

Name _____ Class _____ Date _____

LANGUAGE IN ACTION

1 Circle the correct option.

- Chloe's got a / some fruit for you.
- They live in the oldest / most old house in our street.
- There isn't many / much chocolate in the shop.
- Marcus doesn't wear / isn't wearing a jacket today.
- Have you got a / an minute? We need to talk.

5

2 Circle the correct option.

- ... any juice in the fridge?
a is there b There is
- They like basketball ... than rugby.
a much b more
- Is this film ... than the last one?
a better b good
- The final test is ... than this one.
a more difficult b most difficult
- They usually ... football with me.
a is playing b play

5

3 Put the words in order to make sentences.

- yours / interesting / more / My book / than / is
My book is more interesting than yours.
- for / dinner / are / having / you / What
What are you having for dinner?
- day / is / Which / best / the / of / week / the
Which is the best day of the week?
- you / every day / vegetables / do / many / How / eat
How many vegetables do you eat every day?
- waiting / are / you / Who / for
Who are you waiting for?

5

4 Correct the underlined mistakes in the sentences.

- We need any bread for sandwiches.
We need some bread for sandwiches.
- That is the more dangerous sport.
That is the most dangerous sport.
- We is not studying French now.
We are not studying French now.
- When is you doing your homework?
When are you doing your homework?
- This song is badder than the others.
This song is worse than the others.

5

5 Circle the correct option.

GAIL Come on, it is ¹get / getting late we need to have something to eat.

SAM Sorry, I ²am doing / do my homework at the moment.

GAIL Can't you help for a few minutes?

SAM Right, OK then. Is there ³any / some pasta in the cupboard?

GAIL Pasta? Let me see. Why pasta?

SAM It's the ⁴quicker / quickest thing to make. I want to watch my favourite programme after I finish my homework. I don't have ⁵much / many time!

5

6 Complete the text with the correct option.

¹ ___ friends of my mum and dad's ² ___ us now.
³ ___ two children – Sandy and Beth. They ⁴ ___ us all about their holiday in Corsica. You can swim in the sea there. They say it is the ⁵ ___ place ever! We want to go there for a holiday in the future too!

- a Any b Some
- a visit b are visiting
- a There are b They are
- a tell b are telling
- a best b better

5

VOCABULARY

7 Complete the words.

- I don't **meat** because I'm a vegetarian.
- She's really good at **athletics**. She can run very fast and jump very high.
- In **rugby**, you pass the ball with your hands.
- When I go running I always wear my **trainers**.
- Gabi's wearing his favourite **hoodie**.

5

8 Complete the sentences with words from the box. There are two extra words that you don't need.

belt delicious disgusting gymnastics
necklace sailing swimming

- He's wearing a **belt** because his trousers are too big!
- This meat is **delicious** – it tastes so good!
- This fish smells **disgusting**. I don't want to eat it.
- Kirsten does **gymnastics**. She can jump very high.
- We go **sailing** with our friends. They've got a small boat.

5

9 Circle the correct option.

- You've got to ... the ball to other players in your team.
a **pass** b score c jump
- Is this meat ...? It smells disgusting!
a delicious b **fresh** c hot
- When I throw the ball to you, try to ... it.
a bounce b **catch** c lift
- I don't have any money in my ...
a **wallet** b watch c ring
- In the summer the children all wear T-shirts and ...
a a scarf b a jacket c **shorts**

5

LISTENING

10 Listen to part of a cooking competition. Complete the sentences with one word.

- There are **three** finalists in the competition.
- Angela's strawberry cheesecake hasn't got much fat and **sugar**.
- Angela puts her cheesecake in the fridge for a few **hours**.
- For the main course, she is making a fish and vegetable curry with **rice**.
- The fish doesn't take much **time** to cook.

5

11 Listen again. Circle the correct option.

- There is natural ... in the strawberries.
a **sugar** b fat c healthy
- Angela says that cheesecake is ... when it's really cold.
a healthier b sweeter c **better**
- Angela has got some ... vegetables for her curry.
a fish b **fresh** c fridge
- At the moment, the ... is in the fridge.
a rice b garlic c **fish**
- Now she needs to ... some garlic and onions.
a **chop** b boil c cook

10


READING

12 Read the text.

Faster, stronger!


In today's blog two young athletes tell us their secrets for how to be more successful.

LEO, SWIMMER



There are a lot of ways to get better at swimming. It is very important to practise a lot. I swim six kilometres every morning. You need to do weightlifting, too. I usually go to the gym twice a week. Your diet is also really important. I eat a lot of healthy food. Most people usually need 2,500 calories a day, but I eat 5,000 calories a day when I'm training. I eat a lot of chicken, eggs, vegetables and fruit

GIULIA, ROCK CLIMBER



I train for three or four hours a day on the climbing wall. Sometimes, I train for longer. When I'm climbing, I need to wear comfortable clothes. And I only wear rock-climbing shoes for climbing. Many people wear gloves, but I don't because it's easier to feel the rocks with your fingers. When it's hot, I wear leggings and T-shirts. At the moment, I'm designing my own climbing clothes.

Circle the correct answer.

- Leo says that there are ... ways to improve in his sport.
A many B not many C too many
- To get fitter Leo uses ...
A the pool B the gym
C the gym and the pool
- Leo eats ... calories than most people.
A less B more C 5,000
- Giulia ... trains for more than four hours a day.
A always B never C sometimes
- Giulia thinks it's ... to climb with gloves.
A easier B more difficult C impossible

10

13 Read the text again. Complete each sentence with two words from the text.

- Leo eats a lot of healthy food.
- When he's training, Leo eats 5,000 calories a day.
- Giulia trains on the climbing wall.
- She wears leggings and T-shirts in hot weather.
- She's designing her own climbing clothes.

10

14 Match the words (1-5) with their definitions (a-e).

- diet d
 - gym e
 - leggings b
 - rock a
 - weights c
- a a hard natural substance
b trousers you can wear to do sport
c heavy objects to lift for exercise
d what a person eats
e a place where you can do exercise

5

WRITING

15 Complete the sentences with a word in the box. There are two extra words.

also and but in on or too

- Jamie Oliver is a TV chef and restaurant owner.
- He also writes lots of books about food.
- In his books he usually writes about healthy eating.
- He has a big family, too.
- He is good at making food which tastes great but doesn't cost too much money.

5

16 Write about someone you know who is good at cooking.

10

TOTAL SCORE

100