

Circle a score (1–5) for each competence covered in your Student's Book. Use the key to help you. Are there any areas where you might need more practice?

**KEY**

- 1 = I can do this with a lot of help from my teacher.  
 2 = I can do this with a little help.  
 3 = I can do this fairly well.  
 4 = I can do this really well.  
 5 = I can do this almost perfectly.

Competence	Page	Your score				
Oral comprehension						
I can understand extended talk, lectures and complex lines of argument provided the topic is reasonably familiar.	50	1	2	3	4	5
I can understand most radio and TV news and current affairs programmes, and most films in which the characters speak in standard English.	48	1	2	3	4	5
Reading comprehension						
I can read and understand articles and reports about contemporary problems, including those in which the writers have particular opinions and viewpoints, and I can enjoy contemporary literary prose.	44–47, 49, 50, 52, 53	1	2	3	4	5
Oral interaction						
I can speak reasonably fluently and spontaneously so that I can start, maintain and close conversations easily with other English speakers.	47, 50	1	2	3	4	5
I can take an active part in discussions in familiar settings, explaining and giving reasons for my opinions.	44, 46, 48, 49, 51, 53	1	2	3	4	5
Oral production						
I can give clear, detailed descriptions on a wide range of topics.	48, 51	1	2	3	4	5
I can explain a viewpoint on an issue, giving the advantages and disadvantages of different options.	44, 48, 50, 52	1	2	3	4	5
Mediating a text						
I can convey detailed information and arguments reliably, including the main points of complex, well-structured texts about topics I am interested in.	44, 45, 48–52	1	2	3	4	5
Mediating concepts						
I can encourage others to participate in a discussion by asking them for more information or to explain their ideas and clarify their opinions.	48, 49, 51	1	2	3	4	5
I can help develop other people’s ideas and link them into coherent lines of thinking, considering different sides of an issue.	48, 49, 51	1	2	3	4	5

**Mediating communication**

I can make discussions easier by adapting what I say and how I say it, by expressing appreciation of different ideas, feelings and viewpoints, and by inviting participants to respond to each other's ideas.	48, 49, 51	1	2	3	4	5
I can communicate the significance of important statements and viewpoints on topics I am interested in, provided speakers clarify what they say when necessary.	49, 50	1	2	3	4	5

**Written production**

I can write clear, detailed texts on a wide range of topics.	51, 53	1	2	3	4	5
I can write essays and reports, passing on information or giving reasons for or against a particular point of view.	53	1	2	3	4	5
I can use a range of cohesive devices to link my sentences into a connected, clear text.	53	1	2	3	4	5
I can write with a relatively high degree of grammatical control.	50, 53	1	2	3	4	5
I can write clear, detailed descriptions on a variety of topics.	51	1	2	3	4	5
I can write an essay or report, developing my argument in a logical way and supporting the points I make.	53	1	2	3	4	5