giulia never wears leggings in cold weather. _____

10

12 Read the text again. Answer the questions.

- What time of day does Leo swim?

- What type of food does Leo eat?

- Where does Giulia train?

- Why doesn't Giulia wear gloves for climbing?

- What is Giulia doing at the moment?

10

13 Find words in the text which match definitions 1–5.

- a hard natural substance _____
- trousers you can wear to do sport _____
- heavy objects to lift for exercise _____
- the food that a person eats _____
- a place with equipment to do exercise _____

5

WRITING

14 Complete the sentences with one word.

- Jamie Oliver is a TV chef _____ restaurant owner.
- He _____ writes lots of books about food.
- _____ his books he usually writes about healthy eating.
- He has a big family with a lot of children, _____.
- He is good at making food which tastes great, _____ doesn't cost too much money.

5

15 Write about someone you know who is good at cooking.

10

TOTAL SCORE

100