



- 1 When would you eat these things? Tick *breakfast, lunch, dinner* or more than one meal and talk about your answers with a partner.

	breakfast	lunch	dinner
cereal			
toast and jam			
cold meats			
roast vegetables			
omelette			
fish			

- 2 Look at the picture. Which word describes what you see?

- 1 a dish
- 2 a barbecue
- 3 a buffet



- 3 Listen to a conversation between two friends and choose the correct answer for each question.

- 1 Where did Tess have breakfast last Sunday?
 - A at a café in Berlin
 - B at a friend's home in Berlin
- 2 What did she think of the breakfast?
 - A There was too much food and it was too expensive.
 - B There was a lot of very good food.

- 4 Listen again and write *true* or *false* after each sentence.

- 1 Tess had only one breakfast on her trip to Berlin.
- 2 Her breakfast with Lena took a long time.
- 3 She says German people usually have a small breakfast at home.
- 4 They often have a quick breakfast with friends on Sundays.
- 5 Tess had a warm fish soup in the café.
- 6 Customers can take any food from the buffet.

- 5 Are you hungry in the mornings? Tick the sentences that are true for you and then talk to a partner.

- Breakfast is the most important meal of the day.
 I don't need breakfast at all.
 I eat breakfast, but only after I've started work/school.
 Breakfast food is boring.
 Breakfast food is delicious.



1 Exercise 1

Hand out the worksheet and ask the students to look at the table. Check that they understand all of the words and make sure it is clear that by *dinner*, we mean the evening meal. Let them tick the relevant boxes for themselves and then see if their partner agrees. Hold quick feedback with the whole class to see if people have similar answers.

2 Exercise 2

Ask students to look at the picture and tell you what the right word is. Explain what a *buffet* is (understanding the word is important for the listening in Exercise 3). Ask them if they ever eat from a buffet, and if so, when/for what sort of occasion.

Answer

a buffet

3 Exercise 3

Tell students they are going to hear a conversation between two friends. Let them read the questions. Then play the audio and let them choose the right answers. Check the answers with the whole class.

Answers

1 A

2 B

Tess: Oh, cheese, cold meats, salads, roast vegetables, yoghurt, omelette, fish ...

Neil: Fish?

Tess: Yes, but cold fish, in a sauce.

Neil: How did you know what to order?

Tess: Oh, you just pay one price and then take what you want. It's a buffet. People stay in the café for hours. And it's not expensive.

Neil: So, it's a lot of food but is it actually good?

Tess: Oh yes! They keep adding fresh dishes to the buffet and it all tastes great!

4 Exercise 4

Let the students read through the true/false sentences and then play the audio again. They should write *true* or *false* and then compare their answers with a partner. Check the answers with the whole group and when the answer is false, ask students to tell you why.

Answers

1 false (She had breakfast on Saturday and Sunday.)

2 true

3 true

4 false (A Sunday breakfast with friends can last all morning.)

5 false (There was fish on the buffet but it was cold.)

6 true

5 Exercise 5

Ask students to read through the statements for themselves and tick what they agree with. They should then talk to a partner about their answers, justifying their responses if necessary. After a while, open up the conversation to the whole class. You could add more questions for the students, such as whether they think breakfast foods are generally healthy. If they have travelled, you could also ask them to talk about breakfasts they have had in other countries.

Transcript

Neil: Hi, Tess. How was your weekend in Berlin?

Tess: Fantastic! We saw lots of cool places and met our friends, and on Sunday we had breakfast.

Neil: Didn't you have breakfast on Saturday?

Tess: Yes, of course, but on Sunday we went *out* for breakfast with Lena. We spent the whole morning in a lovely café eating and chatting, and then eating some more.

Neil: What do German people eat for breakfast?

Tess: I think at home they just eat breakfast cereal or toast – not very much – but when they go out for a Sunday breakfast, they eat everything!

Neil: But what?