

Circle a score (1–5) for each competence covered in your Student's Book. Use the key to help you. Are there any areas where you might need more practice?

KEY

- 1 = I can do this with a lot of help from my teacher.
 2 = I can do this with a little help.
 3 = I can do this fairly well.
 4 = I can do this really well.
 5 = I can do this almost perfectly.

Competence	Page	Your score
Oral comprehension		
I can understand extended talk, lectures and complex lines of argument provided the topic is reasonably familiar.	102, 103	1 2 3 4 5
I can understand most radio and TV news and current affairs programmes, and most films in which the characters speak in standard English.	100	1 2 3 4 5
Reading comprehension		
I can read and understand articles and reports about contemporary problems, including those in which the writers have particular opinions and viewpoints, and I can enjoy contemporary literary prose.	96–100, 104, 105	1 2 3 4 5
Oral interaction		
I can speak reasonably fluently and spontaneously so that I can start, maintain and close conversations easily with other English speakers.	96, 98	1 2 3 4 5
I can take an active part in discussions in familiar settings, explaining and giving reasons for my opinions.	99–104	1 2 3 4 5
Oral production		
I can give clear, detailed descriptions on a wide range of topics.	96, 102, 103	1 2 3 4 5
I can explain a viewpoint on an issue, giving the advantages and disadvantages of different options.	96, 102, 104	1 2 3 4 5
Mediating a text		
I can convey detailed information and arguments reliably, including the main points of complex, well-structured texts about topics I am interested in.	96, 97, 100	1 2 3 4 5
Mediating concepts		
I can encourage others to participate in a discussion by asking them for more information or to explain their ideas and clarify their opinions.	100, 101	1 2 3 4 5
I can help develop other people's ideas and link them into coherent lines of thinking, considering different sides of an issue.	100, 101	1 2 3 4 5

Mediating communication

I can make discussions easier by adapting what I say and how I say it, by expressing appreciation of different ideas, feelings and viewpoints, and by inviting participants to respond to each other's ideas.	100, 101	1	2	3	4	5
I can communicate the significance of important statements and viewpoints on topics I am interested in, provided speakers clarify what they say when necessary.	101–103	1	2	3	4	5

Written production

I can write clear, detailed texts on a wide range of topics.	98, 105	1	2	3	4	5
I can write essays and reports, passing on information or giving reasons for or against a particular point of view.	105	1	2	3	4	5
I have enough language to be able to give clear descriptions and express my views on most topics.	105	1	2	3	4	5
I can use a range of cohesive devices to link my sentences into a connected, clear text.	105	1	2	3	4	5
I can write with a relatively high degree of grammatical control.	98, 105	1	2	3	4	5
I can write an essay or report, developing my argument in a logical way and supporting the points I make.	105	1	2	3	4	5

Written and online interaction

I can interact with several people, linking my contributions to theirs and resolving any misunderstandings or disagreements, provided the others avoid complex language and allow me time to express myself.	99	1	2	3	4	5
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