

Name _____ Class _____ Date _____

LANGUAGE IN ACTION

1 Use the words to write sentences and questions. Use the correct form of the verb and add any other necessary words.

1 This video game / be / more / amazing / that one.

This video game is more amazing than that one.

2 What / you / have / dinner tonight?

What are you having for dinner tonight?

3 Which / best day / the week?

Which is the best day of the week?

4 How / vegetables / eat / each day?

How many vegetables do you eat each day?

5 What / you / wait / for?

What are you waiting for?

5

2 Complete the dialogue with the correct word or form of the verb.

ROBIN Come on, it ¹ is's getting (get) late, we need to have something to eat.

STEVE Sorry, I ² am/'m doing (do) my homework at the moment.

ROBIN Can't you help for a few minutes?

STEVE Right, OK then. Is there ³ any pasta in the cupboard?

ROBIN Pasta? Let me see. Why pasta?

STEVE It's the ⁴ quickest (quick) thing to make. I want to watch my favourite programme after I finish my homework. I don't have

⁵ much/a lot of time!

5

3 Find and correct the mistakes.

1 We need any money for shopping.

We need some money for shopping.

2 That is the more dangerous sport to play.

That is the most dangerous sport to play.

3 We not wear school uniforms today.

We aren't wearing school uniforms today.

4 What are you do tomorrow?

What are you doing tomorrow?

5 This film is bad than the last one.

This film is worse than the last one.

5

4 Circle the correct option.

¹ ___ friends of my mum and dad's ² ___ us to talk about their holiday in Sardinia. ³ ___ two children – Max and Anna. They ⁴ ___ us all about the fun stuff you can do there. They say Sardinia is the ⁵ ___ place ever!

1 a Any b Some c Much

2 a are visits b visits c are visiting

3 a Is there b There are c There's

4 a tell b is telling c are telling

5 a best b better c good

5

5 Complete the text with words and verbs in the box. There are three extra words.

any aren't many better haven't got many
haven't got much 'm playing some
the best

There ¹ aren't many types of sport that I don't like. ² Some people I know don't like playing ball games or going swimming, but I love both! We ³ haven't got much space in our garden, but my brother and I play a lot there. We've got some football goals, and we have a basketball ring, too. I ⁴ 'm playing football with a couple of friends right now. Jordi is ⁵ the best player. He always scores!

10

VOCABULARY

6 Complete the words.

- Fizzy drinks have a lot of sugar. They're unhealthy.
- I don't meat because I'm a vegetarian.
- She's really good at athletics. She can run very fast and jump very high.
- In rugby, you pass the ball with your hands.
- When I go running I always wear my trainers.

5

7 Complete the text with the words in the box. There are three extra words that you don't need

belt bracelet climbing delicious
disgusting sailing sweater swimming

Sometimes I go ¹ sailing with my mum and dad – we've got a small boat. I also go ² swimming in the sea. I like to dive off the boat. We often find a quiet beach and have a barbecue. Dad likes cooking fish. I don't like fish. I think it smells ³ disgusting! Mum makes very good salads with lots of fresh vegetables. They're ⁴ delicious! Dad says he's losing weight from eating salads. He says he needs a ⁵ belt to keep his trousers up!

5

8 Circle the correct option.

In the summer time, my friends and I like playing futsal. It's a great game. You've got to be fast and ¹ _____ the ball to other players in your team. Because the ball is heavier than a normal football it doesn't ² _____. We run around for hours. It's hot, but because we wear T-shirts and ³ _____ it's OK. If I've got some money in my ⁴ _____ I buy some ⁵ _____ fruit juice to cool me down. It's delicious.

- a pass b score c jump
- a bounce b catch c lift
- a scarves b jackets c shorts
- a wallet b watch c ring
- a disgusting b fresh c hot

5

LISTENING

9 Listen to part of a cooking competition. Complete each sentence with three words.

- The three finalists are cooking their own food for the judges.
- Angela's strawberry cheesecake hasn't got much fat and/or sugar.
- Angela puts her cheesecake in the fridge for a few hours.
- For the main course, she is making a fish and vegetable curry with rice.
- The fish doesn't take much time to cook.

5

10 Listen again. Answer the questions.

- How many weeks does the competition last?
For 12/twelve weeks.
- How does the presenter describe Angela's strawberry cheesecake?
Delicious and healthy.
- Why does Angela put her cheesecake in the fridge?
Because cheesecake always tastes better when it's really cold.
- Where is the fish at the moment?
In the fridge.
- What does Angela need to chop?
Some garlic and onions.

10


READING

11 Read the text.

Faster, stronger!


In today's blog two young athletes tell us their secrets for how to be more successful.

LEO, SWIMMER



There are a lot of ways to get better at swimming. It is very important to practise a lot. I swim six kilometres every morning. You need to do weightlifting, too. I usually go to the gym twice a week. Your diet is also really important. I eat a lot of healthy food. Most people usually need 2,500 calories a day, but I eat 5,000 calories a day when I'm training. I eat a lot of chicken, eggs, vegetables and fruit

GIULIA, ROCK CLIMBER



I train for three or four hours a day on the climbing wall. Sometimes, I train for longer. When I'm climbing, I need to wear comfortable clothes. And I only wear rock-climbing shoes for climbing. Many people wear gloves, but I don't because it's easier to feel the rocks with your fingers. When it's hot, I wear leggings and T-shirts. At the moment, I'm designing my own climbing clothes.

Read the sentences. Write *true*, *false* or *doesn't say*.

- Leo thinks there is only one way to become a better swimmer. false
- Leo eats 2,500 calories a day when he isn't training. doesn't say
- Giulia doesn't always train for three or four hours a day. true
- Giulia always wears special shoes for climbing. true
- Giulia never wears leggings in cold weather. doesn't say

10

12 Read the text again. Answer the questions.

- What time of day does Leo swim?
He swims in the morning.
- What type of food does Leo eat?
He eats a lot of healthy food.
- Where does Giulia train?
She trains on the climbing wall.
- Why doesn't Giulia wear gloves for climbing?
Because it's easier to feel the rocks with her fingers.
- What is Giulia doing at the moment?
She 's/is designing her own climbing clothes.

10

13 Find words in the text which match definitions 1–5.

- a hard natural substance rock
- trousers you can wear to do sport leggings
- heavy objects to lift for exercise weights
- the food that a person eats diet
- a place with equipment to do exercise gym

5

WRITING

14 Complete the sentences with one word.

- Jamie Oliver is a TV chef and restaurant owner.
- He also writes lots of books about food.
- In his books he usually writes about healthy eating.
- He has a big family with a lot of children, too.
- He is good at making food which tastes great, but doesn't cost too much money.

5

15 Write about someone you know who is good at cooking.

10

TOTAL SCORE

100