

## C1 Advanced Part 6

## 1 When you do multiple-matching reading activities, what should you do first?

- a Underline the key words in the question.
- b Try to understand the opinion of each of the writers.
- c Read each text thoroughly, writing notes as you go.

## 2 Choose the correct alternative.

- 1 I need to get something off my chest/back so it would be good to see you.
- 2 My sisters always seem to get on my shoulders/ nerves without even trying!
- 3 I need to pick your brains/leg about a new project I have in mind.
- 4 I think Linda's pulling my leg/foot about meeting Bruno Mars.
- 5 I want to know all about your interview – I'm all throats/ears!

## ✓ Exam tip

In multiple-matching reading activities, it's a good idea to underline key words in the questions. This can help you find the relevant information in the texts.

## 3 You are going to read an article about four different research studies on communication. For questions 1–4, choose from the paragraphs A–D.

**The Impact of Face-to-Face Contact**

Most contact used to be face to face. However, thanks to technology and the movement towards more and more online communication, is there still a place for meeting in person, both professionally and socially?

**A**

Vanessa Bohns and Mahdi Roghanizad carried out research on the topic. In their study, 45 volunteers asked ten strangers to fill out a survey. Half of the volunteers asked to question the strangers in person while the others asked for participation via email. The results, which were shared with the *Journal of Experimental Social Psychology*, found that the former method was far more successful than the latter. This was a surprise to the participants from the second group, who were equally as confident about the success of their communication method prior to the experiment. Therefore, if you want someone to lend you a hand, it's probably better to ask them in person.

**B**

Birdwhistell (1970) found that much of our communication, around 65%, comes down to nonverbal cues. Even when using the numerous video options social media has to offer, and with a willing audience who is all ears, misunderstandings are common due to the fact that nonverbal cues can be harder to interpret. The message is, when you need to get something off your chest, the best method would be to see someone in person. Without the ability to judge a person's emotional wellbeing, breakdowns in communication and misunderstandings can easily take place. If you're getting at each other's throats, this could well be because of the way you're communicating rather than the actual communication you're having.

**C**

Later in 2011, research by Lee et al found that internet use for personal relationships appeared to have an unfavourable psychological impact and affected quality of life in a negative manner. On the other hand, speaking to a close friend or family member for as little as ten minutes had the opposite effect. Furthermore, the study found that internet communication is not as successful at enhancing our interactions with others. This was largely put down to the inability to read unspoken signs that meetings online or over the telephone lead to. It would seem that every one of us could improve our interpersonal relationships by sticking our necks out to meet people for a coffee or a walk now and again.

**D**

According to a Forbes study exploring the impact of both in-person business meetings and those conducted over the internet, the act of getting together virtually contained many limitations. For example, there was a failure to really engage in what was going on. It seems that the participants surveyed admitted to routinely surfing the web, checking emails and doing other unrelated work. This naturally led to a lack of concentration on the meeting they were attending. These things are far harder, if not impossible to do when sitting around a table. In-person meetings were preferred by those interviewed when it came to decision making (82%), the ability to persuade others (91%), and leadership (87%). Although most of us struggle to get a good work-life balance, the overall conclusion is as clear as day: Make time for those who are important in our lives and we will be the ones who see the benefit that face-to-face interaction brings.

**Which study**

- 1 agrees, like Birdwhistell in paragraph B, that nonverbal cues plays an important role in communication?
- 2 had participants who thought their method of communication was as valuable as face to face?
- 3 concluded that online communication is not successful in making people focus on the task in hand?
- 4 suggested that meeting virtually seems to reduce our ability to mix with people on a social level?

## C1 Advanced Part 1

## 1 Choose the correct alternative.

When you are thinking about which words you need to complete a text, you (a) should/shouldn't cross out the option or options that are definitely wrong. Then you (b) should/shouldn't read the sentence again with the option you have left. Finally, you (c) should/shouldn't leave an unanswered question even if you aren't sure of the correct answer.

## 2 Complete the sentences by adding the correct suffix to the words in the box.

decide • kind • move • partner • psychology • real

- My mum and dad have a great ....., which is probably why they've been married for 50 years.
- The ..... was interested in why the child had chosen the unusual shape.
- If your arm is stiff, try forcing a bit of ..... every day to loosen it up.
- His ..... is something which his friends and family really admire in him.
- In theory it seems to work, but in ..... I'm just not as confident of its success.
- The head teacher's ..... was final and no one would have any influence over her.

## ✓ Exam tip

In multiple-choice cloze exam questions, think about the meaning and grammar of the words (e.g. if a verb goes with a particular preposition), and also about collocations and set phrases.

## 3 For questions, 1-8, read the text below and decide which answer (A, B, C or D) best fits each gap. There is an example (0) at the beginning.

*The benefits of leaving your house*

People used to have to (0) *go out* ..... for work and study. These days we can lead our lives from the comfort of our own homes. The need to (1) ..... in anything outside our houses is hardly necessary at all! However, this is not advisable for many reasons. Firstly, anyone who's used to being at home (2) ..... will say the same thing: They miss out on social (3) ..... Secondly, going out to work or study can reduce stress. Setting boundaries can leave you feeling as free as a (4) ..... when you're at home because you know that's where you chill out. Likewise, the action of travelling to the library or office can (5) ..... that it's time to concentrate on work. Finally, how many times have you found a solution to something as soon as you've stepped away from your laptop? Just five minutes ago you wanted to (6) ..... at the screen in frustration and now you're not trying, you have a solution. This is no (7) ..... Taking a break, like going for a walk, (8) ..... the importance of giving your mind a rest.

## Example:

- |                |               |               |            |
|----------------|---------------|---------------|------------|
| 0 A take leave | B come in     | C go off      | D go out   |
| 1 A compete    | B participate | C consider    | D perform  |
| 2 A full-time  | B commonly    | C always      | D overall  |
| 3 A exchange   | B energy      | C interaction | D support  |
| 4 A lion       | B mouse       | C bee         | D bird     |
| 5 A measure    | B inform      | C sign        | D signal   |
| 6 A yell       | B whisper     | C gasp        | D mutter   |
| 7 A misfortune | B doubt       | C coincidence | D bother   |
| 8 A appears    | B highlights  | C reveals     | D displays |