

Name _____ Class _____ Date _____

LANGUAGE IN ACTION

1 Complete the sentences with the correct word in brackets.

- 1 Have you got any cousins? (any / some)
- 2 How many people are here? (many / much)
- 3 This is the hottest day of the year! (hotter / hottest)
- 4 I'm worse at swimming than athletics. (bad / worse)
- 5 What is Marie wearing? (wear / wearing)
- 6 The film is starting now. (always / now)

☐ 5

2 Circle the correct option.

- 1 Anna's got any / some fruit for lunch.
- 2 They live in the biggest / most big city in the world.
- 3 There aren't many / much chocolates.
- 4 He aren't / isn't wearing his school uniform.
- 5 We are study / studying 80s fashion at the moment.
- 6 It's the easiest / most easy game to play.

☐ 5

3 Circle the correct option.

- 1 ... there any milk in the fridge?
a is b Are
- 2 They like football more ... tennis.
a that b than
- 3 Is the book ... than the film?
a better b good
- 4 I've got ... uncle in Croatia.
a a b an
- 5 Astrid usually ... at the front.
a is sitting b sits
- 6 Is ... any food?
a it b there

☐ 5

4 Complete the sentences with a word or phrase in the box. You can use the same word or phrase more than once.

a lot of many much

- 1 How many people do you know?
- 2 I've got a lot of subjects to study today.
- 3 There aren't many apples in the shop.
- 4 We haven't got much time before school.
- 5 How much money have you got?
- 6 There are a lot of eggs in the box.

☐ 5

5 Put the words in order to make sentences.

- 1 football. / more exciting / is / Basketball / than
Basketball is more exciting than football.
- 2 are / eating? / you / What /
What are you eating?
- 3 shopping? / Ellie / Is
Is Ellie shopping?
- 4 Diving / is / more dangerous / swimming. / than
Diving is more dangerous than swimming.
- 5 much / you / meat / do / How / eat?
How much meat do you eat?
- 6 having / breakfast / at the moment? / you / Are
Are you having breakfast at the moment?

☐ 56 Correct the underlined mistakes with the words in the box.a ~~are~~ is most some What

- 1 There is some good films at the cinema.
are
- 2 We need any milk. some
- 3 That is the more interesting book in the library.
most
- 4 He are wearing a nice shirt. is
- 5 Where are you doing? What
- 6 Have you got an mobile phone? a

☐ 5

VOCABULARY

7 Circle the correct option.

- 1 Fizzy drinks have a lot of sugar. They're *healthy* / *unhealthy*.
- 2 I don't eat *rice* / *meat* because I'm a vegetarian.
- 3 She's really good at *athletics* / *swimming*. She can run very fast and jump very high.
- 4 In *rugby* / *hockey*, you pass the ball with your hands.
- 5 When I go running I always wear my *flip flops* / *trainers*.
- 6 It's very sunny! Wear a *cap* / *jacket* to protect your head.

5

8 Complete the sentences with the words in the box.

belt bracelet delicious disgusting
rugby sailing

- 1 You need to wear a *belt* – your trousers are too big!
- 2 That pasta is *delicious* – it tastes so good!
- 3 This food smells *disgusting*. I don't want to eat it.
- 4 Ethan loves *rugby*. It's his favourite ball sport.
- 5 We sometimes go *sailing* with friends. They've got a boat.
- 6 Do you like this *bracelet*? It's made of gold.

5

9 Circle the correct option.

- 1 Try to *pass* / *score* the ball to other players in your team.
- 2 There's too much fat in this food. That's *healthy* / *unhealthy*.
- 3 Is this meat *fresh* / *hot*? It smells disgusting!
- 4 When I throw the ball to you, try to *catch* / *lift* it.
- 5 I don't have any money in my *wallet* / *watch*.
- 6 In the summer the children all wear T-shirts and a scarf / *shorts*.

5

LISTENING

10 Listen to part of a cooking competition. Answer true or false.

- 1 There are four finalists. *false*
- 2 Angela is making a strawberry cheesecake. *true*
- 3 The cheesecake hasn't got much fat and sugar. *true*
- 4 Angela puts her cheesecake in the fridge for a few minutes. *false*
- 5 Angela is making a fish and vegetable curry with rice. *true*
- 6 It takes a long time to cook the fish. *false*

5

11 Listen again. Circle the correct option.

- 1 Angela is 13 / *14* years old.
- 2 There is natural *sugar* / *fat* in the strawberries.
- 3 Angela says that cheesecake tastes worse / *better* when it's really cold.
- 4 Angela has got some *fresh* / *fish* vegetables for her curry.
- 5 At the moment, the fish is *on the table* / *in the fridge*.
- 6 Now she needs to chop some *garlic* / *carrots* and onions.

10

READING

12 Read the text.

Faster, stronger!

In today's blog two young athletes tell us their secrets for how to be more successful.

LEO, SWIMMER

There are a lot of ways to get better at swimming. It is very important to practise a lot. I swim six kilometres every morning. You need to do weightlifting, too. I usually go to the gym twice a week. Your diet is also really important. I eat a lot of healthy food. Most people usually need 2,500 calories a day, but I eat 5,000 calories a day when I'm training. I eat a lot of chicken, eggs, vegetables and fruit



GIULIA, ROCK CLIMBER

I train for three or four hours a day on the climbing wall. Sometimes, I train for longer. When I'm climbing, I need to wear comfortable clothes. And I only wear rock-climbing shoes for climbing. Many people wear gloves, but I don't because it's easier to feel the rocks with your fingers. When it's hot, I wear leggings and T-shirts. At the moment, I'm designing my own climbing clothes.



Answer True or False.

- There are different ways to get better at swimming. True
- Leo does weightlifting in the gym. True
- Most people eat more calories than Leo. False
- Giulia practises every day. True
- Clothes aren't important for climbing. False
- Giulia always wears gloves for climbing. False

10

13 Read the text again. Circle the correct option.

- Leo swims six / five kilometres every day.
- Leo eats 5,000 calories a day when he's training / all the time.
- Leo eats / doesn't eat healthy food.

- Giulia wears normal / special shoes for climbing.
- When it's hot, she wears jeans / leggings.
- Giulia is / isn't designing climbing clothes.

10

14 Match the words with the photos.

chicken fingers gym rock leggings weights



1 chicken



2 gym



3 fingers



4 rock



5 weights



6 leggings

5

WRITING

15 Circle the correct option.

- Jamie Oliver is a TV chef and / or restaurant owner.
- He also / too writes lots of books about food.
- In / On his books he usually writes about healthy eating.
- He says that food can be delicious and / too healthy.
- He has a big family, also / too
- He is good at making food which tastes great but / or it doesn't cost too much money.

5

16 Write about someone who is good at cooking.

10

TOTAL SCORE

100