

Circle a score (1–5) for each competence covered in your Student's Book. Use the key to help you. Are there any areas where you might need more practice?

KEY

- 1 = I can do this with a lot of help from my teacher.
 2 = I can do this with a little help.
 3 = I can do this fairly well.
 4 = I can do this really well.
 5 = I can do this almost perfectly.

Competence	Page	Your score
Oral comprehension		
I can understand extended talk, lectures and complex lines of argument provided the topic is reasonably familiar.	24, 25	1 2 3 4 5
I can understand most radio and TV news and current affairs programmes, and most films in which the characters speak in standard English.	22	1 2 3 4 5
Reading comprehension		
I can read and understand articles and reports about contemporary problems, including those in which the writers have particular opinions and viewpoints, and I can enjoy contemporary literary prose.	18–21, 23, 26, 27	1 2 3 4 5
Oral interaction		
I can speak reasonably fluently and spontaneously so that I can start, maintain and close conversations easily with other English speakers.	18, 21	1 2 3 4 5
I can take an active part in discussions in familiar settings, explaining and giving reasons for my opinions.	20, 22–26, 31	1 2 3 4 5
Oral production		
I can give clear, detailed descriptions on a wide range of topics.	24, 25	1 2 3 4 5
I can explain a viewpoint on an issue, giving the advantages and disadvantages of different options.	18, 24, 27	1 2 3 4 5
Mediating a text		
I can convey detailed information and arguments reliably, including the main points of complex, well-structured texts about topics I am interested in.	18, 19, 22–24, 26, 31	1 2 3 4 5
Mediating concepts		
I can encourage others to participate in a discussion by asking them for more information or to explain their ideas and clarify their opinions.	20, 22, 23, 31	1 2 3 4 5
I can help develop other people's ideas and link them into coherent lines of thinking, considering different sides of an issue.	20, 22, 23, 31	1 2 3 4 5

Mediating communication

I can make discussions easier by adapting what I say and how I say it, by expressing appreciation of different ideas, feelings and viewpoints, and by inviting participants to respond to each other's ideas.	20, 22, 23, 31	1	2	3	4	5
I can communicate the significance of important statements and viewpoints on topics I am interested in, provided speakers clarify what they say when necessary.	23–25, 31	1	2	3	4	5

Written production

I can write clear, detailed texts on a wide range of topics.	27, 31	1	2	3	4	5
I can write essays and reports, passing on information or giving reasons for or against a particular point of view.	27	1	2	3	4	5
I have enough language to be able to give clear descriptions and express my views on most topics.	27	1	2	3	4	5
I can write with a relatively high degree of grammatical control.	20, 25, 27	1	2	3	4	5
I can write an essay or report, developing my argument in a logical way and supporting the points I make.	27	1	2	3	4	5
I can gather information from a number of sources to write a coherent text.	31	1	2	3	4	5

Written and online interaction

I can interact with several people, linking my contributions to theirs and resolving any misunderstandings or disagreements, provided the others avoid complex language and allow me time to express myself.	25, 31	1	2	3	4	5
I can identify and communicate significant facts, events and experiences, and justify ideas, when working with others.	31	1	2	3	4	5