

Circle a score (1–5) for each competence covered in your Student's Book. Use the key to help you. Are there any areas where you might need more practice?

**KEY**

- 1 = I can do this with a lot of help from my teacher.  
 2 = I can do this with a little help.  
 3 = I can do this fairly well.  
 4 = I can do this really well.  
 5 = I can do this almost perfectly.

Competence	Page	Your score				
Oral comprehension						
I can understand extended talk, lectures and complex lines of argument provided the topic is reasonably familiar.	12, 13	1	2	3	4	5
I can understand most radio and TV news and current affairs programmes, and most films in which the characters speak in standard English.	10	1	2	3	4	5
Reading comprehension						
I can read and understand articles and reports about contemporary problems, including those in which the writers have particular opinions and viewpoints, and I can enjoy contemporary literary prose.	6–10, 12, 14	1	2	3	4	5
Oral interaction						
I can speak reasonably fluently and spontaneously so that I can start, maintain and close conversations easily with other English speakers.	6, 8–11, 13	1	2	3	4	5
I can take an active part in discussions in familiar settings, explaining and giving reasons for my opinions.	6, 8–11, 14	1	2	3	4	5
Oral production						
I can explain a viewpoint on an issue, giving the advantages and disadvantages of different options.	6, 12, 13	1	2	3	4	5
Mediating a text						
I can convey detailed information and arguments reliably, including the main points of complex, well-structured texts about topics I am interested in.	6, 7, 9, 10	1	2	3	4	5
Mediating concepts						
I can encourage others to participate in a discussion by asking them for more information or to explain their ideas and clarify their opinions.	8, 9, 11	1	2	3	4	5
I can help develop other people's ideas and link them into coherent lines of thinking, considering different sides of an issue.	8, 9, 11	1	2	3	4	5

**Mediating communication**

I can make discussions easier by adapting what I say and how I say it, by expressing appreciation of different ideas, feelings and viewpoints, and by inviting participants to respond to each other's ideas.	10, 11	1	2	3	4	5
I can communicate the significance of important statements and viewpoints on topics I am interested in, provided speakers clarify what they say when necessary.	11–13	1	2	3	4	5

**Written production**

I can write clear, detailed texts on a wide range of topics.	15	1	2	3	4	5
I have enough language to be able to give clear descriptions and express my views on most topics.	6, 15	1	2	3	4	5
I can use a range of cohesive devices to link my sentences into a connected, clear text.	15	1	2	3	4	5
I can write with a relatively high degree of grammatical control.	8, 12, 15	1	2	3	4	5