

Zero, first, second and third conditionals; *unless, as long as, provided/providing (that), in case; I wish/If only*

1 Complete the sentences with the correct form of the verbs given.

- If you eat too many sugary foods, you weight. (put on)
- When I any exercise, I feel lethargic. (not do)
- If he stopped smoking, he a lot healthier. (be)
- If I drink too much coffee, I sometimes heart palpitations. (get)
- If they less money on eating out, they would be able to afford a holiday. (spend)
- If we eat all these doughnuts, we any dinner later. (not eat)

2 Circle the correct alternative.

- As long as/In case you eat your ice cream slowly, you won't get brain freeze.
- Andrew can't eat any cakes in case/unless they are gluten free.
- She'll be alright providing/unless they get her to hospital quickly.
- I'm going to take something to eat in case/providing they have forgotten I'm vegetarian.
- You can take him home now in case/as long as you take him to the doctor for a check-up on Monday.
- I'll give you a prescription in case/provided your symptoms get worse over the weekend.

3 Find and correct the seven mistakes.

Yesterday was a horrible day and I keep thinking that I should had done things differently. I left my big sister alone in bed with flu while I went to buy her some medicine. While I was out she fell down the stairs and injured herself. If I would had left some water by her bed, she won't have got up to get a drink. If I had been at home, she would has called me. If I hadn't met my friend in the shop, I wouldn't have took so long to buy her medicine. If I had be quicker, she wouldn't have had to get out of bed. If I have found her sooner, she wouldn't have got so cold. It's all my fault she's in hospital now.

4 Circle the correct answer.

- I wish I harder for the race.
a have trained b had trained c trained
- If only they the train, they would be here now.
a didn't miss b haven't missed c hadn't missed
- He wishes he to ski when he was younger.
a had learnt b has learnt c learnt
- If only you free on Friday, you could come with me to the gym.
a was b were c are
- I wish you leave your gym kit on the floor.
a won't b didn't c wouldn't

5 Complete the text with the phrases in the box.

are • could go back • doesn't produce •
don't ignore • had found out • hadn't eaten •
in case • won't go away

Facts about diabetes

There are two types of diabetes. Type 1 diabetes occurs if the body (1) any insulin. It usually occurs in people under 40. Type 2 diabetes occurs when not enough insulin is produced. It occurs in older people, although it is becoming more common in children nowadays. In fact, there has been a 60% rise in cases in the UK in the last decade. Some people say things like, 'If she (2) so many sweets, she wouldn't have become diabetic.' However, although a sugary diet doesn't help, it is not the cause of diabetes. In many cases, it is just bad luck. Others say, 'If only he (3) sooner, they could have prevented it.' Again, this is not strictly true. If you have diabetes, it (4), you can only control it. However, it is important to know that you can have a normal life, if you (5) diabetic. If you (6) the condition, you can manage it. One girl who was diagnosed with diabetes as a teenager said, 'I wish I (7) to the day I was diagnosed to tell myself that diabetes wouldn't be a problem. I wouldn't have worried so much then.' Two symptoms are continually feeling exhausted or being thirsty all the time. Remember this, (8) anyone in your family ever feels this way.