

True/False

- 1 Read the sentence from a text. Then read sentences (1–3) and match them with the descriptions (a–c).

She succeeded in her career.

- | | |
|--|----------------|
| 1 She did well at work . | a synonym |
| 2 She progressed in her career . | b antonym |
| 3 She failed in her career . | c paraphrasing |

- 2 Write the phrasal verbs for the definitions using the words in the box.

end • up • get • into • give • in • take • up • work • out

- start enjoying something
- do physical exercise
- start doing something new regularly
- stop competing and accept you cannot win
- be in a particular place or state as result of something

✓ Exam tip

When you read the True/False sentences, look out for synonyms, antonyms and paraphrasing (or combinations of these) to help you decide the correct answer.

- 3 Read the text and decide if the statements are true (T) or false (F).

- | | |
|---|-------|
| 1 Simone Biles is better at some gymnastic events than at others. | T / F |
| 2 Most other gymnasts don't try to do the same moves as Simone in competitions. | T / F |
| 3 Simone has won 30 gymnastics medals and a dance competition. | T / F |
| 4 It is likely that Svetlana Khorkina was the world's top gymnast during the 1990s. | T / F |
| 5 Svetlana's appearance affected how she performed gymnastics. | T / F |
| 6 Nobody has had more gymnastic moves named after them than Svetlana. | T / F |
| 7 Gina Gogean won 30 medals at the Olympics in her career. | T / F |
| 8 Gina won four gold medals at the Atlanta Olympics. | T / F |

GREAT GYMNASTS

Gymnastics is a popular sport worldwide and there have been some incredible gymnasts over the last 30 years.



Simone Biles

American gymnast Simone Biles took up the sport at the age of six and so far she has won 30 Olympic and World Championship medals, more than any other American gymnast. She stands out due to her hard work and determination to succeed, as well as for being good at all the different events in gymnastics (floor exercise, bars, beam and vault). She is particularly famous for doing extremely challenging moves, ones most other gymnasts don't attempt, especially not in competitions. She even has a move named after her, 'the Biles'. Simone also loves dance and in 2017 she was in the TV series *Dancing with the Stars*. Although her performances impressed the judges, she ended up in fourth place.

Svetlana Khorkina

Most people would agree that the Russian gymnast Svetlana Khorkina was the best gymnast in the world during the 1990s and early 2000s. Because she was unusually tall for a gymnast, she had to create new moves to suit her height and strength. Svetlana holds the record for having more moves named after her than any other male or female gymnast, eight in total. In 2004, she retired after winning an incredible 47 Olympic, World and European Championship medals. She worked on Russian TV as a commentator on the gymnastics events during the Beijing Olympics. She has also got into writing and is the author of two books.

Gina Gogean

Gina Gogean is a gymnast from Romania who won her first international medal in a competition in Japan in 1989 at the age of 12. During her career, she won 30 medals at Olympic Games and other championships, and was a member and later leader of the national Olympic team. She was the favourite to win golds at the Atlanta Olympics in 1996, but she had to have an operation just five weeks before. Despite this, she surprised everyone by still competing and winning four medals. After retiring in 1998, she trained gymnasts in Romania and in Scotland. She has been a competition judge since 2001.

- 4 Find words in the text that have these definitions.

- is more impressive or important than other people or things (paragraph 1)
- difficult to achieve, but interesting and enjoyable (paragraph 1)
- caused someone to admire or respect (paragraph 1)
- the physical energy someone has to move or lift things (paragraph 2)
- stopped playing sport as a professional player, usually because you are too old (paragraph 2)
- thought something would happen (paragraph 3)

B1 Preliminary Part 1

1 Look at the example questions (1–2) and choose the correct answer. Then choose what you had to do to answer each question (a–b).

- 1 I love swimming in the
 a stadium b rink c pool d court
- 2 Athletics can be a very sport.
 a competitors b competition
 c compete d competitive
- a Think about what kind of word you need (verb, noun, adjective, etc).
 b Think about the meaning of each word.

2 Write the equipment for the sport.

bat • club • goal • post • goggles •
 racket • stick

- 1 golf
 2 football
 3 swimming
 4 cricket
 5 tennis
 6 hockey

✓ Exam tip

Think about the type of word you need (noun, verb, pronoun, adjective, etc) and the meaning and choose the word that you think fits best.

3 For each question, choose the correct answer.

An unusual sport



When you think about sports, you might imagine someone playing cricket with a **(1)** or doing athletics on a **(2)** But one sport **(3)** you may not have heard of is wheelbarrow racing. You need two people for a race team – one sits in the wheelbarrow and the other pushes. One of the most famous wheelbarrow races in the world takes place every year on 1st January in Northumberland in the UK. All participants **(4)** encouraged to wear fancy dress. They compete to complete the course, **(5)** is a mile long (1.6 km), in the quickest time. If you want to take **(6)** wheelbarrow racing and try a race, you need to be strong and build your stamina.

- | | | | |
|-----------|----------|-----------|---------|
| 1 A stick | B racket | C bat | D club |
| 2 A court | B track | C stadium | D rink |
| 3 A where | B that | C when | D who |
| 4 A be | B will | C are | D were |
| 5 A that | B where | C whose | D which |
| 6 A up | B in | C out | D off |