

Unit 1

Vocabulary and listening p11

4 **01**

1
David: Hey, Katy. Have you got any friends in other countries?

Katy: Yes, I have. I've got a friend in Mexico and one in Turkey. We write emails every week. Look, this is a photo of Miguel. He's from Mexico City. He's got a big family. He's got one brother and three sisters, and his mother and father, of course. They haven't got any dogs, but they've got three cats. Look, this is his favourite cat. Her name's Lola.

David: Wow! What a cute cat!

2
Lucas: What's your new school like, Jack?

Jack: Well, it isn't new, but it's nice. We've got a big classroom with a big window. There are desks and chairs and posters on the walls.

Lucas: Have you got any computers?

Jack: Yes, we have. We've got three computers for when we do project work, and one for the teacher to use with the whiteboard.

Lucas: You're lucky! Our classroom is small and we haven't got any computers at all!

3
Sue: Is this your bag, Tom?

Tom: No, I've got my bag here. Perhaps it's Emma's bag.

Sue: No, her bag is blue and it hasn't got pockets. This is black and it's got pockets ... look, there's a mobile in one of them.

Tom: Who's got a black bag with pockets?

Sue: I don't know.

Tom: Has it got a name inside it?

Sue: No, it hasn't. Oh, wait a minute. Yes, it has. It says 'Craig'.

Craig: Hey! That's my bag!

Developing speaking p13

2 **02**

Peter: Hi. Welcome to the class.

Ana: Thank you.

Peter: My name's Peter. What's your name?

Ana: My name's Ana. Ana Ferreira.

Peter: How do you spell that, Ana?

Ana: It's A-N-A ...

Peter: OK, ...

Ana: ... and my surname is F-E-DOUBLE R-E-I-R-A.

Peter: Sorry, can you repeat that?

Ana: F-E-DOUBLE R-E-I-R-A.

Peter: Where are you from?

Ana: I'm from Brazil, and I live in Brasília, the capital city.

Peter: Right. How old are you?

Ana: I'm 13, and my birthday is in January.

Peter: What are your hobbies, Ana?

Ana: I'm really into music. I love pop music.

Peter: Are you interested in sport?

Ana: Yes, I am. I like football.

Peter: OK. Have you got an email address?

Ana: Yes, I have. It's ana.blue@brazilmail.com. Blue is my cat's name.

Peter: OK. Thank you. Now, why don't you take a seat ...

PRONUNCIATION p13

4 **03**

- 1 What's your name?
- 2 My name's Ana.
- 3 I'm from Brazil.
- 4 I'm 13.
- 5 Are you interested in sport?
- 6 Yes, I am.
- 7 Have you got an email address?
- 8 Yes, I have.

Developing speaking p13

6 **04**

Teacher: What are your hobbies?

Boy: My hobbies are music and going to the cinema. I'm really into pop music and I'm interested in films. I like all types of films, but my favourite films are adventure films.

Teacher: Are you interested in sport?

Boy: Yes, I am. I like basketball and football. I play basketball on Wednesdays and Saturdays. And I'm a fan of Manchester United.

Teacher: Who is your favourite singer?

Boy: I like Ed Sheeran. He's a British singer. I think he's great.

Teacher: Have you got a big family?

Boy: No, I haven't. I've got a father and a mother. Their names are David and Luisa. And I've got one brother. His name is Ben. He's ten years old.

Teacher: Have you got a pet?

Boy: Yes, I have. I love animals. I've got a dog. His name is Blackie because he's black. I haven't got a cat.

Unit 2

Vocabulary and listening p19

4 and 5 **05**

Ed: Hi. My name's Ed.

Chiara: Hi, I'm Chiara.

Ed: Are you a student at Ashton High?

Chiara: No, I'm not. I study at an online school.

Ed: Really? That's interesting. How do you study?

Chiara: I study at home with my computer, and I see my teacher and my classmates online.

Ed: So ... are your classmates at home, too?

Chiara: Yes, we all live in different places ... and different countries! I've got classmates in Spain, Egypt, Turkey and other countries ... But we all meet for maybe one or two weekends a year. Wait, I've got a photo on my phone. Look, this is from our last weekend together.

Ed: Oh, right. Is that you?

Chiara: Yes, and this is my friend Lucy with the long fair hair, and this is my other friend Josh.

Ed: Cool! So how many students has your online school got?

Chiara: Well, it's quite big. It's got 420 students, I think.

Ed: And what time are your lessons?

Chiara: Well, for *me*, they're from nine to half past four. And then we've got homework, of course.

Ed: How much homework?

Chiara: Well, it depends. Usually about an hour a day.

Ed: And what subjects are typical at your school?

Chiara: Oh, the usual subjects - maths, history, science, but then there are other subjects too, like Chinese!

Ed: Chinese? Wow! So, which are your favourite subjects?

Chiara: I like ICT and geography. I really like my geography teacher.

Ed: Who is your geography teacher?

Chiara: His name is Mr Bevan. He's really nice!

Ed: And how old are the students in the school?

Chiara: They're between 7 and 18. I'm 13 and this is my sixth year.

Ed: It's very interesting, but why are you at an online school?

Chiara: Because we move around to different cities a lot ... it's because of my dad's work. And because I like it!

Developing speaking p21

1 **06**

Tim: Hi, Helen. What's this?

Helen: Oh, hi Tim. It's a photo of my friends from my drama class.

Tim: It's a great photo. Who's that in the middle?

Helen: That's Liz. She's 14. She's tall, isn't she? She's got curly brown hair.

Tim: And who are the boys?

Helen: That's Eric. He's got short black hair and brown eyes. He's 14.

Tim: He's tall, isn't he?

Helen: Yes, he is quite tall. But Cole is very tall. He's 15, but people think he's 17 or 18. He's got fair hair and brown eyes.

Tim: Hmm ... who's that with the long fair hair?

Helen: That's Beth. She's really nice and she's got long hair in this photo, but now it's short.

Tim: And who's the person with the wavy brown hair?

Helen: That's me, of course!

Tim: Oh, yes!

PRONUNCIATION p21

4 07

big
bit
green
he's
his
is
niece
teeth
these
this
which

Developing speaking p21

6 08

Teacher: Who are they?

Girl: They're students at school. They're 14 or 15 years old. They haven't got a school uniform. The teacher has got short dark hair.

Teacher: Where are they?

Girl: They're in a classroom at school. The classroom has got desks and posters on the wall, and it's got a whiteboard. The students have got books on their desks.

Teacher: Is your classroom similar or different?

Girl: It's similar. We've got desks and posters on the walls. My classroom is quite big. We've got computers in the room. That's different. This classroom hasn't got computers.

Teacher: What are your favourite subjects?

Girl: My favourite subjects are Spanish and art. I've got Spanish on Monday, Wednesday and Thursday and I've got art on Tuesday and Friday. I also like ICT.

Gateway to exams: Units 1-2

Gateway to exams p25

3 09

1

Sam: What time is it Jody?

Jody: It's five to two. Why?

Sam: Because we've got English now and I haven't got my English book.

Jody: But we haven't got English today. Today's Thursday.

Sam: What have we got today then?

Jody: We've got ICT at quarter past two. And then history at half past three. So you don't need your English book today!

2

Mum: Is that your new geography teacher over there, Mitch?

Mitch: You mean the woman with the long dark hair?

Mum: Yes, the tall woman.

Mitch: No, that's our maths teacher.

Mum: And the woman with short dark hair? Is that her?

Mitch: That's Mrs James. She's a geography teacher, but she isn't my geography teacher. Mine has got long hair and it's fair, but she isn't very tall.

3

Sofia: It's Karen's birthday next week, Ben. What's a good present for her?

Ben: Well, her favourite hobby is reading. What about a book?

Sofia: Karen's got lots of books. Maybe something different?

Ben: What about some pens for art? She's really into art at the moment.

Sofia: That's a great idea! What's your present for her this year?

Ben: A pencil case. I think pens and a pencil case are perfect presents for her.

Unit 3

Vocabulary and listening p29

4 and 5 10

Presenter: Hello, and welcome to the Culture Spot. In this part of the show, we talk about interesting young writers, artists, musicians, and the stars of the cinema. We usually talk about one person, but today, Kirsten, you want to tell us about two people, is that right?

Kirsten: Yes, that's right. Their names are Josh and Zac Tiessen. Do you know them?

Presenter: No, I don't.

Kirsten: Well, Josh and Zac are interesting because they're brothers and they're artists, too. You don't often find brothers who are artists.

Presenter: That's true. So, what do they do?

Kirsten: Well, Josh paints and draws. He's already quite famous. He has pictures at the National Gallery in Canada.

Presenter: Does he live in Canada?

Kirsten: Yes, he does. He lives with his family in Ontario.

Presenter: So, what kind of pictures does he paint?

Kirsten: He paints different things, but he often paints birds and animals. And he's still a teenager, but he travels and teaches art, too.

Presenter: That's amazing. So what about Zac. Does he paint?

Kirsten: No, he doesn't. He's a musician. That's the interesting thing. Josh paints and Zac writes songs and plays music. They're different, but they're both special.

Presenter: What instrument does he play?

Kirsten: He plays the guitar, and he sometimes uses his computer to create sounds.

Presenter: Oh really? What kind of music does he play?

Kirsten: It's a mixture of jazz, and rock ... it's a bit difficult to describe.

Presenter: I see. And what do the brothers do in their free time? Do they go to the cinema and do things that other teenagers do?

Kirsten: Well, they love basketball. They often play at the sports centre or in their garden at home.

Presenter: Great, thanks, Kirsten.

Developing speaking p31

2 and 3 11

1

Boy: Excuse me. Can you tell me how to get to the library please?

Girl: Yes. Go straight on. Then turn left at Manor Road. Go past the sports centre. It's on your left, opposite the park.

Boy: Thanks.

2

Girl: Excuse me. Is there a shopping centre near here?

Man: Yes. Walk along Green Street. Go past the school. Then turn left. It's on your right. It's on the corner of Green Street and Park Road.

Girl: Thanks!

3
Woman: Excuse me. Do you know where the museum is?
Boy: Yes. Go straight on. Turn right at Manor Road. Walk along Manor Road and it's on the left. It's between the cinema and the bank.
Woman: Thank you.

PRONUNCIATION p31

4 12

cinema
 library
 museum
 restaurant
 shopping centre
 sports centre
 swimming pool

Developing speaking p31

6 13

Teacher: Where are you from?
Girl: I'm from Barcelona, in Spain.
Teacher: Do you like your hometown?
Girl: Yes, I do. It's big and it's got nice shops. It's got a big park and it's got beautiful buildings.
Teacher: What do you do on a typical day?
Girl: I get up at half past seven. I have breakfast and I go to school. School starts at nine o'clock. I always have lunch at school. School finishes at four o'clock. Then I go home and I do my homework. On Monday and Wednesday I play basketball in the evening.
Teacher: Where do you go at the weekend?
Girl: On Saturday, I play basketball in the morning. In the afternoon, I usually go to the shopping centre with my friends. In the evening, we go to the cinema or to a restaurant. On Sunday, I sometimes go to my grandparents' house, but I usually stay at home. I listen to music, watch TV or chat to my friends online.

Unit 4

Vocabulary and listening p37

4 and 5 14

Boy: Hey, Mum. I'm *really* hungry. What's for dinner?
Mum: Well, we've got some chicken and some salad. I know you like chicken.
Boy: I do. It's my favourite. What about pancakes for dessert? I love pancakes.

Mum: OK, but you make them, all right?
Boy: But I don't know how!
Mum: Listen, it's easy. The first thing you need is some eggs.
Boy: OK ... how many eggs?
Mum: Three eggs. There are some in the fridge. Have you got them?
Boy: Yes, three eggs.
Mum: Now, break the eggs in a bowl. That's right. And now you need some milk.
Boy: How much milk do I need?
Mum: About half a litre. Now you put the milk in the bowl with the eggs, and mix them together.
Boy: Have you got a spoon?
Mum: No, use the whisk, OK?
Boy: OK. That's ready.
Mum: Now you need some flour, about 250 grams of flour ... and you need 70 grams of sugar.
Boy: OK, I've got that.
Mum: Now put the flour in the bowl with the milk and eggs and mix them all together with the whisk. That's perfect.
Boy: Right, now what do I do?
Mum: Now you need some butter, only a few grams of butter. Put it in a frying pan and when it's hot, you take a spoon and put some of the pancake mixture in the pan. Then you cook the pancakes for about three minutes or until they're brown.
Boy: OK, but before I do that, have we got any honey to put on top?
Mum: Oh, I don't think so. We haven't got any honey, but there's some fruit. There are some bananas and some strawberries. They're great with pancakes.
Boy: All right, so now I put the butter ...

Developing speaking p39

1 and 2 15

Abbey: Hi, Laura. Come in!
Laura: Hi, thanks. Hey, what a lovely dress!
Abbey: Thanks, it's new. Can I take your coat?
Laura: Yes, thank you.
Abbey: Shall I take your bag, too?
Laura: No, it's OK, thanks. I've got my mobile in here.
Abbey: Let's go into the living room. Have a seat. Would you like anything to drink? We've got some orange juice in the fridge.
Laura: Yes, that'd be great.
Abbey: How about some cake?
Laura: No, thanks, I'm fine. I'm not hungry at the moment.
Abbey: Here you are. Right, I've got the film ready. Shall I start it now?
Laura: Yes, sure.

PRONUNCIATION p39

4 16

above
 apple
 bag
 butter
 come
 cupboard
 fat
 front
 honey
 jam
 salad
 thanks

Developing speaking p39

6 17

Teacher: What's your favourite food?
Boy: My favourite food is pizza. I like pizza with tomatoes, cheese and mushrooms.
Teacher: Is your diet healthy?
Boy: I think it's quite healthy. I usually have cereal for breakfast. I have lunch at school and we often have meat and vegetables, and fruit for dessert. In the evening I have salad or meat again! I don't eat a lot of sugar or salt, and I don't eat cake or biscuits. I love pizza and burgers, but I don't eat them very often.
Teacher: What food don't you like?
Boy: I don't like fish. My mum often cooks fish, but I don't like it so I have meat.
Teacher: Who usually does the cooking in your family?
Boy: My mum and dad both like cooking. My mum usually cooks in the week and my dad cooks at the weekend. He cooks really well.

Gateway to exams: Units 3-4

Gateway to exams p43

4 and 5 18

Presenter: Students usually live in rooms or houses, but Tara Warrington's accommodation is very unusual, right Tara?
Tara: That's right, Nicole.
Presenter: Tara, where do you study?
Tara: I'm a student at Florida International University in the US. I study science.
Presenter: And is your accommodation big or small?
Tara: It's very small. It's only about 40 square metres, the size of a school bus.

Presenter: How many people live there, Tara?

Tara: There are six of us. We live and work there.

Presenter: Really? Six people? How many bedrooms are there?

Tara: Well, we haven't got individual rooms. There's really only one room, and it's got six beds in it and a kitchen. But we've got a separate toilet and shower.

Presenter: That's a very small space!

Tara: Yes, but we don't stay in there all day. We go out.

Presenter: I see. And do you cook in your kitchen?

Tara: No, never. We haven't got any fresh fruit and vegetables there, and there aren't any shops. We usually eat food from packets.

Presenter: Is there a table and chairs?

Tara: Yes, there is, but there are usually computers on the table.

Presenter: How many computers have you got?

Tara: I'm not sure, but I think five or six. And we've got the Internet.

Presenter: Hmm ... Do you like your home, Tara?

Tara: I love it! I don't stay there all the time – it's impossible – but when I look out of the windows, it's incredible.

Presenter: Why? What do you see?

Tara: I see fish. A lot of fish.

Presenter: So where do you live exactly, Tara?

Tara: I live and study at a marine station, 20 metres under the sea.

Unit 5

Vocabulary and listening p47

3 and 4 19

Mel: Hello everyone, and thanks for watching us today. I know some of you are interested in starting a blog, so Tina is here with me and we're going to talk about how to write one. Say hi, Tina.

Tina: Hi.

Mel: Tina, you've got a blog. What do you write about?

Tina: Well, I usually write about games, but people write about different things, like celebrities, politics, pets, their hobbies, or what they do every day. It depends.

Mel: Why do people write blogs? I know I hate writing for school.

Tina: Well, it's different when you write a blog. You write about things you're interested in. I like playing games and so I like writing about them.

Mel: OK, so how do you do it?

Tina: Right, well ... first you need to decide on the kind of blog you want to write about. Then you need to download a program from the Internet – you can use a search engine to find out about the different programs. And then you design your page.

Mel: It's easy then?

Tina: Yes, but a lot of people start a blog and they don't continue. So, don't buy a program, make sure you download a free program instead.

Mel: OK.

Tina: And then decide how often you want to write, for example, every day or every week. Remember, you've got homework, too!

Mel: Right. Anything else?

Tina: Yes, a lot of people can read your page, so it's important to be safe. Use a good password, and don't write any personal information on your page. Don't write your surname, or your address or telephone number, or the name of your school.

Mel: Yes, these things are private.

Tina: Exactly, and be careful with photos, too. Don't put photos on your page that you don't want your teacher to see!

Mel: And that's it?

Tina: That's it. Then start writing!

Mel: Well, we hope that's useful. See you all next week!

Developing speaking p49

2, 3 and 4 20

Woman: Hello. Dundee City Office. Can I help you?

Paul: Hello, yes, do you have information about the Games Expo?

Woman: Yes, what would you like to know?

Paul: Umm ... when is the fair?

Woman: It's on Saturday the 10th of August.

Paul: Saturday, the 10th of August. Great. And what time does it start?

Woman: It starts at 10 in the morning and finishes at 6.

Paul: Right. How much does it cost?

Woman: It's £12 to go in.

Paul: OK. Can visitors play the games?

Woman: Yes, they can. I think they want to know if people like the games.

Paul: Great. Where is the fair exactly?

Woman: It's at the Caird Hall, near the city centre.

Paul: I don't know where that is. How do you spell that?

Woman: C-A-I-R-D.

Paul: Can you repeat that, please?

Woman: Yes, it's C-A-I-R-D.

Paul: Have you got the telephone number of the hall?

Woman: Yes, one moment. ... It's 03821 459967.

Paul: 03821 459967.

Woman: Yes, that's right.

Paul: Perfect. Thank you!

PRONUNCIATION p49

5 21

- 1 What's the telephone number?
- 2 When does it open?
- 3 Can we eat there?
- 4 How do you spell that?
- 5 Have you got the address?
- 6 What can we do there?
- 7 Is it closed on Sunday?

Developing speaking p49

8 22

Teacher: David, here is some information about a computer game shop. Maria, you don't know anything about this shop, so ask David some questions about it. Use these words to help you. OK? So now, Maria, ask David your questions about the shop and David, you answer them.

Maria: What's the name of the shop?

David: It's called CG Zone Computer Games.

Maria: How much do games cost?

David: They all cost £25.

Maria: What's the address of the shop?

David: It's 16 Dover Street.

Maria: When is the shop open?

David: It's open from Monday to Saturday, from 9 o'clock in the morning until half past seven in the evening.

Maria: Does the shop sell magazines?

David: Yes, it does. It sells books and magazines.

Teacher: Thank you.

Unit 6

Vocabulary and listening p55

3 and 4 23

Jody: Hi, Mum.

Mum: Hi, Jody. Where are you?

Jody: I'm at the shopping centre.

Mum: Are you buying the things you need for school? A new pencil case and some marker pens?

Jody: Umm ... no, I'm not. I'm in Mojo's at the moment, you know, the clothes shop. They've got a sale. All the jeans are half price.

Mum: But you don't need any jeans, Jody. You've already got seven pairs!

Jody: I know, but there are some really nice ones here, and they're only £25.

- Mum:** You always wear jeans! What you really need is a new skirt.
- Jody:** Yes, but I like wearing jeans. I can buy them with my birthday money. I've got £40.
- Mum:** Have they got any skirts there?
- Jody:** Umm ... yes, just a moment.
- Mum:** Are you looking at the skirts?
- Jody:** Yes, I am. There's a nice blue skirt here.
- Mum:** How much is it?
- Jody:** It's £14. It's usually £28, but it's half price in the sale. Wait a minute, I'm sending you a photo ... Have you got it?
- Mum:** Oh, yes ... It is nice. I like the colour. You can wear it when we go to visit your grandparents next weekend.
- Jody:** So can I buy it then?
- Mum:** Yes, OK. Where's your brother, by the way?
- Jody:** He's at the sports shop.
- Mum:** Is he buying some new trainers?
- Jody:** Yes, I think so.
- Mum:** Good. He always wears those same old trainers. What are you doing now?
- Jody:** I'm buying the skirt.
- Mum:** Jody ... are you buying those jeans, too?
- Jody:** Err ... sorry Mum, I can't hear you very well. I think there's a problem with my phone. See you when I get back, OK? Bye!
- Mum:** Jody ...

Developing speaking p57

2 and 3 24

- Boy:** This is a street in a small town. There are some shops. There's a newsagent's, a sports shop and a library.
- Girl:** Yes, and there's a man in front of the newsagent's. I think he's buying a newspaper. He's wearing a jacket and trousers.
- Boy:** Yes, you're right. And opposite the newsagent's, there's a park. Some boys are playing basketball in the park. Maybe it's Saturday because they aren't at school. They're wearing shorts and I think they are having a good time.
- Girl:** Yes, maybe. There's a girl at the front of the park, too. She's listening to music.
- Boy:** Yes, and there's a woman near her. I think she's got a mobile phone in her hand.
- Girl:** Oh, yes. She's talking on her mobile phone. She's wearing a skirt and a top. And there's a girl with a dog next to her.
- Boy:** And we can see a boy in front of the window of the sports shop. He's looking at some shoes, or maybe some trainers.

- Girl:** Yes, trainers I think, because it's a sports shop. And there's another shop on the right of the sports shop, too. It's a bakery.
- Boy:** Right. And then behind the park, there's a library. A girl or a woman is sitting in front of the library. She's reading a book.
- Girl:** Yes, you're right. And we can see the time. It's quarter past three.

PRONUNCIATION p57

4 25

bank
behind
buying
English
front
hand
phone
playing
sing
think
trainers
window

Developing speaking p57

6 26

This is a street in a small town. There are some shops. There's a newsagent's, a sports shop and a library. And there's another shop on the right next to the sports shop. It's a bakery. Then behind the park, there's a library. There's a man in front of the newsagent's. He's wearing a T-shirt and jeans. I think he's buying a newspaper. Opposite the newsagent's, there's a park. Some boys are playing football in the park. Maybe it's Saturday because they aren't at school. They're wearing tracksuits, and I think they are having a good time. There's a girl at the front of the park. She's playing the guitar. Near her, there's a woman. I think she's got a mobile phone in her hand. She's wearing jeans or trousers and a jumper. And there are two girls with a dog next to her. We can see a boy at the window of the sports shop. He's looking at some T-shirts. A boy is sitting in front of the library. He's talking on his mobile phone. We can see the time. It's half past three.

Gateway to exams: Units 5-6

Gateway to exams p61

3 27

- Grandma:** Marc, are you busy? Can you help me?
- Marc:** I'm just reading my book.
- Grandma:** What's wrong, Grandma?
- Grandma:** Well, I want to download this program and I can't do it.
- Marc:** It's easy, remember. You just ...

- Grandma:** That's the problem. I can't remember. Can you help me?
- Marc:** OK. Now, have you got the program on the screen?
- Grandma:** Yes, it's here.
- Marc:** OK, now move the mouse to the corner, and right click on download.
- Grandma:** But it doesn't work.
- Marc:** Yes it does ... *Right* click ... on the *right* side. You're clicking on the left. That's it.
- Grandma:** OK, now what?
- Marc:** Now open a new window.
- Grandma:** How do I do that?
- Marc:** Like this. Then you type here ... and paste here.
- Grandma:** You're doing it very quickly again. I can never understand when you explain things!
- Marc:** And then click here to start downloading.
- Grandma:** Oh ... great. Thanks.
- Marc:** You know, you really need to do a computer course, Grandma. Then you can learn how to do things easily!
- Grandma:** But I'm always busy. And computer courses are expensive.
- Marc:** Listen, I've got a friend. His brother Paul works with computers and he can come to your house.
- Grandma:** Can he come in the mornings?
- Marc:** Well, I think he works every day but he can come in the evening.
- Grandma:** Have you got his number?
- Marc:** Yes, one moment. It's 4385592.
- Grandma:** 438 ...
- Marc:** 5592. He's a great teacher. Call him, OK?
- Grandma:** OK. Thank you, Marc.

Unit 7

Vocabulary and listening p65

4 and 5 28

- Interviewer:** Alistair Bromley is mad about sports. He runs, cycles and swims. Why? Because he wants to do a triathlon. Alistair, why are you interested in doing the race?
- Alistair:** Well, I come from a family of sports people. My mum was a swimmer and my dad was a runner. I was in a swimming club when I was a kid. I cycled to school every day and I was in all the sports teams at school.
- Interviewer:** So it's important to train for a triathlon. What's a typical week for you? Tell me about last week, for example.

Alistair: Well, last week wasn't really a normal week, but on Monday I went cycling. I cycled about 40 kilometres.

Interviewer: That's the distance you cycle in the race, isn't it?

Alistair: Yes, that's right. On Tuesday, I wanted to go running but I needed to buy some things for my bike, so I decided to go into town. Then I went swimming, so that was OK.

Interviewer: Is it important to train every day then?

Alistair: Not every day. I usually rest one day a week. And I do other sports, too. So on Wednesday I usually play tennis with a friend but last week he had an important match, so I watched him play. He won, so that was great.

Interviewer: Then on Thursday?

Alistair: Let me see, oh yes, I went running. I ran 10 kilometres.

Interviewer: And on Friday?

Alistair: Well, on Friday my cousin came to stay and she wanted to go horse-riding, but the riding school was closed so we went ice-skating instead. So as you see, last week wasn't a normal week for me at all!

Developing speaking p67

2 and 3 29

A

Interviewer: Excuse me. Can I ask you some questions about sport?

Girl: Yes, of course.

Interviewer: Do you like doing sports?

Girl: Yes, I do. I love skiing. It's my favourite sport.

Interviewer: Do you think skiing is dangerous?

Girl: Well, it depends. Some people do stupid things when they're skiing and then it's dangerous, but in general I think it's safe.

Interviewer: How do you feel about young people doing dangerous sports?

Girl: I think it's fine. It's exciting to do dangerous sports. You need to be careful, and you need to have the right clothes and equipment, but then I think it's OK. Some young people stay at home and watch TV or play computer games all the time. I think that's a problem, but not dangerous sports.

B

Interviewer: Excuse me. Can I ask you some questions?

Boy: Sure.

Interviewer: Do you like doing sports?

Boy: Well, I do PE at school, but I'm not mad about it.

Interviewer: What do you think about dangerous sports? Do you think that it's wrong for young people to do dangerous sports?

Boy: Well, I think some sports, like climbing, rugby ... and ice hockey, can be very dangerous. I think it's OK for adults to do them, but I don't think it's OK for children. I think some children only do these sports because their parents want them to. In my opinion, you need to be 16 to do dangerous sports.

Developing speaking p67

5 30

- 1 I love skiing.
- 2 I'm not mad about it.
- 3 It depends.
- 4 It's brilliant!
- 5 It's awful.
- 6 In my opinion, ...
- 7 I don't think ...
- 8 I can't stand watching TV.

Developing speaking p67

7 31

Teacher: Do you like doing sports?

Girl: Yes, I do. I like playing tennis and I love horse-riding. I play tennis with my dad and I go horse-riding at the weekend. But I'm not mad about team sports, like basketball.

Teacher: Who is your favourite sportsperson?

Girl: I'm a fan of Rafael Nadal. I think he's a great tennis player. He was the champion at Wimbledon and he won a medal at the Olympic Games. In my opinion, he's a good role model for young people.

Teacher: What do you think about sports at school?

Girl: I like doing sports in summer, but I hate doing outdoor sports in winter. But I think it's important to do sports at school. We need to do sport to be fit and healthy.

Teacher: How do you feel about young people doing dangerous sports?

Girl: It depends. I think it's OK to do some dangerous sports, but I don't think it's a good idea to do very dangerous sports. In my opinion, all sports can be dangerous so it's important to be careful.

Unit 8

Vocabulary and listening p73

4 and 5 32

Interviewer: Some people start their ideal job immediately after school or university. But some people need time to find the right job for them. Take Matt Groening, the creator of *The Simpsons*, for example. He's famous now, but it wasn't always easy for him, right, Megan?

Megan: Yes, that's right. He had a lot of jobs when he was young. But he always loved drawing.

Interviewer: Well, let's start by talking about his school days. Did Matt do well at school?

Megan: No, he didn't. He didn't like school at all and he often drew pictures in class, even in his PE class. But he went to university and he was the editor of the student newspaper there.

Interviewer: What did he do next?

Megan: Well, after college, he went to live in Los Angeles. He did a lot of unskilled jobs at that time. He was a driver, he worked in a music shop and he worked in a restaurant. It was difficult for him because these jobs were all badly-paid.

Interviewer: Did he continue to draw?

Megan: Yes, he did. He wanted to tell his family and friends about his life in Los Angeles, but he didn't write letters. Instead he drew pictures. He made a comic about his life and sent it to people at home.

Interviewer: Did people like his pictures?

Megan: Yes, they did. They were very popular. But then, when he was 26, he started a job at a newspaper. Again, it was an unskilled job. He only answered the telephones. But the editor saw his pictures and asked him to do a comic strip for the paper.

Interviewer: So, when did he create *The Simpsons*?

Megan: Well, people loved the comic strip and asked him to create a cartoon for television. This cartoon was about a family called *The Simpsons*. And of course, now it's famous all over the world, but that's how it started.

Developing speaking p75

2 and 3 33

- Teacher:** I'd like to ask some questions Max, OK? Do you study English at school?
- Max:** Yes, I do. I have English three times a week, on Monday, Wednesday and Thursday.
- Teacher:** What other subjects do you study?
- Max:** Let me see ... I do maths, science, ICT, history, geography and PE. PE is my favourite subject. I love sports.
- Teacher:** What's your favourite sport?
- Max:** That's a good question. I think basketball because it's a fast game and I like fast games. And you know it's a very popular game in my country.
- Teacher:** And what do you do in the evenings? Do you play basketball?
- Max:** Well, I have basketball practice every Wednesday. I also play the guitar and I have a guitar lesson on Friday after school. Then I do my homework and I usually watch TV or play computer games.
- Teacher:** What about last weekend? What did you do last weekend?
- Max:** Err ... I played a match on Saturday and in the afternoon I went to the park with some friends. On Sunday I went to a friend's house and we played computer games. Then in the evening we went to the cinema.
- Teacher:** Tell me about your plans for the future.
- Max:** I'm not really sure. The thing is I'd like to start a company, but I think it's quite difficult. So it depends. I'd like to have a well-paid job so I imagine something in business.
- Teacher:** Thank you.

PRONUNCIATION p75

4 34

birthday
burger
conversation
favourite
first
girl
learn
nurse
Saturday
Thursday
university
work
world

Developing speaking p75

6 35

- Teacher:** What did you do yesterday?
- Boy:** Let me see. I went to school and we had maths and English and geography in the morning. We didn't have school in the afternoon because yesterday was Wednesday. School finishes early on Wednesday. I went home and I did my homework. Then I listened to music and I played computer games.
- Teacher:** What job would you like to do in the future?
- Boy:** I'm not completely sure. My parents want me to go to university, but I'd like to be a chef because I like cooking. And I'd like to have a restaurant, but I think it's difficult to start a business.
- Teacher:** What job wouldn't you like to do? Why?
- Boy:** Well, I wouldn't like to be a waiter. I think waiters are very hard-working and they need to be friendly and calm. They are always busy and they don't have time to sit down. I think it's a difficult job and it isn't a well-paid job.
- Teacher:** Tell me about your favourite teacher.
- Boy:** Err ... I think my favourite teacher is my geography teacher. He's always cheerful and he's friendly. I think he's hard-working and he's creative because the lessons are always interesting. We learn a lot about other countries, and I like the lessons.

Gateway to exams: Units 7-8

Gateway to exams p79

3 36

- Daniel:** So how was your work experience, Carrie?
- Carrie:** It was great, thanks. I was at the Studio Theatre.
- Daniel:** What did you do?
- Carrie:** Well, Monday was my first day so I was nervous, but the people were really friendly. They took me to see the different parts of the theatre, the actors' rooms and ...
- Daniel:** Did you meet the actors?
- Carrie:** Yes, I did.
- Daniel:** Did you ask for their autographs?
- Carrie:** Yes, but I asked them later in the week. Then I worked in the office in the afternoon.
- Daniel:** What about Tuesday?

- Carrie:** Well, on Tuesday some kids came to the theatre for a drama class so I helped with that, then on Wednesday, I watched the show ...
- Daniel:** Wow! Was that exciting?
- Carrie:** No, wait a minute. I went to the library on Wednesday. I wanted to read about the history of the theatre. It was really interesting.
- Daniel:** So when *did* you watch the show?
- Carrie:** Let me see, on Thursday I watched the actors practise their dance, you know, with the lights and everything. It's a really good story. It's about two teenagers and they meet because they love dance.
- Daniel:** Is that when you wrote about it? I read your blog.
- Carrie:** Yes. Then on Friday, I watched the show. It was brilliant. I decided I really want to work in the theatre one day. What about you? What did you do?
- Daniel:** Well, on Monday, I decided that ...

Unit 9

Vocabulary and listening p83

2 and 3 37

- Pippa:** Hey Maddie, what are you reading?
- Maddie:** It's a book by a woman called Sarah Marquis.
- Pippa:** I've never heard of her. Who is she?
- Maddie:** She's an explorer and she's written this book about her adventures.
- Pippa:** An explorer? Really? Where has she been? Has she been to the South Pole?
- Maddie:** No, she hasn't, but ...
- Pippa:** Has she ever climbed Mount Everest?
- Maddie:** No, but ...
- Pippa:** OK, so what *has* she done?
- Maddie:** She's done some amazing things. Basically, she's walked thousands of kilometres all over the world. And she's done it alone.
- Pippa:** Really? So tell me about her.
- Maddie:** Well, it all started when she was 16. She got a job with a train company and she travelled around Europe. Then she learned to ride a horse and rode around Turkey. But then she said the easiest way to travel is on foot so she started walking.
- Pippa:** So where has she walked?
- Maddie:** Well, she's walked across the US. That was in 2000. She started in Canada and walked all the way to Mexico, and it took her four months. Then in 2002 she walked across Australia, and in 2006 she walked across South America.

Pippa: That's incredible!
Maddie: Yes, but the longest and most difficult trip was from Siberia to Australia. She started in 2010 and finished in 2013. It took three years and she walked 20,000 kilometres!

Pippa: Wow! That is amazing! But has she ever had any problems? I mean, it isn't easy, walking alone.

Maddie: Well, sometimes the people she met weren't very friendly, but that wasn't the biggest problem. The worst thing was when she was in the Gobi Desert, in China. It's one of the hottest places in the world, 50 degrees and she didn't take any food or water with her, so she ate plants and animals to survive.

Pippa: Ugh!! That's terrible! So ... can I read the book when you've finished?

Maddie: Of course. I really think it's the best book I've ever read.

Developing speaking p85

2 and 3

Elena: Where do you think is a good place to go with my eight-year-old cousin?

Luke: I think a museum is a good idea because you can learn about animals from the past. It's interesting to see dinosaurs and learn about them.

Elena: I agree, but a museum is a bit boring. He's only eight years old and he can't play in a museum. I think he probably wants to do something more exciting.

Luke: That's true. What about the park then? Kids usually like going to the park.

Elena: It depends. He can play in the park but he probably goes to the park with his friends at home. How do you feel about going to the shopping centre?

Luke: I think it's a terrible idea! It's worse than going to a museum.

Elena: I don't agree with you. OK, well what about going to the swimming pool?

Luke: I'm not sure. Swimming can be dangerous.

Elena: I disagree! Most kids can swim and they love playing in the water.

Luke: Hmm ... How do you feel about going to a restaurant? We can take him to the pizza restaurant on the High Street. The pizzas there are great!

Elena: Yes, but we can't spend the day in a restaurant. What about the zoo? He can see the lions and the elephants. There are lots of different things to see and everyone loves animals. I think it's the best idea.

Luke: Yes, I think you're right.

PRONUNCIATION p85

5 39

agree
 better
 bigger
 dangerous
 finger
 intelligent
 island
 kangaroo
 river
 stomach
 waterfall

Developing speaking p85

7 40

Teacher: Robyn, here is some information about a zoo. Danny, you don't know anything about this zoo, so ask Robyn some questions about it. Use these words to help you. OK? So now, Danny, ask Robyn your questions about the zoo and Robyn, you answer them.

Danny: Is the zoo open in the afternoons?

Robyn: Yes, it's open every day from ten o'clock to six o'clock.

Danny: Are there any penguins?

Robyn: Yes, there are. You can see elephants, lions and penguins.

Danny: How much does it cost for students?

Robyn: It costs £7 for students.

Danny: Can you buy souvenirs there?

Robyn: Yes, you can. There's a shop and you can buy books and souvenirs.

Danny: What's the telephone number?

Robyn: It's 05168 395002.

Teacher: Thank you.

Unit 10

Vocabulary and listening p91

3 and 4 41

Rose: Hey Leo, thanks for meeting me.

Leo: That's OK. So when are you going to go to Amsterdam?

Rose: In July. I'm going with my aunt and uncle and my cousin. So, you went last year, what can you tell me about the place? What's the best way to get around?

Leo: Well, you *must* know that Amsterdam is the city for cycling. Everyone has got a bike. You see all kinds of people cycling – businessmen, old people and young people. Did you know, there are more bikes in Amsterdam than people?

Rose: No, I didn't! But I can't take my bike with me. Can I hire a bike for a few days?

Leo: Sure, or you can use the public transport bikes. But I think hiring a bike is the best idea. But you should be careful.

Rose: Why's that?

Leo: Because it can be dangerous. The main problem is that there are trams in the streets and they don't stop for cyclists! You should use the cycle network if you can and you shouldn't cycle in the rush hour. It's quite busy then.

Rose: OK.

Leo: The other reason it's dangerous is because you don't have to wear a bicycle helmet in Amsterdam.

Rose: Really? You have to wear one here.

Leo: I know, and in most other places. But there, you see people talking on their mobile phones on their bikes, or taking their dog for a walk on their bikes. You shouldn't do that. It's really crazy!

Rose: No way!

Leo: Exactly, you must use hand signals to show cars where you're going and you mustn't cycle through a red traffic light. There are fines of up to 200 euros for that.

Rose: Hmm, I'm not sure about cycling. Are there other forms of transport? Are there buses, for example?

Leo: Yes, but the trams are better. There are a lot of trams and they aren't as expensive. I think you have to pay about 3 euros for a single ticket.

Rose: That's expensive!

Leo: Or you can buy a special card and use it on the bus, the tram and the underground. That's cheaper.

Rose: Is there an underground?

Leo: Yes, but there are only four lines. The other way to get around the city is by boat, you know, on the canals. You can get a water taxi!

Rose: A water taxi! I've never heard of that before!

Leo: I know, you've got everything in Amsterdam.

Developing speaking p93

1 and 2 42

1

Theo: Hi, Dan. Listen, are you free on Sunday?

Dan: I'm not sure. Why?

Theo: There's a free concert in the park. I think Ed Sheeran is going to be there. Would you like to go?

Dan: Oh, yeah. That'd be great! Thanks. What time does it start?

Theo: I think it starts at three. See you at around 2.30 outside the park?

Dan: Sure. See you then.

2

Jade: Hey Emma, are you doing anything on Sunday?

Emma: I don't think so. Why?

Jade: I'm going to go horse-riding in the morning. Do you fancy coming?

Emma: Sorry, I'm not mad about horse-riding. Maybe you should ask Sylvie. I know she goes horse-riding sometimes.

Jade: Oh, OK. Do you want to go to the cinema on Sunday evening then? There are some good films at the moment.

Emma: Sorry, I'm busy on Sunday evening. My grandparents are coming. What about in the afternoon? Send me a text when you get back from horse-riding and we can decide where to meet.

Jade: Good idea!

PRONUNCIATION p93

3 43

guidebook
 holiday
 horse-riding
 motorbike
 passport
 safari
 suitcase
 sunscreen
 swimming trunks
 swimsuit
 umbrella
 underground

Developing speaking p93

5 44

Teacher: What can you see in the picture?

Girl: This is a photo of people on holiday. We can see people on the beach, and some people are swimming in the sea. I think it's very hot because people have got umbrellas to protect them from the sun. There are some boats near the beach, too. There's a small mountain opposite the beach. Perhaps it's in a hot country, like Spain.

Teacher: Do you like holidays like this?

Girl: Yes, well, I like going to hot countries. I usually go on holiday with my family to a place like this. But sometimes it's a bit boring. I prefer doing activities on holiday. I like playing volleyball on the beach, and going shopping. I think this is a good place for families but not for young people.

Teacher: Is there a particular place that interests you?

Girl: I'd really like to go to New York. I've never been to the US and I'd really like to see all the famous places, the tall buildings and the parks. I think it's an interesting place to visit because we often see New York in films.

Teacher: Tell me about your last holiday.

Girl: My last holiday was in Spain. We went to Menorca. We went by plane and we stayed at a hotel near the beach. It was beautiful. We went by car around the island. It was hot and sunny. We went swimming in the sea and we went shopping, too. It was great!

Teacher: Thank you.

1914, one person travelled by plane, and a hundred years later, on the 1st of January 2014, 8 million people travelled by plane. That's a big difference.

Presenter: It certainly is. Well, thanks, Lauren.

Gateway to exams: Units 9–10

Gateway to exams p97

4b 45

Presenter: Today travel is easy. Planes are fast and tickets are cheap, but a hundred years ago, things were very different, isn't that right, Lauren?

Lauren: That's right. It's hard to imagine but the first time a person bought a ticket to travel by plane was on the 1st of January 1914. That was in Florida, in the US. The man's name was Abram C Pheil, and he was the *only* passenger on the plane. And the ticket cost \$400.

Presenter: How much is that in today's money, Lauren?

Lauren: It's about £6,500.

Presenter: That's very expensive!

Lauren: Yes, especially when it was a short flight, only 23 minutes.

Presenter: Did other people travel by plane after that?

Lauren: Yes, but it was very slow. The first long-distance journey, for example, was from San Francisco in the US, all the way across the Pacific Ocean to the Philippines. That was in 1935. Today you can travel that distance in 13 hours, but in 1935, that journey was *one week*.

Presenter: That's incredible! So when did tickets become cheaper?

Lauren: Between about 1980 and 1985. That's when ordinary people started to go on holiday by plane.

Presenter: Now, of course people travel by plane all the time.

Lauren: Yes, that's right. But it's amazing. On the 1st of January