

Circle a score (1–5) for each competence covered in your Student's Book. Use the key to help you. Are there any areas where you might need more practice?

KEY

- 1 = I can do this with a lot of help from my teacher.
 2 = I can do this with a little help.
 3 = I can do this fairly well.
 4 = I can do this really well.
 5 = I can do this almost perfectly.

Competence	Page	Your score				
Oral comprehension						
I can understand extended talk, lectures and complex lines of argument provided the topic is reasonably familiar.	128, 129	1	2	3	4	5
I can understand most radio and TV news and current affairs programmes, and most films in which the characters speak in standard English.	126, 128	1	2	3	4	5
Reading comprehension						
I can read and understand articles and reports about contemporary problems, including those in which the writers have particular opinions and viewpoints, and I can enjoy contemporary literary prose.	122–5, 127, 130	1	2	3	4	5
Oral interaction						
I can speak reasonably fluently and spontaneously so that I can start, maintain and close conversations easily with other English speakers.	122, 125	1	2	3	4	5
I can take an active part in discussions in familiar settings, explaining and giving reasons for my opinions.	122, 124–6, 128–30, 135	1	2	3	4	5
Oral production						
I can explain a viewpoint on an issue, giving the advantages and disadvantages of different options.	122, 126, 128, 129	1	2	3	4	5
Mediating a text						
I can convey detailed information and arguments reliably, including the main points of complex, well-structured texts about topics I am interested in.	122, 123, 126, 130, 135	1	2	3	4	5
Mediating concepts						
I can encourage others to participate in a discussion by asking them for more information or to explain their ideas and clarify their opinions.	126, 129, 135	1	2	3	4	5
I can help develop other people's ideas and link them into coherent lines of thinking, considering different sides of an issue.	126, 129, 135	1	2	3	4	5

Mediating communication

I can make discussions easier by adapting what I say and how I say it, by expressing appreciation of different ideas, feelings and viewpoints, and by inviting participants to respond to each other's ideas.	126, 129, 135	1	2	3	4	5
I can communicate the significance of important statements and viewpoints on topics I am interested in, provided speakers clarify what they say when necessary.	126, 128, 129, 135	1	2	3	4	5

Written production

I can write clear, detailed texts on a wide range of topics.	131, 135	1	2	3	4	5
I can write essays and reports, passing on information or giving reasons for or against a particular point of view.	131	1	2	3	4	5
I can distinguish between formal and informal language.	131	1	2	3	4	5
I have enough language to be able to give clear descriptions and express my views on most topics.	122, 131	1	2	3	4	5
I can write with a relatively high degree of grammatical control.	131	1	2	3	4	5
I can gather information from a number of sources to write a coherent text.	135	1	2	3	4	5

Written and online interaction

I can interact with several people, linking my contributions to theirs and resolving any misunderstandings or disagreements, provided the others avoid complex language and allow me time to express myself.	135	1	2	3	4	5
I can identify and communicate significant facts, events and experiences, and justify ideas, when working with others.	135	1	2	3	4	5