

Name \_\_\_\_\_ Class \_\_\_\_\_ Date \_\_\_\_\_

### LANGUAGE IN ACTION

#### 1 Complete the sentences with the correct word in brackets.

- 1 Have you got any cousins? (any / some)
- 2 How \_\_\_\_\_ people are here? (many / much)
- 3 This is the \_\_\_\_\_ day of the year! (hotter / hottest)
- 4 I'm \_\_\_\_\_ at swimming than athletics. (bad / worse)
- 5 What is Marie \_\_\_\_\_? (wear / wearing)
- 6 The film is starting \_\_\_\_\_. (always / now)

☐ 5

#### 2 Circle the correct option.

- 1 Anna's got any / some fruit for lunch.
- 2 They live in the biggest / most big city in the world.
- 3 There aren't many / much chocolates.
- 4 He aren't / isn't wearing his school uniform.
- 5 We are study / studying 80s fashion at the moment.
- 6 It's the easiest / most easy game to play.

☐ 5

#### 3 Circle the correct option.

- 1 ... there any milk in the fridge?  
a is                      b Are
- 2 They like football more ... tennis.  
a that                      b than
- 3 Is the book ... than the film?  
a better                      b good
- 4 I've got ... uncle in Croatia.  
a a                              b an
- 5 Astrid usually ... at the front.  
a is sitting                      b sits
- 6 Is ... any food?  
a it                              b there

☐ 5

#### 4 Complete the sentences with a word or phrase in the box. You can use the same word or phrase more than once.

a lot of   many   much

- 1 How many people do you know?
- 2 I've got \_\_\_\_\_ subjects to study today.
- 3 There aren't \_\_\_\_\_ apples in the shop.
- 4 We haven't got \_\_\_\_\_ time before school.
- 5 How \_\_\_\_\_ money have you got?
- 6 There are \_\_\_\_\_ eggs in the box.

☐ 5

#### 5 Put the words in order to make sentences.

- 1 football. / more exciting / is / Basketball / than  
Basketball is more exciting than football.
- 2 are / eating? / you / What /  
\_\_\_\_\_
- 3 shopping? / Ellie / Is  
\_\_\_\_\_
- 4 Diving / is / more dangerous / swimming. / than  
\_\_\_\_\_
- 5 much / you / meat / do / How / eat?  
\_\_\_\_\_
- 6 having / breakfast / at the moment? / you / Are  
\_\_\_\_\_

☐ 5

#### 6 Correct the underlined mistakes with the words in the box.

a ~~are~~   is   most   some   What

- 1 There is some good films at the cinema.  
are
- 2 We need any milk. \_\_\_\_\_
- 3 That is the more interesting book in the library.  
\_\_\_\_\_
- 4 He are \_ wearing a nice shirt. \_\_\_\_\_
- 5 Where are you doing? \_\_\_\_\_
- 6 Have you got an mobile phone? \_\_\_\_\_

☐ 5

## VOCABULARY

### 7 Circle the correct option.

- 1 Fizzy drinks have a lot of sugar. They're *healthy* / *unhealthy*.
- 2 I don't eat *rice* / *meat* because I'm a vegetarian.
- 3 She's really good at *athletics* / *swimming*. She can run very fast and jump very high.
- 4 In *rugby* / *hockey*, you pass the ball with your hands.
- 5 When I go running I always wear my *flip flops* / *trainers*.
- 6 It's very sunny! Wear a *cap* / *jacket* to protect your head.

☐ 5

### 8 Complete the sentences with the words in the box.

belt bracelet delicious disgusting  
rugby sailing

- 1 You need to wear a belt – your trousers are too big!
- 2 That pasta is delicious – it tastes so good!
- 3 This food smells disgusting. I don't want to eat it.
- 4 Ethan loves sailing. It's his favourite ball sport.
- 5 We sometimes go rugby with friends. They've got a boat.
- 6 Do you like this bracelet? It's made of gold.

☐ 5

### 9 Circle the correct option.

- 1 Try to *pass* / *score* the ball to other players in your team.
- 2 There's too much fat in this food. That's *healthy* / *unhealthy*.
- 3 Is this meat *fresh* / *hot*? It smells disgusting!
- 4 When I throw the ball to you, try to *catch* / *lift* it.
- 5 I don't have any money in my *wallet* / *watch*.
- 6 In the summer the children all wear T-shirts and a *scarf* / *shorts*.

☐ 5

## LISTENING

### 10 Listen to part of a cooking competition. Answer true or false.

- 1 There are four finalists. false
- 2 Angela is making a strawberry cheesecake. \_\_\_\_\_
- 3 The cheesecake hasn't got much fat and sugar. \_\_\_\_\_
- 4 Angela puts her cheesecake in the fridge for a few minutes. \_\_\_\_\_
- 5 Angela is making a fish and vegetable curry with rice. \_\_\_\_\_
- 6 It takes a long time to cook the fish. \_\_\_\_\_

☐ 5

### 11 Listen again. Circle the correct option.

- 1 Angela is 13 / 14 years old.
- 2 There is natural *sugar* / *fat* in the strawberries.
- 3 Angela says that cheesecake tastes *worse* / *better* when it's really cold.
- 4 Angela has got some *fresh* / *fish* vegetables for her curry.
- 5 At the moment, the fish is *on the table* / *in the fridge*.
- 6 Now she needs to chop some *garlic* / *carrots* and onions.

☐ 10

## READING

### 12 Read the text.

# Faster, stronger!

In today's blog two young athletes tell us their secrets for how to be more successful.

#### LEO, SWIMMER

There are a lot of ways to get better at swimming. It is very important to practise a lot. I swim six kilometres every morning. You need to do weightlifting, too. I usually go to the gym twice a week. Your diet is also really important. I eat a lot of healthy food. Most people usually need 2,500 calories a day, but I eat 5,000 calories a day when I'm training. I eat a lot of chicken, eggs, vegetables and fruit



#### GIULIA, ROCK CLIMBER

I train for three or four hours a day on the climbing wall. Sometimes, I train for longer.

When I'm climbing, I need to wear comfortable clothes. And I only wear rock-climbing shoes for climbing. Many people wear gloves, but I don't because it's easier to feel the rocks with your fingers. When it's hot, I wear leggings and T-shirts. At the moment, I'm designing my own climbing clothes.



#### Answer True or False.

- There are different ways to get better at swimming. True
- Leo does weightlifting in the gym. \_\_\_\_\_
- Most people eat more calories than Leo. \_\_\_\_\_
- Giulia practises every day. \_\_\_\_\_
- Clothes aren't important for climbing. \_\_\_\_\_
- Giulia always wears gloves for climbing. \_\_\_\_\_

10

### 13 Read the text again. Circle the correct option.

- Leo swims six / five kilometres every day.
- Leo eats 5,000 calories a day *when he's training* / all the time.
- Leo *eats* / *doesn't eat* healthy food.

- Giulia wears *normal* / *special* shoes for climbing.
- When it's hot, she wears *jeans* / *leggings*.
- Giulia *is* / *isn't* designing climbing clothes.

10

### 14 Match the words with the photos.

chicken fingers gym rock leggings weights



1 chicken



2 \_\_\_\_\_



3 \_\_\_\_\_



4 \_\_\_\_\_



5 \_\_\_\_\_



6 \_\_\_\_\_

5

## WRITING

### 15 Circle the correct option.

- Jamie Oliver is a TV chef and / or restaurant owner.
- He *also* / *too* writes lots of books about food.
- In* / *On* his books he usually writes about healthy eating.
- He says that food can be delicious *and* / *too* healthy.
- He has a big family, *also* / *too*.
- He is good at making food which tastes great *but* / *or* it doesn't cost too much money.

5

### 16 Write about someone who is good at cooking.

10

## TOTAL SCORE

100